



Calgary Northstars Hockey Association Player Code of Conduct

As a Calgary Northstars Hockey Association (CNHA) player, I will:

1. Abide by the rules of hockey, the policies of the CNHA and principals of good sportsmanship.

2. Respect my teammates, coaches, team officials, referees, opponents, opposing coaches, opposing team officials and other participants in CNHA games, practices and other association activities.

3. Not make any derogatory comments as to another individual's race, ethnic origin, color, religion, gender and/or sexual orientation.

4. Not put anyone down, or say or do anything that could hurt someone else physically or emotionally.

5. Work hard to improve my skills both as individual and as a team player.

6. Act in a safe and responsible manner at games, practices and all CNHA activities.

7. Support my teammates including those who are less skillful both on and off the ice.

8. Attend all practices and games and in the event that I have a legitimate reason for not being able to attend a practice or game, I will provide my coach with as much notice as possible of my anticipated absence.

9. Be on time and prepared to commence a game or practice in keeping with the schedule established by the coach.

10. Play whatever position I am assigned by my coach to the best of my ability.

11. Not lose my temper at games, practices or CNHA activities.

12. Not behave in a manner or engage in any activity that would cause embarrassment or disrespect to my team or the CNHA including smoking, drinking alcohol or using drugs.

Team Name: _____

Player Name and Signature: _____

Parent/Caregiver Name and Signature: _____

Date: _____



Calgary Northstars Hockey Association Parent Code of Conduct

As a Calgary Northstars Hockey Association (CNHA) Parent/Member, I will:

1. Support my child with positive encouragement.

2. Respect and adhere to the ideals, policies, and rules determined by Hockey Canada, Hockey Calgary, CNHA and my child's team.

3. Maintain self-control at all times.

4. Encourage my child to attend as many games and practices as reasonably possible in a timely manner. Notify the coach/manager ahead of time of absences.

5. Respect the facilities, either home or away, in which my child is privileged to play.

6. Show respect for the decisions, judgment and authority of the officials and timekeepers.

7. Show respect for the feelings and accept the capabilities of my child, my child's teammates and players on the other team.

8. Exhibit a high degree of sportsmanship, teamwork and positive attitude at all times when representing my child and the Association.

9. Avoid confusing my child by coaching from the stands.

10. Gain an understanding of the CNHA 48 hour rule to deal with team complaints and adhere to it.

11. Refrain from expressing my opinion of the coaches or players in front of my own child.

12. Refrain from using foul language towards other parents, coaches, officials or opponents.

13. Refrain from yelling at or threatening referees, opposing players or coaches before, during, or after games or practices.

14. Refrain from demonstrating frustration or anger after a loss or poor performance.

15. Not physically or verbally abuse any other person.

16. Refrain from approaching the bench during a game situation unless summoned by a coach.

17. Accept defeat gracefully...love the game above the prize.

Team Name: _____

Player Name and Signature: _____

Parent/Caregiver Name and Signature: _____

Date: _____