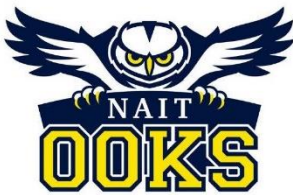

HOCKEY EDMONTON – 2017 HIGH PERFORMANCE PEEWEE DEVELOPMENT CAMP

Hockey Edmonton has never hosted a Player Development event of this calibre, until now. Elite Pee wee players will have the opportunity to interact with world class coaches and trainers from Alberta’s finest hockey and training programs.

In conjunction with the 2017 Hockey Alberta Pee wee AA Provincials being held in Edmonton, Hockey Edmonton has developed the High-Performance Pee wee Development Camp. This 1-day development camp is an opportunity strictly for competitive (Pee wee AA-Tier 2 only) Pee wee aged (2004-2005) athletes. Athletes from outside of Hockey Edmonton are also welcome to register for the program. Only 28 skaters and 4 goalie spots are available for registration, per session.

This 1-day development camp is an opportunity strictly for **competitive (Pee wee AA-Tier 2 only) Pee wee aged (2004-2005) athletes**. Athletes from outside of Hockey Edmonton are also welcome to register for the program. This 1-day camp is an opportunity for athletes to refine skills before regional camps and to also kick off the elite spring hockey season. This is an excellent opportunity for Pee wee players to interact with former NHL players, world class coaches, and trainers from the NAIT Ooks, MacEwan Griffins, Hockey Canada, Hockey Alberta, Hockey Edmonton, Quantum Speed, Ian Gordon Goaltending, AJHL, Vimy, and Body by Bennett

Featuring coaches and trainers from:



\$200/athlete

[Please click here for registration and program information.](#)

High Performance Peewee Development Camp		
Friday, March 31 (Session 1)	8:30am - 5:00pm	The Meadows West Arena
Friday, March 31 (Session 2)	11:00am - 7:30pm	The Meadows West Arena
Saturday, April 1 (Session 3)	8:30am - 5:00pm	The Meadows West Arena
Saturday, April 1 (Session 4)	11:00am - 7:30pm	The Meadows West Arena

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High Performance Peewee Development Camp components
1-hour on-ice "Agility and Acceleration Skating" (Quantum Speed), "Goalie skills" (Ian Gordon)
1-hour on-ice "Excelling through Small Area Games" (Shawn Belle, former NHL player and NAIT Ooks Coach)
1-hour on-ice "Developing Elite team and individual tactics" (Bram Stephen, MacEwan Griffins Coach)
1-hour on-ice "Developing optimal Technical Skills" (Nathan Dempsey, former NHL player and VIMY Campus Director)
1-hour off-ice "Developing Elite Off-ice habits" - proper warm-up, cool-down, nutrition, hydration, rest and recovery - (Simon Bennett, Edmonton Oilers Director of High Performance)
1-hour seminar Lunch and Learn - "High Performance Player Development Seminar - What does it take to make it to the next level?" (Fran Gow, Hockey Alberta Coach Mentor, AJHL Vice President, Hockey Operations)
A healthy lunch will be provided for all athletes (<i>if an athlete has an allergy or dietary restriction, please notify Hockey Edmonton in advance of camp</i>)
Snacks and drinks will be provided for all athletes
Hockey Edmonton official practice jersey will be provided to each athlete

- There are 28 skaters and 4 goalie spots available for registration, per session.
- Athletes will be challenged and expected to provide an extremely high-level of effort and focus.
- Upon session check-in, all athletes will be given a technical package, which will include practice plans, skill guides, off-ice training and nutrition documents, and a copy of the player development seminar.
- Players will be expected to bring full hockey equipment, a refillable water bottle, off-ice training clothes and shoes, and a pen and paper.