

SHOT CLOCK CLINIC

DEFINITIONS:

Control – Control of the ring is gained when:

- a. A skater places the stick in the ring, propels the ring with the stick, or bats or kicks the ring.
- b. A goalkeeper, within the goal crease, prevents the ring from entering the net and the ring comes to rest inside or contacting the crease.
- c. A goalkeeper, while NOT in the crease, prevents the ring from entering the net and the ring comes to rest inside or contacting the crease.
- d. The ring comes to rest inside or contacting the goal crease.

Possession – The team that last contacted the ring is the one in **possession** of the ring. Possession is not the same as control.

Deflections

- a. A ring is deflected **BY** a player when any part of the body or equipment is **intentionally** placed in a stationary position to redirect the ring (CONTROL).
- b. A ring is deflected **OFF** a player when the ring is **unintentionally** redirected by any part of the body or equipment whether the player is in motion or not (NO CONTROL).

SETS AND RESETS

- a. The shot clock is reset every time there is a change in **CONTROL** of the ring. This can happen both in play and at stoppages if the ring is awarded to the team not previously in control of the ring.
- b. The shot clock is reset every time there is a shot on goal if:
 - i. The ring contacts the goal post or the cross bar.
 - ii. The ring hits the goalkeeper while she is in the crease.
 - iii. The ring hits the goalkeeper while she is not in the crease if she prevents the coring of a goal.
- c. The shot clock is reset immediately every time there is a delayed penalty called and then thereafter during the delay in accordance with the rules above.
- d. The shot clock is **NOT** reset again once a reset results in there being more time on the game clock than on the shot clock (i.e.: inside 30 seconds of the end of a period or overtime).
- e. If the shot clock is reset in error, play continues and no correction is made.
- f. If the shot clock is not reset when it should be the on-ice officials will determine the resolution of the situation depending on the circumstances.

PRACTICAL ISSUES

- a. Don't reset the clock immediately on a whistle since there is no change in control if the team in control before the whistle has control at the start of play because of being awarded a free pass or goalkeeper ring
- b. If there is a scrum for the ring and no whistle wait until the ring comes free before deciding whether there has been a change in control.
- c. If you are not sure whether there has been a change in control look to the on-ice officials for a signal to reset – no signal, no reset.
- d. The decision of the on-ice official is final on all calls to reset whether you agree or not.

e. Think- Black, black, black, Red (reset), red, red, red, Black (reset), black.....