



Hockey Equipment Checklist

All players are required to wear full gear at all times while on the ice.
Coaches are required to wear a helmet at all times on the ice.

Player Essentials

CSA Approved Helmet with Facemask

Hockey Gloves

BNQ Certified Throat Protector (aka Neck Guard)

Under gear ware (does not have to be expensive, can be PJ pants and a long sleeve shirt)

Elbow Pads

Shin Pads

Shoulder Pads

Mouthguard (recommended but not mandatory)

Athletic Cup and Supporter Male players-Jock Female players-jill

Hockey Jersey (practice jersey for evaluations and practices)

Hockey Pants

Hockey Skates

Hockey Socks (teams often get matching socks however additional socks will be required for evaluations and practices)

Hockey Sticks (At Least 2)

Hockey Tape

Hockey Equipment Bag

Extras

Water Bottle

Extra Laces

Moisture-wicking Clothing

Skate Guards

Skate Towel

Equipment Deodorizer