

## **REGULATION 22 - TRAINER CERTIFICATION REQUIREMENTS**

### **22.01**

Trainers must have the appropriate certification. Appropriate certification is defined as one of the following:

- a) Any St. John Ambulance Emergency First Aid course of 8 hours (or more) or equivalent
- b) Canadian Red Cross Standard First Aid & First Responder
- c) Canadian Red Cross Sport First Responder and Sport Aid course
- d) Hockey Canada Safety Program (HCSP)
- e) An appropriate designation (examples: MD; RN; Physiotherapist, Police Officer; Firefighter, Chiropractor; Registered Massage Therapist).

From the above, please be clear CPR (as a stand-alone certification) is NOT an equivalency.

### **22.02**

The ALA recognizes only one trainer per team to address those specific