



S4 SKILL Development

SKATING | SHOOTING | SCORING | STICK HANDLING

SERDACHNY HOCKEY SUPER SKILLS

CHRISTMAS CAMP

Sunday December 16th, 2018 – Millwoods Arena A

By: Serdachny Power Skating & Hockey

Group	Birth Year	Time
Session 1	2010/2011	8:45 AM to 9:45am
Session 2	2009	10:00am to 11:00am
Session 3	2007/2008	11:15am to 12:15pm
Session 4	2006/2005/2004	12:30pm to 1:30pm

S4 SKILLS

This program & initiative is provided free of charge to all players & coaches. This program was created and developed by Steve Serdachny founder of the Stollery Family Day classic and the SE Blades Skating club. It is made possible by the generous support of the Stollery Family Day Classic tournament. This special Hockey Edmonton event is dedicated to promoting active, healthy kids who care and play the greatest game in the world. It supports the world class Stollery Childrens hospital and promotes kids staying active through the game of hockey. Special thanks to our partners that help make this happen. ATB Financial, Murray's Trucking, B-Wright, Dolce Vita homes, D'Amores Mercato, South Edmonton Blades Skating Club, Hockey Edmonton, Serdachny Powerskating & Hockey. S4 Skills is the ultimate program for players wanting to elevate their game and skills! This specialized program has been specifically developed for our players to learn and develop skills for success. S4 Skills is specifically designed to give serious players the competitive edge they need for ultimate skating and hockey performance. Players will train with purpose with the S4 Skills hockey specific skating and skills instruction.

S4 Superskills is the Ultimate program for players wanting to elevate their game and skills! This specialized program has been specifically developed for our players to learn and develop skills for success.



The S4 Skating and skills System™ is specifically designed to give serious players the competitive edge they need for ultimate skating and hockey performance. Players will train with purpose with the S4 hockey specific skating and skills instruction.

S SKATING

S SCORING

S STICKHANDLING

S SHOOTING

S4 SUPERSKILLS

SUPERSKILLS will focus on dynamic hockey skill development. SERDACHNY HOCKEY's professional, certified coaches will be providing this unique and dynamic hockey development program. The program will touch upon all Skating and Elite hockey skills players will need for on ice success. This program teaches and emphasizes proper technique, form, speed and skill as they apply to the game of hockey. All camps will provide and implement a positive and productive learning environment for the students to gain maximum benefits.

Too many times skills are taught by demonstrating the end result. When students fall short of achieving them they do not know why. There are basic building blocks to learning all skills. With better understanding and a clear knowledgeable instruction, they are able to accelerate their learning and develop their skills to a new plateau

Serdachny Hockey is player centered for maximum learning potential. The system will demonstrate excellent technique but will not stop there. It teaches students of all skill levels to break down their stick handling and puck skills into crucial components. The students are shown how to strengthen weak areas, so they can continue to grow and develop their skills and move onto more advanced abilities. The overall program has been designed to stretch and develop the ability of the player. This is a program for serious hockey players and is not a learn to skate program.

All sessions will be high tempo but allow each player to be challenged and develop at their own individual pace. The program will not only improve the student's skills but equip them with the tools for MAXIMUM PERFORMANCE ON ICE.

SPACE LIMITED/ALL APPLICANTS WILL BE SCREENED FOR ELIGIBILITY/PARTICIPANTS MUST HAVE BASIC SKILLS IN PLACE, THIS IS NOT A LEARN TO SKATE PROGRAM!