**REGULATION 24 - COACHING CERTIFICATION REQUIREMENTS**

**24.01** Each team in Field and Box lacrosse shall comply with CLA Minimum Standards for coaches. In order to be eligible to coach, all coaches must meet the requirements of the ALA Minimum Standards as applicable to each discipline of lacrosse.

**24.02** In all games (including regular league, playoffs, exhibition, tournaments), teams are required to have all bench personnel who are on the bench meet the CLA Minimum Standards. In practices, teams are required to have at least one of the supervising coaches trained as per CLA Minimum Standards.

**24.03** In all games for Provincials, Alberta Summer Games, and games sanctioned on travel permits, teams are required to have all bench personnel who are on the bench meet the CLA Minimum Standards.

**24.04** Bench personnel are determined as per ALA Registration system for each team (as per Regulation 6). Only coaches with appropriate training and certified trainers are allowed on the bench.

**24.05** All Female only teams must have one registered female coach as per the ALA Registration system.

**24.06** All coaches must be 16 years of age in the year he/she wishes to attend a coaching clinic and coach an ALA sanctioned team.

**24.07** Challenges at the Community Development level are not permitted.

**24.08** All workbooks required after attending a NCCP clinic must be completed by March 1 of the following year.

**24.09** CLA Minimum standards will be verified by the ALA Office upon request.

**24.10** Coaches not meeting the Minimum CLA Standard will be suspended for the following year from coaching until the required criteria have been met.

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**REGULATION 25 - TRAINER CERTIFICATION REQUIREMENTS**

**25.01** Trainers must have the appropriate certification. Appropriate certification is defined as one of the following:

1. Any St. John Ambulance Emergency First Aid course of 8 hours (or more) or equivalent
2. Canadian Red Cross Standard First Aid & First Responder

 c) Canadian Red Cross Sport First Responder and Sport Aid course

 d) Hockey Canada Safety Program (HCSP)

 e) An appropriate designation (examples: MD; RN; Physiotherapist, Police Officer; Firefighter*,* Chiropractor; Registered Massage Therapist).

From the above, please be clear CPR (as a stand-alone certification) is NOT

 an equivalency.

**25.02** The ALA recognizes only one trainer per team to address those specific activities (activities which would not include coaching athletes).