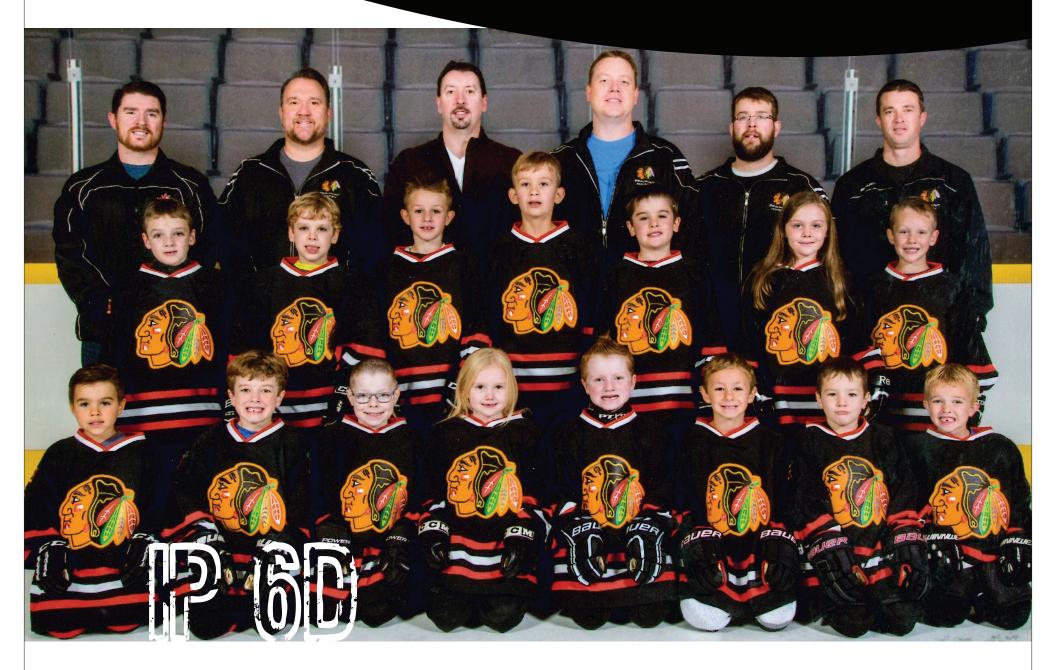


BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

JAN. 15-21



PLAYER AGE RANGE

6-7 Years

TEAM WARM UP ROUTINE:

Skate a lap and do stretches

3 FAVOURITE WARM-UP SONGS:

Get the Hood

FAVOURITE COACHES SAYING OR QUOTE:

Line up on the Red Line

FAVOURITE PRACTICE DRILL:

Asteroids

LEAST FAVOURITE PRACTICE DRILL:

Red Light, Green Light or Crossovers

TOP 3 FAVOURITE SPORTS:

Hockey, Soccer, Rugby

TOP 3 FAVOURITE NHL TEAM:

Oilers, Penguins, Ducks

TOP 3 FAVOURITE PARTY FOODS:

Pizza, Cake and burgers

TOP 3 FAVOURITE PREGAME MEALS:

Eggs, Cheerios, Fruitloops

TOP 3 FAVOURITE OLYMPIC SPORTS:

Skiing, Snowboarding and Hockey

THIS SEASON'S TOURNAMENTS

Beaumont and Leduc

TEAM GOALS FOR THE SEASON?:

Skating, Stick handling, Passing and Shooting

