



Spur of the Moment

September 2016

Volume 2 Issue 1



Welcome back Spurs families and if you are new to CNN.....WELCOME!

Hockey is back! Which means the volunteers on the CNN board have spent countless hours organizing behind the scenes for what is planned to be a positive and successful season.

Message from the President

It's that time of year again, another start to a CNN Spurs hockey season. Teams are gearing up, practicing and games are starting this weekend. I would like to thank all of the volunteers that step up every year on the board or on the ice, it takes everyone to get us to this point.

CNN is growing! Registration is up! We have increased by 1 team from last year and the 2016-17 edition of the CNN Spurs have the following teams per level:

- 2 - Initiation
- 3 - Novice
- 3 - Atom
- 2 - Peewee
- 1 - Bantam
- 1 - Midget

Coaches have been selected for novice and up and I'm really happy with the group this year, there were some tough decisions but I feel we have the right match of experience and skill level going forward.

This year for Atom and up 1660 has introduced and Interlock schedule. It basically means playing approximately 40% of your games with neighboring hockey associations. The worst case at bantam and midget with a 22 game schedule you could play 8 Interlock games of those half would be home games. League has given us assurance that travel will be restricted to 165km for all Interlock games. Bantam and Midget in past years tended to play the same teams over and over, this gives them a chance to experience different teams. Let's keep an open mind to this, we are told this could mean less travel overall.

Things to think about:

"If everyone is moving forward together, then success takes care of itself" – Henry Ford

"Fair play is achieved when every single player that touches the ice feels like he/she is part of the team" – CNN Parent

Good luck.
Jason Berry
CNN President



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Did you know? **1660** HOCKEY LEAGUE

CNN Spurs teams play in the **1660 Hockey League.**

For more info on the updated Interlock please see

<http://www.1660.ab.ca/content/interlock>

The 10 Commandments of Sports Parenting

1. Thou shall love your child no matter what.
2. Thou shall let the coach do his job.
3. Thou shall be realistic about your child's abilities.
4. Thou shall let your child have fun.
5. Thou shall volunteer.
6. Thou shall not relive your athletic life through your child.
7. Thou shall not compare your child's abilities or attitudes with anyone else's.
8. Thou shall be grateful.
9. Thou shall support the whole team
10. Thou shall see the big picture.

jbmthinks.com



Lacing Up is a fun, interactive, online, game based program that helps **NOVICE-** aged players learn the fundamentals of being a successful, respectful young hockey player.

www.hockeyalberta.ca

ASAP!!

New families, please complete Respect in Sport – Parent

<http://www.hockeyalberta.ca/members/respect-sport/>

Coaching staff requiring updated Criminal record checks forms found on www.cnnspurs.com

REMINDER

CNN Spurs socks can be purchased at our arena concessions. **\$25**



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Have an idea, team photo, article or quote for a future **“Spur of the Moment”** Please send submissions to cnnspurs.minorhockey@gmail.com

www.cnnspurs.com

Received a makeover over the summer. Please take a look and become familiar with the content. Many questions can be answered on the website.

Coming soon....the new RAMP Mobile App for Apple & android



Stay Connected



CNN Spurs Minor Hockey Association



Twitter:
@cnnspursMHA



Our newest and tiniest players will be hitting the ice next month. If you get the opportunity stop and watch a moment of our INITIATION teams. Check out the new ice dividers, cheer them on and remember what it’s all about! Thanks again to Ernie Overeem for initiating and to our divider sponsor

