



BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

JAN. 15-21



PLAYER AGE RANGE

Born 2005/2006

TEAM WARM UP ROUTINE:

Gary Roberts Dynamic Warm Up

3 FAVOURITE WARM-UP SONGS:

Swish, Candy Shop, Mr. Clean

FAVOURITE COACHES SAYING OR QUOTE:

Effort and Attitude

FAVOURITE PRACTICE DRILL:

Gauntlet

LEAST FAVOURITE PRACTICE DRILL:

Circles

CURRENT RECORD (W-L-T):

15-20-1

TOP 3 FAVOURITE SPORTS:

Hockey, Baseball, Basketball

TOP 3 FAVOURITE NHL TEAM:

Oilers, Golden Knights & Lightning

TOP 3 FAVOURITE PARTY FOODS:

pizza, burgers, hotdogs

TOP 3 FAVOURITE PREGAME MEALS:

pasta, eggs and subway

TOP 3 FAVOURITE OLYMPIC SPORTS:

women's beach volleyball, hockey and bobsled

THIS SEASON'S TOURNAMENTS

Strathcona, Red Deer, Leduc & Sherwood Park

TEAM GOALS FOR THE SEASON?:

Provincials, Minor Hockey Week and Top 3 In League

