



BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

FEB. 5-11



PLAYER AGE RANGE

9-10 years

TEAM WARM UP ROUTINE:

Stretches, 2 on 1

FAVOURITE WARM UP SONG:

Believer, Hand Clap

FAVOURITE COACHES SAYING OR QUOTE:

Never take slap shots

FAVOURITE PRACTICE DRILL:

Gravy on the side

LEAST FAVOURITE PRACTICE DRILL:

Dedication Skate

CURRENT RECORD (W-L-T):

6-7-2

TOP 3 FAVOURITE SPORTS:

Lacrosse, baseball, soccer

TOP 3 FAVOURITE NHL TEAMS:

Oilers, Chicago, Montreal

TOP 3 FAVOURITE OLYMPIC SPORTS:

Hockey, skiing, snowboarding

TOP 3 FAVOURITE PARTY FOODS:

Pizza, hot dogs, burgers

TOP 3 FAVOURITE PREGAME MEALS:

Granola Bars, hashbrowns, red meat

THIS SEASON'S TOURNAMENTS

Whitecourt, Gibbons, Red Deer

TEAM GOALS FOR THE SEASON?:

Win the playoffs and have fun!

