



BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

JAN.22-28



PLAYER AGE RANGE

9-10 years

TEAM WARM UP ROUTINE:

Ankle hops, high kicks

3 FAVOURITE WARM-UP SONGS:

Shell shocked, boo-yah, Black and Yellow

FAVOURITE COACHES SAYING OR QUOTE:

You can never beat the hardest working player

FAVOURITE PRACTICE DRILL:

Walrus and sniper

LEAST FAVOURITE PRACTICE DRILL:

Mountain climbs

CURRENT RECORD (W-L-T):

N/A

TOP 3 FAVOURITE SPORTS:

Hockey, baseball, basketball

TOP 3 FAVOURITE NHL TEAM:

Oilers, Golden Knights, Predators

TOP 3 FAVOURITE OLYMPIC SPORTS:

Hockey, Skeleton, Skiing and Snowboarding!

TOP 3 FAVOURITE PARTY FOODS:

Chips, Pizza, vegetables

TOP 3 FAVOURITE PREGAME MEALS:

Pasta, meat and salad

THIS SEASON'S TOURNAMENTS

Whitecourt, River Cree and Provincials

TEAM GOALS FOR THE SEASON?:

Win Provincials

