



**BOSTON PIZZA BEAUMONT**

# TEAM OF THE WEEK

**DEC. 4-10**



**PLAYER AGE RANGE**

10-12 years

**TEAM WARM UP ROUTINE:**

Players lead a 15 minute pre-game dryland warm up. On ice warm up consists of horseshoe followed by 2 on 1.

**3 FAVOURITE WARM-UP SONGS:**

Freaks (Timmy Trumpet), I Spy (Kyle),  
Livin' on a Prayer (Bon Jovi)

**FAVOURITE COACHES SAYING OR QUOTE:**

Hustle, Cover your man, stick on stick!

**FAVOURITE PRACTICE DRILL:**

Double horseshoe, Brave heart

**LEAST FAVOURITE PRACTICE DRILL:**

Lines

**CURRENT RECORD (W-L-T):**

5-7-1

**TOP 3 FAVOURITE SPORTS:**

Hockey, Baseball, basketball

**TOP 3 FAVOURITE NHL TEAM:**

Oilers, Blackhawks, RedWings

**TOP 3 FAVOURITE OLYMPIC SPORTS:**

Hockey, Snow boarding, Bobsled

**TOP 3 FAVOURITE PARTY FOODS:**

Pizza, wings, hotdogs

**TOP 3 FAVOURITE PREGAME MEALS:**

Pasta salad, chicken, kraft dinner

**THIS SEASON'S TOURNAMENTS**

Onoway, Vermilion, Stollery

**TEAM GOALS FOR THE SEASON?:**

Improve individual skill, Passing, Skating

