

ATHLETIC EDGE TRAINING CORP

SUMMER CAMP - Fort McMurray, AB

August 21 – 25, 2017

Looking to gain the “EDGE” before the season starts...This is the camp for you!

Camp consists of **10 Hours of on-ice & 5 hours of off-ice** instruction.

A.E.T. Camp will cover many aspects of hockey: Stick-handling, Contact/Checking, Agility, Endurance, Powerskating & more!

2011 - 2009

Monday Registration/Expectation Talk 2:45pm, On-ice 3:30pm & 4:45pm & Off-ice 6:30pm

Tuesday Off-ice 11:00am (@Bowmans Mix Martial Arts) & On-ice 1:00pm & 2:15pm

Wednesday On-ice 3:30pm & 4:45pm Off-ice 6:30pm

Thursday Off-ice 11:00am (@Bowmans Mix Martial Arts) & On-ice 1:00pm & 2:15pm

Friday* Off-ice 12:45pm On-ice 3:30pm & 4:45pm

*Inc. a Family BBQ/ Street Hockey Game

2008 - 2004

Monday Registration/Expectation Talk 10:45 (@Bowmans Mixed Martial Arts) Off-ice 11:00am (@Bowmans Mix Martial Arts) & On-ice 1:00pm & 2:15pm

Tuesday On-ice 3:30pm & 4:45pm Off-ice 6:30pm

Wednesday Off-ice 11:00am (@Bowmans Mix Martial Arts) & On-ice 1:00pm & 2:15pm

Thursday On-ice 3:30pm & 4:45pm Off-ice 6:30pm

Friday* On-ice 9:00am & 10:15am & Off-ice 12:00pm

* Inc. a Family BBQ/Street Hockey Game

Guest Coaches:
PATRICK MARTENS
DONNIE CHURCHILL
College Players

Space is limited
Small Coach to Player Ratio
All On-ice Sessions @MacIsland

Registration deadline July 15, 2017

To register please complete our **Registration Form**

Once registration is completed you will receive an email that will outline items needed, daily activities, BBQ order form etc.

778.227.7018 | powersk8ting@gmail.com | www.athleticedge-training.com