



TEAM WARM UP ROUTINE: Tennis ball "keep away" with coaches, 5 hard laps then horse shoe drill

3 FAVOURITE WARM-UP SONGS: Believer (Imagine Dragons), Justin Bieber (Despacito), AC/DC (Thunderstruck)

FAVOURITE COACHES SAYING OR QUOTE: Did we have fun? YESSS!!!!

TOP 3 FAVOURITE SPORTS: Hockey, Lacrosse & Soccer

TOP 3 FAVOURITE NHL TEAM: Edmonton Oilers, Pittsburgh Penguins & Detroit Red Wings

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TOP 3 FAVOURITE PARTY FOODS: Pizza, Ice Cream Cake & Wings

TOP 3 FAVOURITE PREGAME MEALS: Chicken Fingers & Fries, Peanut Butter & Jam Sandwich, Lobster

TOP 3 FAVOURITE OLYMPIC SPORTS: Hockey, Volley Ball & 3 Man Bobsled

FAVOURITE PRACTICE DRILL: Soccer, Circle Stick Handling Battles & **Horse Shoe**

LEAST FAVOURITE PRACTICE DRILL: Skating drills without sticks

CURRENT RECORD (W-L-T): 2-1-2

THIS SEASON'S TOURNAMENTS

Thorsby Novice Tournament Minor Hockey Week

