



## Ancaster Avalanche 2017/2018 Novice "B" Tryout Information and Welcome Package

Mike Garrett – Head Coach

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### Coaching Objectives

We will be targeting a primary objective of increasing individual skills of each player as the season progresses. We will also focus on tactics, team systems and team strategy. As well, we will be teaching the girls to be good teammates by focusing on 3 things:

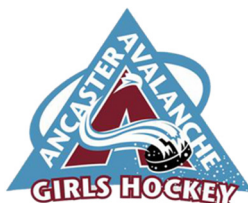
1. Always give a good effort.
2. Always bring a good attitude.
3. Put the team's needs before your own. Always.

A normal hockey week for this team will be made up of 3 to 4 hockey sessions consisting of practices and games. Additionally, we will occasionally have guest trainers working with the team to improve individual skills such as stick handling, skating and shooting.

Goalies will be offered the chance to participate in additional goaltender training which will be covered by the team budget. We will maximize every minute of our ice time in practice and will rarely use a white board on the ice or have long line-ups for drills. Players will be motivated to push themselves in practice and to work towards maintaining good physical fitness. It is expected the girls will keep themselves in good physical condition over the summer months.

During the summer the team will be planning a summer party for the team and parents to get to know each other better.

Coach Mike



## **Tryout Status Notification and Team Selection**

Players may be released after each tryout session including the first tryout.

At the start of tryouts, each player will be provided with a unique identifier number that will follow them throughout tryouts. The Novice B team has its own webpage and the list of players “by number” who are invited to the next tryout will be posted by no later than 8:00 am the morning following each tryout.

A letter including instructions on where and when to find postings as well as the players’ identifier number will be provided at the registration table at each team’s first skate.

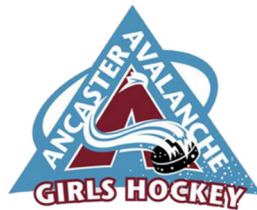
The team pages can be found under the “Tryout” tab/menu at [www.ancastergirlshockey.ca](http://www.ancastergirlshockey.ca)

The rationale for this system is that we must take the time to review and discuss each player with our independent evaluators after each tryout session. This will take some time for us to process. Player offers may be made at any time during the tryout process. Players and parents would then be expected to sign a letter of acceptance to the team and provide the team with a **\$253 non-refundable deposit** that will be put in the bank to put towards team Rep fee payment.

## **Coaching Philosophy**

The foundation of our Coach Philosophy utilizes Hockey Canada’s Fair play Code for Coaches. Our philosophy puts **TEAM first** – **T**ogether **E**veryone **A**chieves **M**ore. In order to build on a Team plan we will work with our players to set individual goals and objectives. Once individual goals are set we will discuss the TEAM goals and how their individual goals fit into this philosophy of **T**ogether **E**veryone **A**chieves **M**ore.

This is minor hockey and each player deserves the right to fair playing time. Players will only develop further if given the opportunity to play in all situations. However this is a competitive rep hockey team on which players will be held to a higher standard. As coaches we will manage the bench in critical game situations putting the team’s best interest first, not individuals. In order to achieve our philosophy, players will be held accountable for their actions not only to the coaches, but to their teammates as well. Selfish and undisciplined actions will be corrected. This will be by communication and guidance from the coaches. Fair ice time in Rep hockey is all about getting players to put forth efforts to the best of their abilities. It’s up to us as coaches to draw these efforts out of each player while keeping fair play in mind.



## Team Plan and the Rep Commitment

We will select **15** players who will make a strong commitment to this TEAM. This year, starting in September, players will need to commit to the following:

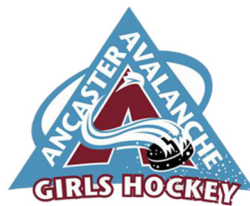
- **Tournaments: 5**
  - Ancaster:** October 27<sup>th</sup> – 29<sup>th</sup>
  - Peterborough:** November 30-Dec 2<sup>nd</sup> (Overnight)
  - London:** February 1-3 (Overnight)
  - Brantford:** February 22-24<sup>th</sup>
  - Hamilton:** March 29-31<sup>st</sup>
  
- 3-4 hockey sessions/week
- **No mandatory hockey over Christmas Break/ March Break**
- Occasional dry land and team-building activities
- 22 games for regular season
- 5 to 10 playoff games
- LLFHL Final 4 tournament (pending success)
- OWSA Provincial Championships in April (pending success)

## Payments

Online registration is due after agreement of making the team is signed. Please visit [www.ancastergirlshockey.ca](http://www.ancastergirlshockey.ca) between May 1<sup>st</sup> and May 15<sup>th</sup> to register. Late registration will result in a \$100 late fee. In order to have sufficient team funds in accordance with required team fees and other bills we will require 5 post-dated cheques of \$311.00 for June 1<sup>st</sup>, July 1<sup>st</sup>, August 1<sup>st</sup>, September 1<sup>st</sup> & October 1<sup>st</sup>. **Please make cheques payable to "AAGHA Novice B"**. All team expenses and revenue will be accurately accounted. Statements will be made available for team members upon request and at year's end. **All surplus monies at the conclusion of the hockey season will be divided accordingly between players' families leaving an account balance of \$0.00.**

## Team Fundraising & Sponsors

We will do one fundraiser. We will be looking for sponsors. Please contact Coach Mike if you are interested in sponsoring our team.



## Financial Cost - Team Budget

This budget is based on a full roster and costs are all estimated high for worst case scenario. All players get to keep both home, away and practice jerseys.

<u>Estimated Team Budget</u>	<u>Team Budget</u>
Team Rep Fee	\$12,400.00
Pant Shells	\$650.00
Tournaments	\$6,500.00
Additional Ice Time	\$4,000.00
Gifts/Team Events	\$2,000.00
Goalie Training	\$1,500.00
Team Supplies	\$300.00
Spirit Wear	\$2,250.00
<b><u>Budget Subtotal</u></b>	\$29,600.00
Sponsorships	\$2,500.00
<b><u>Budget Total</u></b>	\$27,100.00
Individual Costs, based on 15 players	\$1,808.00
+AAGHA Registration - approx \$525 due May 15, 2018	\$2,333.00

<u>Individual Player Fee Schedule</u>	<u>Individual Player Payment</u>	<u>Notes</u>
Initial Signing	\$253.00	
June 1st	\$311.00	
July 1st	\$311.00	
August 1st	\$311.00	\$12,400 Rep Fees Due
September 1st	\$311.00	
October 1st	\$311.00	
Total Costs per player	\$1,808.00	
AAGHA Registration	\$525.00	Due by May 15 2018 to AAGHA
Total	\$2,333.00	

\*\*\* All surplus monies at the conclusion of the hockey season will be divided accordingly between player's families leaving an account balance of \$0.00 \*\*\*

Team Fitting for jerseys, socks etc. at Morgan Firestone May 5<sup>th</sup>, time TBD