



Mighty Mites Program Overview

At AMHA we believe that how a player gets their first taste of hockey is crucial to their long term development and continued interest in the game.

Our Mighty Mite Program will focus on

- Fun
- Skill Development
- Confidence Building

This program is geared towards players aged 3, 4 and 5 years old who have not played organized hockey before (must be 3 as of October 1, 2017)

Professional instruction provided by a qualified, local hockey school.

Fall 2017/2018 Mighty Mite Sessions (10 sessions October-December) \$210

Tuesday Mornings 9:45 am

Tuesday Afternoons 1:00 pm

45 minute ice times will include

- Instruction
- Games
- Introduction to the FUNdamentals of hockey

Players are required to wear full equipment (see equipment list on AMHA website)

On-ice parent volunteers are welcome and encouraged! There will be a place for you to indicate your interest during the registration process

Each player will be given an AMHA Mighty Mite jersey, which will be his or hers to keep!