



BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

JAN. 15-21



NOVICE 4Y

PLAYER AGE RANGE

7-8 years

TEAM WARM UP ROUTINE:

Horse Shoe

3 FAVOURITE WARM-UP SONGS:

Jock Jams

FAVOURITE PRACTICE DRILL:

Asteroids, British Bull Dog, One on One's

LEAST FAVOURITE PRACTICE DRILL:

Lightening Drill or Climbing Mountains

CURRENT RECORD (W-L-T):

100-0

TOP 3 FAVOURITE SPORTS:

Hockey, Soccer, Baseball

TOP 3 FAVOURITE NHL TEAM:

Oilers, San Jose Sharks, Washington Capitals

TOP 3 FAVOURITE OLYMPIC SPORTS:

Hockey, Bobsled, Cross Country Skiing

TOP 3 FAVOURITE PARTY FOODS:

Chips, brownies, \$0.05 Candies and Cheezies

TOP 3 FAVOURITE PREGAME MEALS:

Cheese burgers, pancakes and tacos

THIS SEASON'S TOURNAMENTS

Stony Plain, Devon and Barrhead

TEAM GOALS FOR THE SEASON?:

Work together as a team

