



BOSTON PIZZA BEAUMONT

TEAM OF THE WEEK

OCT. 29-NOV. 4



PEE WEE 1

PLAYER AGE RANGE

11-12 years old

TEAM WARM UP ROUTINE:

1) Meet in room for quick dance party and hour before game until everyone arrives 2) Captains/coaches lead us for a quick run and dynamic stretching outside if the weather allows.

3 FAVOURITE WARM-UP SONGS:

1) Blank Slate - Taylor Swift; 2) I Spy - Lil Yatey; 3) Humble - Kendrick Lamar

FAVOURITE COACHES SAYING OR QUOTE:

If everyone does a little, no one has to do a lot.

FAVOURITE PRACTICE DRILL:

Swedish Timing Passing

LEAST FAVOURITE PRACTICE DRILL:

Lightning Lines

CURRENT RECORD (W-L-T):

4-1-0

TOP 3 FAVOURITE SPORTS:

Other than hockey: Baseball, Lacrosse, Badminton

TOP 3 FAVOURITE NHL TEAM:

Edmonton Oilers, Las Vegas Knights and Chicago Blackhawks

TOP 3 FAVOURITE PARTY FOODS:

Pizza, Chicken Wings and Doritos

TOP 3 FAVOURITE PREGAME MEALS:

Kraft Dinner, Pasta and Chicken

TOP 3 FAVOURITE OLYMPIC SPORTS:

Team had a mix of summer and winter:
1) Hockey; 2) Track and Field; 3) Motocross

THIS SEASON'S TOURNAMENTS

Swan Hills November 17-19, Medicine Hat
December 15-17, Devon January 5-7

TEAM GOALS FOR THE SEASON?:

- 1) Continue to gel as a team
- 2) Have fun and improve throughout the year
- 3) Be the best team we can by playing our best hockey at the end of the season.

