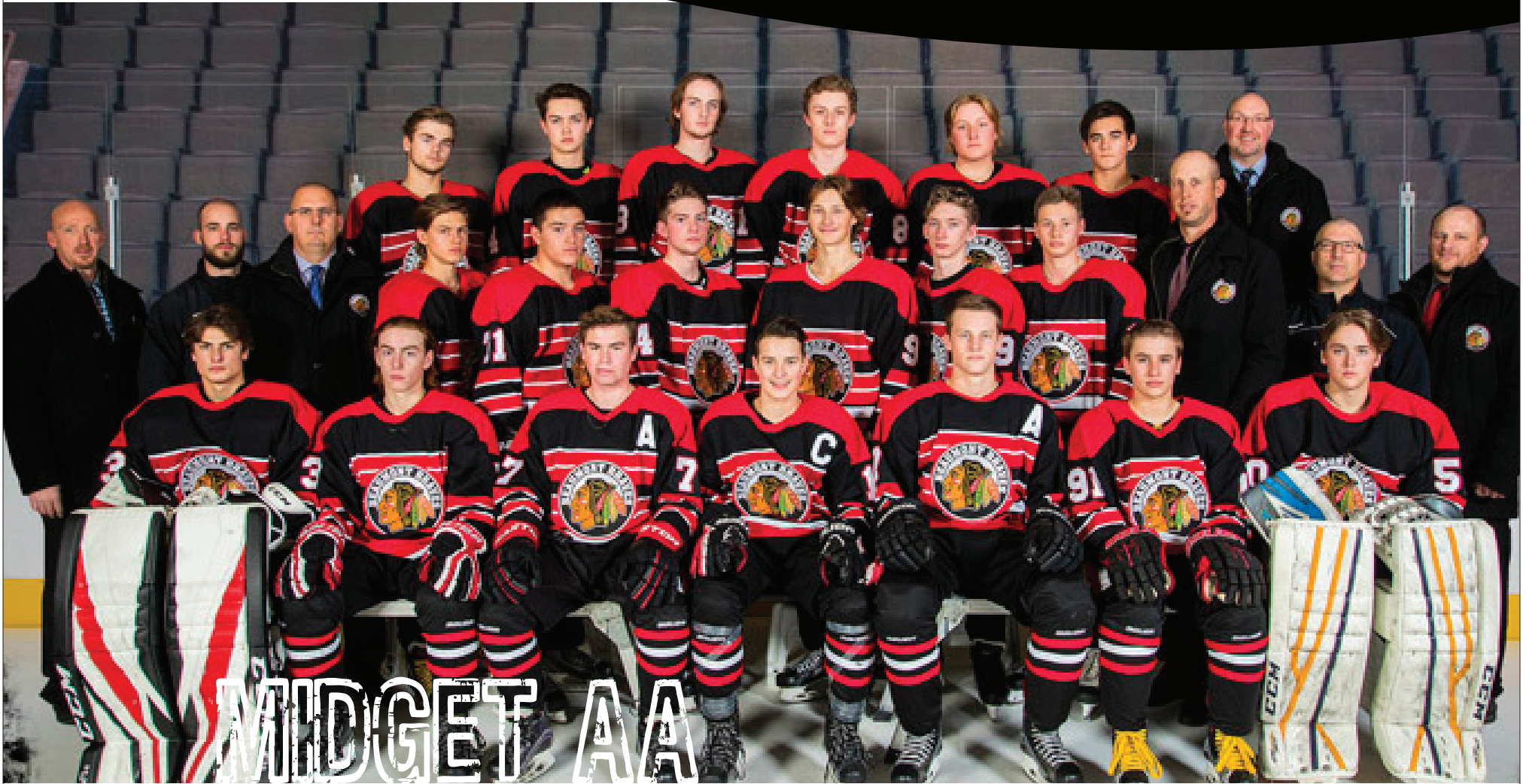




BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

NOV. 27-DEC. 3



PLAYER AGE RANGE

16 & 17 years

TEAM WARM UP ROUTINE:

Jordan the trainers special stretch

3 FAVOURITE WARM-UP SONGS:

Five hours, Rockstar, Run to the Hills

FAVOURITE COACHES SAYING OR QUOTE:

Discipline! Stupid simple.

FAVOURITE PRACTICE DRILL:

Fly 1 and Fly 2

LEAST FAVOURITE PRACTICE DRILL:

3/4 Mountain drill

CURRENT RECORD (W-L-T):

7-2-1 about to be 8-2-1 when we beat Leduc

TOP 3 FAVOURITE SPORTS:

Hockey, NFL and MLB

TOP 3 FAVOURITE NHL TEAM:

Oilers, Pens and Golden Knights

TOP 3 FAVOURITE OLYMPIC SPORTS:

Javelin, Water Polo, Synchronized diving

TOP 3 FAVOURITE PARTY FOODS:

Munchies, Dons and peach apricot

TOP 3 FAVOURITE PREGAME MEALS:

Pasta, steak, Dons

THIS SEASON'S TOURNAMENTS

Timberwolves (Cochrane) silver medalists

Provincials

TEAM GOALS FOR THE SEASON?:

Win playoffs/league

Provincial Champs

