

2017 Axemen Coaches

Thank you for volunteering to be an Axemen Lacrosse coach for the 2016 season. Your time and energy is much appreciated by the Axemen Lacrosse Club.

The Axemen Lacrosse Club believes that our coaches play a vital role in the development and experience of our athletes. This is why we have taken extra steps this year to ensure our coaches are well supported.

What to expect:

- **NEW FOR 2017 – seasonal practice plans based on division**
- A new coaching manual complete with:
 - General game play strategy
 - Drill progressions that start from basic skill development and work towards advanced game scenario execution
 - Additional drills to further develop athlete's skills
 - Paper and video explanations of drills
- Axemen coaching on-floor instructional clinic
- One assisted practice led by coaching director Colin Risi
- Additional assisted practices available upon request
- Additional coaching support available upon request
 - Game/practice feedback
 - Planning help
 - Other coach requests
- Open communication with Colin for any coaching questions and concerns
- Athlete skill development sessions (ie shooting clinics) run by Colin
 - Coaches will be asked to attend to help out and learn drills

To access your coaching manual please visit our Axemen Coaching Website:

<http://calgaryaxemenlacro.wix.com/coaching>

Password is still: Coach2016

Important Dates:

- April 23: Axemen coaching on-floor instructional clinic
- May 6: Axemen players shooting clinic (coaches encouraged to help)
- May 7: Axemen goalie clinic (coaches welcome to learn goalie skills/drills)
- May 27: Axemen players shooting clinic (coaches encouraged to help)

Certification:

ALL Alberta Lacrosse coaches at all levels must be certified regardless of standing as a head or assistant coach. If you are not currently certified (or in training) at the appropriate level for the age group that you are coaching, you must be registered in one of this year's respective courses.

For a list of certification requirements and instructions on how to become certified, please check out the following link:

<http://calgarylacrosse.com/Team/teamWeb.dll/PageContent?ContentId=4442&SessionId=37519052147362&co=1>

Best of Luck,

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Calgary Axemen Lacrosse