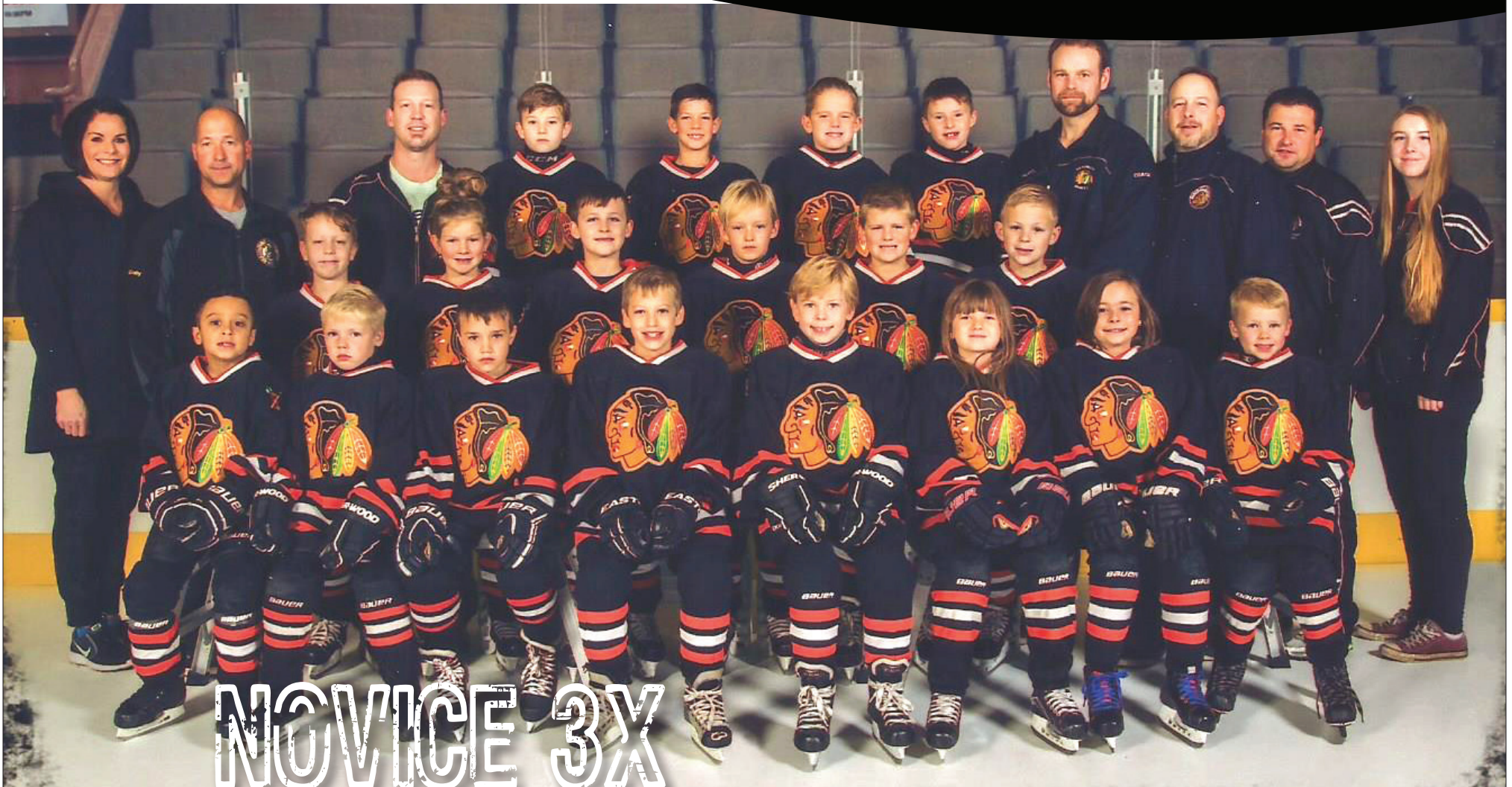




BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

JAN.29-FEB.4



PLAYER AGE RANGE

7-9 years

TEAM WARM UP ROUTINE:

2 laps, couple of wallies and then right into the horseshoe

FAVOURITE COACHES SAYING OR QUOTE:

"Hockey is a game of mistakes, don't be afraid to make them and have fun being creative"

FAVOURITE PRACTICE DRILL:

Anything Coach Mairi demos and teaches us

LEAST FAVOURITE PRACTICE DRILL:

Circles

CURRENT RECORD (W-L-T):

5-8-1

TOP 3 FAVOURITE SPORTS:

Hockey, Lacrosse and Swimming

TOP 3 FAVOURITE NHL TEAM:

Edmonton Oilers, Pittsburgh Penguins and Montreal Canadians

TOP 3 FAVOURITE OLYMPIC SPORTS:

Hockey, Gymnastics, Swimming

TOP 3 FAVOURITE PARTY FOODS:

Pizza, Hamburgers and Fries

TOP 3 FAVOURITE PREGAME MEALS:

Bananas, Apples and Almonds

THIS SEASON'S TOURNAMENTS

Blackfalds and Barrhead

TEAM GOALS FOR THE SEASON?:

To continue to develop and have fun!

