

"The bigger you dream, the bigger you play...own the moment."

Beaumont Amateur Hockey Association Newsletter

February 2017

Good Reminder: DOs and DON'Ts for

Parents of Minor Hockey Players

DO

- Get your kids to the rink on time. This allows them to get physically and mentally ready to play, hang out with friends and feel part of something bigger than themselves.
- Set the standard that effort is essential. Tell your kids to work as hard as they can all the time. Reinforce that you value effort above all else.
- Align your general parenting style with your hockey parenting style. Ask yourself what your parenting style is at home and be mindful that you are consistent and reflect it in your behavior at the arena.
- Support the coach. Learn the coach's philosophy. Ask what things your child could be working on. Refrain from second-guessing and discussing who should be playing and what systems the team should be using.
- Remember why most kids play hockey. It's about having fun, learning new skills, making new friends and experiencing the excitement of the game.
- Be a good listener and a great encourager. Young players don't often see the positives when they lose. But no matter what the score, parents should consistently search for the positive.
- Praise hard work rather than emphasizing outcomes. Say, "I liked your hustle" rather than "great goal".
- Encourage your kids to enjoy themselves. "Have fun" should always be the last thing your young hockey player hears from you before they hit the ice.
- Teach your child to become a stronger person, rather than a stronger player. Focus on helping them build values that lead to positive interactions with coaches, teammates, opponents and referees.



DON'T

- Put unreasonable expectations on your child. Kids will tell you when they want more opportunities for skill development. There is a massive dropout rate in sports around age 14 because parents have pushed their kids too hard too soon.
- Be negative about your child's performance. Do not criticize your hockey player for making mistakes. Hockey players learn by making mistakes. Be positive and comment on a good shift or play they made.
- Let your competitive side ruin the game. Don't yell or be obnoxious towards referees, opponents, fans or other parents.
- Pay your kids for goals. This is counterproductive. There's enough thrill in the simple act of scoring a goal. Kids do not need a financial reward for that.

Sources from the University of Alberta: Howie Draper, head coach, Pandas hockey team Lindsey Post, goalie, Pandas hockey team Serge Lajoie, head coach, Golden Bears hockey team Nick Holt, professor, Faculty of Physical Education and Recreation



Edmonton Rural Bantam AA Hockey League All-Star Game

Congratulations to Avery Fithen and Logan Willcott who represented the Beaumont Bantam AA Braves at the 2016 Bantam AA All-Star Game on December 17, 2016 hosted in Beaumont. Avery Fithen, forward, and Logan Willcott, goaltender, were selected to play on the Rural Black White All-Star Team. The Rural Black White All-Star Team defeated the Metro Red Blue All-Star Team in an exciting game by a score of 7-2.

<u>Novice Philip Oh Memorial and</u> <u>IP Tournaments</u>

Both the Novice Philip Oh Memorial Tournament held on December 27-29, 2016 and the IP Boston Pizza Invitational Tournament held on January 21-22, 2017 were a big success. I would like to send a huge shout-out to all the parents, volunteers, and team reps that took time to help out for the events. All the kids had a lot of fun and there was a great display of sportsmanship throughout both events.

Marcie Kagi - Tournament Director

Locker Checkout

When preparing for locker checkouts at the beginning of March, ensure all jerseys are clean and numbers are in order from smallest to largest, any loaned goalie equipment is returned, and ALL keys signed out are returned.

A schedule for sign-outs will be posted on the Equipment Room door once teams begin to finish their season.

Equipment refund cheques will be provided as teams complete locker checkouts.

David Fleming - Equipment Director

Provincial Playdowns

Many of the BAHA teams have started Provincial Playdowns, working hard to earn their way to the Hockey Alberta Provincial Championship Tournaments. BAHA will have 5 teams competing in Provincial Playdowns (Atom 1 in Atom AA Major, Atom 2 in Atom AA Minor, Peewee 1 in Peewee A, Bantam 1 in Bantam A, and Midget 1 in Midget A).

The Atom 2 team won their first Provincial Playdown game against Red Deer in Red Deer by a score of 4-3. Beaumont will host Red Deer on February 8th at 5:45pm.

The Atom 1 team is set to host Red Deer on February 4^{th} at 10:15am. They will return to Red Deer on February 6^{th} .

The Peewee 1 team won their first Provincial Playdown game against Devon in Devon by a score of 9-1. Beaumont will advance to Round 2 against Sylvan Lake.

The Bantam 1 team won their first Provincial Playdown game against Red Deer in Red Deer by a score of 4-1. Beaumont will host Red Deer on February 10th at 4:30pm.

The Midget 1 team won their first Provincial Playdown game against Red Deer in Red Deer by a score of 6-4. Beaumont will host Red Deer on February 12th at 6:00pm.

This time of the year is always exciting as teams make the final push to represent BAHA at the Provincial Championship Tournament. The Beaumont Braves appreciate the support of all their fans and encourage the membership to come out and cheer them on. Watch the BAHA calendars for more dates to come, as teams move forward in their quest to become Zone 4 champion and head to Provincials.

Upcoming Open Board Positions

The Beaumont Amateur Hockey Associations cannot operate without the commitment of dedicated volunteers. There are a number of board positions that will be available this year at the AGM in May. At this time we ask that you consider running for one of the open positions.

Information about each of the available positions can be found in the Rules and Regulations located on the BAHA website, or feel free to contact any one of the current Board members to ask questions and gather information.

Watch for further details in the upcoming months on the BAHA website regarding the names of the members on the Nomination Committee and the process of submitting your name as a candidate for a position.

Open Positions

- Vice President of Hockey Operations
- Registration Director
- Secretary
- Bantam Director
- Atom Director
- IP Director

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- Director of Fundraising and Promotions
- Equipment Director



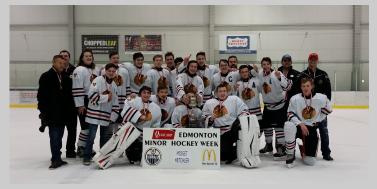
"Hockey for Health" Beaumont Charity Challenge

On Thursday, January 19th the CFCW Critters played a fun charity hockey game against the Beaumont CT Scanners (comprised of players from the Beaumont Bantam 3 Braves). The event raised \$6800 and 100% of this money will go towards the CT Scanner in the Leduc Hospital.



<u>CONGRATULATIONS, BRAVES!</u> <u>Edmonton Minor Hockey Week Successes!!</u>

- Novice 6 (Boychuk Division) Gold
- Atom 6 (Blues Division) Gold
- Atom 7 (Ducks Division) Silver
- Peewee AA (Clagget Division) Gold
- Peewee 1 (Dutchak Division) Silver
- Peewee 4 (Sollanych Division) Gold
- Peewee 5 (Feader Division) Gold
- Midget 3 (Hetchler Division) Gold (Photo below)





Tournament Success Stories for Beaumont Braves

- Atom 3 Braves attended a tournament November 11-13, 2016 in Edson. The Braves battled hard and returned home champions! Congrats team!!
- Peewee 2 Braves earned a silver medal at a tournament in New Sarepta on November 11-13, 2016. Well done!!
- Peewee 1 Braves brought home gold from a tournament in Lloydminster on January 6-8, 2017. The Braves won their first 3 games, tying their 4th game. They went on to beat the host Lloydminster Lions 12-3 in the tournament final. Bravo Braves!! (Photo below)
- Bantam 1 Braves celebrated back-to-back tournament wins in the New Sarepta tournament (end of November 2016) and the Innisfail tournament (beginning of December). Both small town tournaments promised that they were bringing in good competition and they delivered. All games were close in scoring but the Braves battled hard to win the Gold matches each weekend by only 1 goal. Great Teamwork, fellas!! (Photo below)



Beaumont Peewee 1 Braves

Beaumont Bantam 1 Braves