

# HOCKEY BUILDS CHARACTER

BUDDIES AND PALS HOCKEY IS COMMITTED TO PROVIDING AN ENGAGING AND KNOWLEDGEABLE PROGRAM, IMPROVING HOCKEY SKILLS, SHAPING LEADERS & TEAMMATES WHILE HAVING FUN!

## Player Skill – Parent Assessment

**Purpose:** BP Hockey believes that parents are a wealth of knowledge when it comes to their child, your insight on their hockey skills and needs will be invaluable to beginning the season and structuring the development needed as a team and on an individual basis.

The information you provide on your child's hockey strengths and weaknesses will be integrated into BP Hockey's Personal Goals and Player Development Plans moving through the season. These skills and goals will be assessed mid & post season and you will be given constructive Coach Feedback to enable your child to better develop. Be as honest and objective as possible as the goal is to identify areas that are a priority to advance and strengthen...helping your athlete move forward with more positive experiences!

**Instructions:** Parents complete one for each player using a scoring system of 0 - 5. A score of 0 is considered least skilled while a score of 5 is the most skilled. A grade of 3 is average and the use of decimals is acceptable. **Scores should be assigned to as many categories as possible.**

### Standard Definitions:

**Skating.** Does the player demonstrate the appropriate skating techniques? Are they able to use full strides, use their edges, perform quick directional changes, and perform hard stop / starts? Are they able to skate hard for 45-60 seconds?

### Skill techniques:

1. **Shooting:** Can they shoot accurately, backhand and forehand? Do they see the target?
2. **Puck Control:** Can the player control the puck at high speeds, when changing direction, or when stick handling around opposition? Is the player strong with the puck in traffic?
3. **Passing / Receiving:** Can they pass accurately, with the right speed, forehand and backhand? Do they receive passes with soft hands? Can they receive a pass close to their skates or one that they have to reach for? Do they see the whole ice and pass when it is the right play to make?

## General attributes.

1. **Game Awareness/Hockey I.Q.:** Do they know the rules? Do they understand game strategy? Do they keep their cool in critical situations and avoid penalties that hurt the team? Can they apply their skills in a game situation and favourably impact the outcome of the game.
2. **Competitiveness/ Aggressiveness:** Does the player attack the play? Do they take time and space away from opponents. Do they battle along the boards?
3. **Coachability/Effort/Attitude:** Willingness to take instruction & direction, ability to handle criticism & learn from mistakes? Exhibit respect towards coaches, officials, spectators, and opponents? Demonstrate leadership & positive teammate qualities?

## Offensive traits:

1. **Scoring Ability:** Can they see past the goalie? Are they able to hit the corners? Are they a goal scorer? Are they a play maker/assists? Will they crash the net?
2. **Positional Play:** Do they know their position and understand lanes? Can they react to their teammates play, support the puck carrier? Do they understand breakout strategies?
3. **Defensive Awareness:** Do they back check? Do they angle opposing players out of the play? Do they force the play along the boards/corners? Do they cover for their defensive teammates when required?

## Defensive traits:

1. **In-zone coverage:** Are they aggressive in the corners? Are they physical in front of the net? Can they cover the puck carrier effectively? Do they block shots / cover lanes? Can they clear the puck from their zone?
2. **Offensive zone coverage:** Do they fore-check? Are they strong point players? Do they get involved in the play?
3. **Positional Play:** Do they know their position on offense and defense? Do they understand breakout strategies and can anticipate where their teammates will be?

## Goalie attributes (if applicable):

1. **Positional Play:** Are they able to anticipate the shot and get in position? Do they effectively cover the net and crease area?
2. **Agility on skates:** Are they able to slide side to side, drop down and get back up,
3. **Awareness on Ice:** Are they able to anticipate where the play is going? Are they able to play the puck and get it up to the puck carrier? Can they dictate where the play goes?
4. **Ability to block / redirect / cover shots –** Are they able to stop the puck without a rebound? Redirect the puck to where they want it? Or cover it while in traffic?