

BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

JAN.7-13



PLAYER AGE RANGE

10-12 years

TEAM WARM UP ROUTINE:

Dry land and tunes

FAVOURITE COACHES SAYING OR QUOTE:

Don't cheat yourself

FAVOURITE PRACTICE DRILL:

Overload

LEAST FAVOURITE PRACTICE DRILL:

Dedication skate

CURRENT RECORD (W-L-T):

9-2-1

TOP 3 FAVOURITE SPORTS:

Hockey, baseball, lacrosse

TOP 3 FAVOURITE NHL TEAM:

Oilers, anyone but calgary

TOP 3 FAVOURITE OLYMPIC SPORTS:

Hockey

TOP 3 FAVOURITE PARTY FOODS:

Pizza, hotdogs

TOP 3 FAVOURITE PREGAME MEALS:

Kraft dinner

THIS SEASON'S TOURNAMENTS

Lacombe

TEAM GOALS FOR THE SEASON?:

Winning minor hockey week and the league title

