



# HOW TO ENGAGE, NOT DEAL WITH, PARENTS



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[www.ChangingTheGameProject.com](http://www.ChangingTheGameProject.com)

# Q1. INTRODUCTIONS - THE COACHING TEAM

## WHAT ARE YOUR BACKGROUNDS/EXPERIENCE?



## Q2. COACH TASK: WHY DO YOU COACH?



### Q3. COACH TASK: WHAT IS YOUR LEADERSHIP STYLE?

## The Six Leadership Styles (Goleman)

	<b>Commanding</b>	<b>Visionary</b>	<b>Affiliative</b>	<b>Democratic</b>	<b>Pacesetting</b>	<b>Coaching</b>
The leader's modus operandi	Demands immediate compliance	Mobilizes people toward a vision	Creates harmony and builds emotional bonds	Forges consensus through participation	Sets high standards for performance	Develops people for the future
The style in a phrase	"Do what I tell you."	"Come with me."	"People come first."	"What do you think?"	"Do as I do, now"	"Try this."
Underlying emotional intelligence competencies	Drive to achieve, initiative, self-control	Self-confidence, empathy, change catalyst	Empathy, building relationships, communication	Collaboration, team leadership, communication	Conscientiousness, drive to achieve, initiative	Developing others, empathy, self-awareness
When the style works best	In a crisis, to kick start a turnaround, or with problem employees	When changes require a new vision, or when a clear direction is needed	To heal rifts in a team or to motivate people during stressful circumstances	To build buy-in or consensus, or to get input from valuable employees	To get quick results from a highly motivated and competent team	To help an employee improve performance or develop long-term strengths
Overall impact on climate	Negative	Most strongly positive	Positive	Positive	Negative	Positive



## A3. COACH TASK: WHAT IS YOUR LEADERSHIP STYLE?

- COMMANDING – DO WHAT I TELL YOU
- VISIONARY – COME WITH ME
- AFFILIATION – PEOPLE COME FIRST (RELATIONSHIP BASED)
- DEMOCRATIC – WHAT DO YOU THINK
- PACESETTING – DO AS I DO ... NOW
- COACHING – TRY THIS

## Q4. COACH TASK:

### WHAT ARE YOUR CORE VALUES?

- RESPECT – DETERMINATION - HELPFUL
- COMMITMENT – FUN - FORGIVENESS
- SELFLESSNESS – NICE – 100% EFFORT
- CHEMISTRY – FRIENDSHIP - COMMUNICATION
- SPORTSMANSHIP – HUMILITY - HONEST
- SAFE TO FAIL – NO FEAR – TRUST
- RESILIENT - SAFETY



BURNSVIEW




SECONDARY

Sr. Rugby - 2017

TEAM VALUES

These are the core values of our 2017 team

- |                                  |                   |
|----------------------------------|-------------------|
| 1. RESPECT                       | 11. FRIENDSHIP    |
| 2. Determination (Never give up) | 12. COMMUNICATION |
| 3. Helpful/PRASE                 | 13. SPORTSMANSHIP |
| 4. Commitment                    | 14. HUMILITY      |
| 5. Make it fun                   | 15. HONEST        |
| 6. Forgiveness                   | 16. SAFE TO FAIL  |
| 7. Selflessness                  | 17. NO FEAR       |
| 8. NICE                          | 18. Trust         |
| 9. 100% EFFORT                   | 19. Resilient     |
| 10. CHEMISTRY                    | 20. SAFETY        |



  
 John Jones - Coach  
 Liam Mulcahy  
 Ben Slingsby  
 Matthew Mullen  
 An  
 O'hagan  
 Vinger  
 K. Macleod

## Q5. WHAT IS YOUR COACHING PHILOSOPHY?

- PURPOSE – WHY DO YOU COACH
- LEADERSHIP STYLE
- VALUES

### EXAMPLE:

“I EXPECT ALL PLAYERS TO BE HIGHLY MOTIVATED AND WORK HARD IN PRACTICES AND GAMES (PURPOSE). I WILL EMPOWER THEM ALL TO PROVIDE INPUT (DEMOCRATIC LEADERSHIP) AND EXPECT ALL OUR PLAYERS TO ADHERE TO (OUR) CORE (VALUES) OF RESPECT, SPORTSMANSHIP ETC.”

**ALSO DISCUSS PHILOSOPHY ON PLAYING TIME**

## Q6. WHAT ARE YOUR EXPECTATIONS?





# COACH EXPECTATIONS

- ARRIVAL TIMES TO GAMES / PRACTICES
- PLAYERS ADHERE TO FAIR PLAY CONTRACT
- PARENTS ADHERE TO FAIR PLAY CONTRACT
- CODE OF CONDUCT (DISCIPLINE, RULES ETC)
- ZERO TOLERANCE FOR HARASSMENT
- DRESSING ROOM – NO SMARTPHONES
- RIDE HOME – I LOVED WATCHING YOU PLAY
- 24 HOUR RULE / NO EMAILS
- COMMUNICATION PREFERENCES
- PLAYING TIME / LINES / POSITIONS
- DISCIPLINE FOR MISSING PRACTICES
- DRESS CODE
- RESPECT COACHES, PLAYERS, OFFICIALS
- **PLEASE - LET THE COACHES COACH**

## Q7. WHAT IS THE SEASON PLAN?

*FAILING TO PLAN*  
**=**  
*PLANNING TO FAIL*

# GOALS FOR THIS SEASON?



- **COACH TEAM GOALS AND OBJECTIVES**
- **COACH PLAYER GOALS**
- **PLAYER GOALS AND OBJECTIVES**
- **PARENT GOALS AND OBJECTIVES**

# THE SEASON PLAN ALSO INCLUDES:



- PRACTICE DAYS/TIMES
- GAME DAYS/TIMES
- TOURNAMENT(S) DATES
- DEVELOPMENT FOCUS
- LTAD (AGE APPROPRIATE)
- PRACTICE PLANNING – SAFE TO FAIL
- FINANCE (BUDGET) \$\$\$
- SEASON START/END
- MEETINGS (TEAM, PARENTS, PLAYERS)
- COACH EDUCATION
- PARENT EDUCATION



## Q8. WHAT IS IT GOING TO COST? (FINANCE/BUDGET)



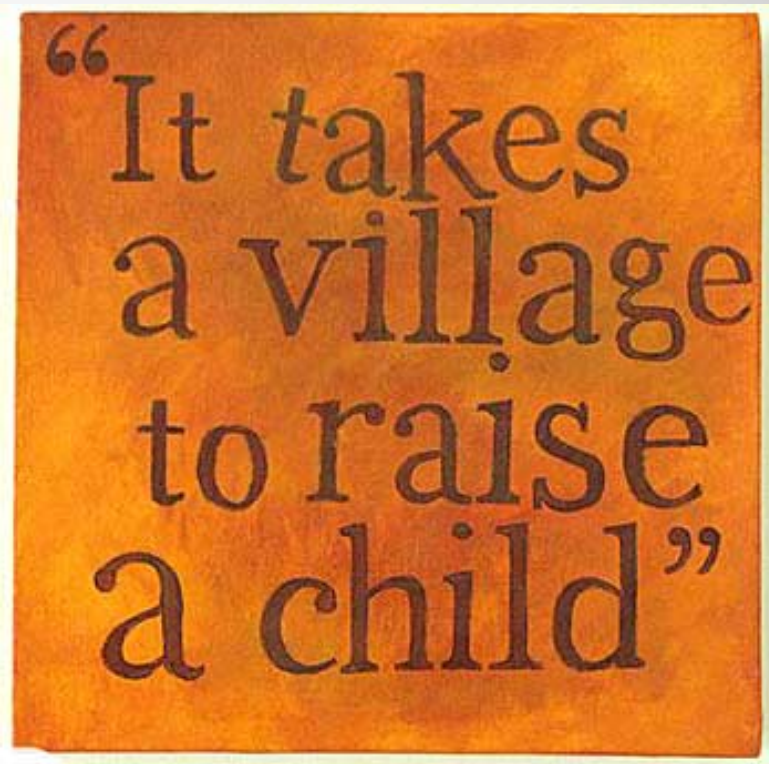
## Q9. WHAT HELP DO YOU NEED FROM US?

# VOLUNTEER



# THE VOLUNTEERS NEEDED

- MANAGER
- TREASURER
- SNACK COORDINATOR (ALLERGIES)
- WEBSITE/SOCIAL MEDIA COORDINATOR
- PHOTOGRAPHER/VIDEOGRAPHER
- FUNDRAISING COORDINATOR
- TEAM PARENT (WINDUP PARTY)
- TOURNAMENT COORDINATOR
- TRAINER/FIRST AID/SAFETY PERSON
- OTHER COACHES
- SCOREKEEPER/TIMEKEEPERS
- JERSEY KEEPER(S)
- OTHERS?



## **Q10. WHAT FORMS DO WE NEED TO FILL OUT ?**

- **CONTACT INFORMATION – PRIMARY AND SECONDARY EMAIL, CELL PHONE(S)**
- **FAIR PLAY CONTRACTS – PLAYER, PARENT, TEAM OFFICIALS**
- **MEDICAL SHEETS**
- **WAIVER FORMS**
- **PLAYER AND PARENT GOAL SETTING WORKSHEETS (FOLLOW-UP MEETING)**



# SAMPLE PAPERWORK NEEDED



## NAME OF ASSOCIATION \_\_\_\_\_

### PARENT - CONTRACT

It is the intention of this CONTRACT to promote fair play and respect for all participants within the Association. All parents must sign this pledge before being allowed to participate in hockey and must continue to observe the principles of Fair Play.

### FAIR PLAY CODE

I will not force my child to participate in hockey.

I will remember that my child plays hockey for his or her enjoyment, not mine.

I will encourage my child to play by the rules and to resolve conflict without resorting to hostility or violence.

I will teach my child that doing one's best is as important as winning so that my child will never feel defeated by the outcome of the game.

I will make my child feel like a winner every time by offering praise for competing fairly and hard.

I will never ridicule or yell at my child for making a mistake or losing a game.

I will remember that children learn by example. I will applaud good plays and performances by both my child's team and their opponents.

I will never question the official's judgment or honesty in public. I recognize officials are being developed in the same manner as players.

I will support all efforts to remove verbal and physical abuse from children's hockey games.

I will respect and show appreciation for the volunteers who give their time to hockey for my child.

I agree to abide by the principles of the FAIR PLAY CODE as set by Hockey Canada and supported by the Association.

I also agree to abide by the rules, regulations and decisions as set for the \_\_\_\_\_ Association.

PRINT

NAME \_\_\_\_\_

DATE \_\_\_\_\_

## PLAYER MEDICAL INFORMATION SHEET

Name: \_\_\_\_\_

Date of birth: Day \_\_\_\_\_ Month \_\_\_\_\_ Year \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Telephone: \_\_\_\_\_

Provincial Health Number: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Business Telephone Numbers: Mother \_\_\_\_\_ Father \_\_\_\_\_

Person to contact in case of accident or emergency, if parents are not available.

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Dentist's Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Please circle the appropriate response below pertaining to your child

- |     |    |  |
|-----|----|--|
| Yes | No | Previous history of concussions                              |
| Yes | No | Fainting episodes during exercise                            |
| Yes | No | Epileptic  |
| Yes | No | Wears glasses  |
| Yes | No | Are lenses shatterproof?                                     |
| Yes | No | Wears contact lenses   |
| Yes | No | Wears dental appliance                                       |
| Yes | No | Hearing problem  |
| Yes | No | Asthma   |
| Yes | No | Trouble breathing during exercise                            |
| Yes | No | Heart Condition  |
| Yes | No | Diabetic   |
| Yes | No | Has had an illness lasting more than a week in the past year |
| Yes | No | Medication   |
| Yes | No | Allergies  |

# WHAT PARENT RESOURCES DO YOU RECOMMEND?



Enjoy your  
child's sport

It's more than winning  
and losing

#sportsparents

ACTIVE FOR LIFE®

# ANGRY FOOTBALL DAD



# PARENT RESOURCES (SAMPLE VIDEO)





# WHY DO KIDS PLAY?

## MORE FUN

1. TRYING YOUR BEST
2. WHEN COACH TREATS PLAYER WITH RESPECT
3. GETTING PLAYING TIME
4. PLAYING WELL TOGETHER AS A TEAM
5. GETTING ALONG WITH YOUR TEAMMATES
6. EXERCISING AND BEING ACTIVE

## LESS FUN

48. WINNING
63. PLAYING IN TOURNAMENTS
66. PRACTICING WITH SPECIALTY TRAINERS AND COACHES
67. EARNING MEDALS OR TROPHIES
73. TRAVELING TO NEW PLACES TO PLAY
81. GETTING PICTURES TAKEN

*Much less of a priority than simply having a chance to play.*

# RESPECT THE OFFICIALS



# PARENT ONLINE RESOURCES (WEBSITES, SOCIAL MEDIA)



Don't Be A Kid's Last Coach



WWPIS

WORKING WITH

PARENTS  
IN SPORT



CANADIAN  
SPORT FOR LIFE

ACTIVE **FOR** LIFE



for the **LOVE** of the  
**GAME**



GET MORE FROM **SPORT**

# GROWTH MINDSET



## ★ JOB ONE - GROWTH MINDSET

ATHLETES + COACHES

- BE EXAMPLES
- FOSTER IN GYM?
- MISTAKES... UGLY...

## ★ SCIENCE OF MOTOR LEARNING

- TRANSFER .. MAXIMIZE

## ★ READING - MOST IMPORTANT SKILL

- TEACHING / PROMOTING

## ★ WELL-ROUNDED PLAYERS

- ALL SKILLS
- WE OWE IT TO THEM, THEY DESERVE IT

## ★ JUST GOOD, NOT GREAT

- WHAT DOES THAT LOOK LIKE?  
(PASS, SET, ...)

# THE 5 MOST IMPORTANT WORDS FOR PARENTS...



**I LOVE WATCHING  
YOU PLAY!**



# PARENT MEETING AGENDA - RECAP



## HAVE THE ANSWERS TO:

- WHAT IS YOUR BACKGROUND/EXPERIENCE?
- WHY DO YOU COACH?
- WHAT IS YOUR PHILOSOPHY?
- WHAT ARE YOUR EXPECTATIONS?
- WHAT IS THE SEASON PLAN?
- WHAT IS IT GOING TO COST? (TIME/\$\$)
- WHAT HELP DO YOU NEED FROM US (VOLUNTEERS)?
- WHAT FORMS DO WE NEED TO FILL OUT?
- WHAT PARENT RESOURCES DO YOU RECOMMEND?
- Q&A?

## **OTHER MEETINGS**

- **IN DEPTH FINANCE MEETING FOR BUDGET SIGN OFF**
- **TEAM MEETINGS (PLAYERS / COACHES)**
- **INDIVIDUAL PLAYER MEETINGS**
- **TEAM MEETINGS (PLAYERS / COACHES / PARENTS)**
- **WEATHER THE STORM MEETINGS (DISCIPLINE)**
- **PLANNING MEETINGS – TOURNAMENTS, FUNDRAISING**
- **EXIT MEETINGS (END OF SEASON)**
- **TEAM DINNERS, WINDUPS**



# KEY TAKEAWAYS



- ANTICIPATE THE QUESTIONS, HAVE THE ANSWERS
- HAVE A WRITTEN PHILOSOPHY
- TALK THE TALK AND WALK THE WALK
- COMMUNICATE WITH PLAYERS AND PARENTS
- BE FAIR AND CONSISTENT
- ENGAGE, DON'T DEAL WITH, PARENTS

# NAMASTÉ

## "I Bow to You"

*Nadali symbol of Connection from the Heart with Gratitude and Respect.*

*We are all one when we live, play, work from the Heart.*

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