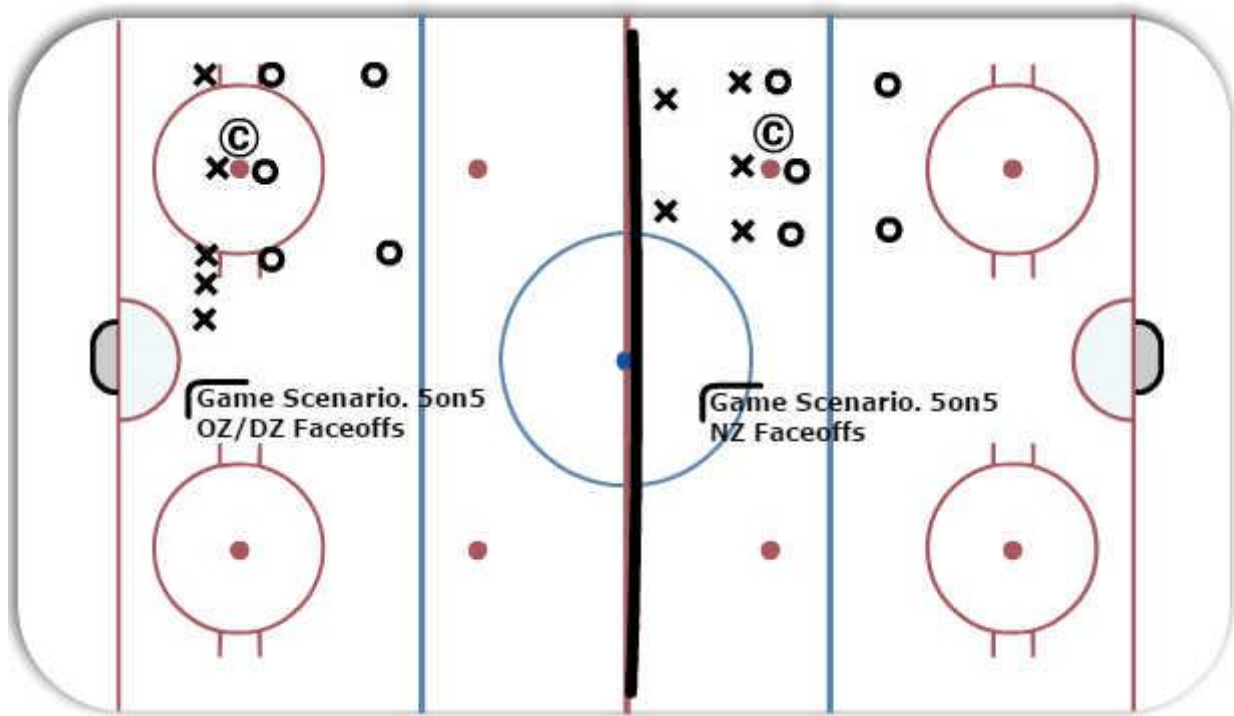


Novice Offside drill2



Description

Faceoffs can be used to teach a multitude of sequences. In the NZ allow the offensive team to win and attack. If they go offside blow the whistle and yell "offside". When there is an offside make the offensive team have to switch to defense and the defensive team gets to go on offense. Pretty soon you will see kids get frustrated and not want to go offside because they don't want to play defense.

From OZ face offs, Let them play it out. If the puck goes past the blue line and into the NZ the offensive team will be forced to tag up in the NZ before attacking onside. If they go offside then blow the whistle and yell "offside". Then again make the offensive team have to switch to defense and the defensive team gets to go on offense.

Key Points: Faceoffs, Offsides