

## **Four Corner Breakaway Pass**

**Drill Specifications** Drill Theme: Shooting, Passing

Floor Position: Full Floor Time Needed: 10

Drill Style: Skills

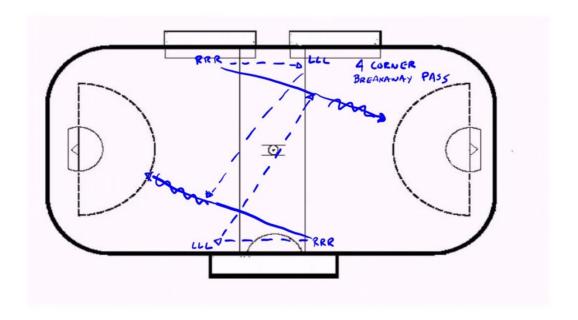
**Objective** This drill is excellent for teaching players coordination while

passing and catching, as well as looking up the floor for a shot.

**Drill Description** Set up four lines under the restraining lines, splitting up left-

handed players and right-handed players (as shown). Balls will be in all four lines. The drill will run simultaneously from both sides as R1 passes to L1, and R2 passes to L2, R1 will look for the ball across the floor from L2, while R2 will look for the pass across the

floor from L1, as they both break towards the net for a shot.







## **Skills Practiced**

• Shooting

Passing

Variation N/A

