

Hockey Regina Inc
Board of Directors Meeting
Minutes
Tuesday June 19, 2018

Attendance:

Brad Hunt (Chair), Mark Burton, Rick Hagglund, Rachielle Thackeray, Cory Shaw, Scott Tresek, Todd Taylor, Geoff Thachuk, Blair Watson (Staff)

Regrets: Ross Johns, Larry Wees, Trevor Mitchell, Joanne Merk, Christie Bjolverud

1. Call to order

Brad called the meeting to order at 7:00PM.

2. Minutes

MOTION: To approve May 29 minutes. Moved Mark, Seconded Geoff. CARRIED

3. Associate Review Committee (Appendix A)

- The Associate review committee met with all the Associates last week
- Blair went through each Associate and the committee recommendation

MOTION: To accept the recommendation as presented by the committee. Moved Scott, Seconded Geoff CARRIED

4. Western Cities Meeting (Appendix B)

- Blair and Scott attended the Western Cities Minor Hockey meetings in Edmonton
- Novice program
 - Edmonton and Calgary are adopting the half-ice Novice program for the 2018/19 season. The roster sizes will be 18 players
 - Blair indicated that Regina and Saskatoon will be discussing the Novice program for the 2019/20 season so that both associations are operating the same. This will include all the Associates that play within each league
- Non-body checking (NBC)
 - Last year Edmonton and Calgary moved to NBC in the lower divisions of Bantam
 - They indicated that about 50% of their players played NBC. Regina and Saskatoon would be discussing moving Bantam B to NBC in both centres

5. SFHL and SAAHL meetings

- The new leagues had their initial meetings on June 16
- Blair attended the SAAHL meeting and Tammy H. attended the SFHL
- Highlights (Appendix C)

6. Coaching

- The AA coaches have been approved already
- For the other divisions and tiers, the directors will go through the applicants and forward to the entire Board the coaches that they will be wanting to short-list. This will be done via e-mail

7. Residency concerns

- There have been a number of players from the bed room communities that are moving/renting places in Regina
- The office is collecting various documents that support their move
- The office would like another “set of eyes” to look at these players
- General discussion on the validity of forming a new committee. It was felt that the Executive would be the perfect fit for this.

MOTION: To have the Executive Committee, recommend/deny registrations received from players moving into Regina from the bed room communities.

8. Next Meeting

August

7:00PM @ HRI

Associate Review Committee

Criteria to use in picking teams (adopted in 2013/14)

Novice

- Limit Associates to Lumsden and Prairie Storm, with no games in Bethune or Balgonie
 - Novice only plays exhibition games
 - No need for our Novice teams to travel
 - No need for Associates outside of the 2 bedroom organizations to be in Novice
 - Associates can set-up games/tournaments with Regina teams without paying the Associate fee.

Atom

- **(New for 2016) Limit admittance to Associates with a tiering process similar to Regina. IE, AA, A, etc. (Lumsden, Moose Jaw and Prairie Storm)**
 - Continue to limit the radius to 80KM.
 - The only exception is Grand Coulee/Pense.

Pee Wee

- Limit admittance to Associates with a tiering process similar to Regina. IE, AA, A, etc. (Lumsden, Moose Jaw and Prairie Storm)
 - This will level the playing field at AA + A
 - Continue to limit the radius to 80KM.
 - The only exception is Grand Coulee/Pense

Bantam + Midget

- No changes to the current Associates.
 - Currently our Bantam and Midget AA teams are traveling greater distance. EG. Bantam travels province wide, Midget travels Southern Sask.
 - Most "star" rural players would be playing AAA or AA
 - The A teams will be traveling less than the AA teams.
- No additional Associates to play in HRI.
 - Any Associates that are wishing to join will currently be playing in a league now. So they will have a place to play

Southey

- Novice: 1 team
- Atom: B - 1 team
- Pee Wee: A – 1 team
- Bantam : A – 1 team
- **Recommend to accept Bantam**
- **Decline Novice, Atom, Pee Wee**

Indian Head

- Bantam: A - 1 team, good numbers
- Midget: A - 1 team, ok numbers
- **Recommend for acceptance**

Cupar

- Midget : A – 1 team, 13-16 skaters, 1-2 goalies
- **Recommend to accept**

Notre Dame

- Midget A – 2 teams (maybe 3 teams depending on numbers)
- **Recommend for acceptance**

Weyburn

- Bantam: A – 1 team, Looking at
- **Recommend to accept Bantam one A.**

Grand Coulee/Pense

- Atom: B – 1 team
- PW: B – 1 team
- 1 overage player in Pee Wee
- **Recommend for acceptance**

Prairie Storm

- Novice (77 players, 6-7 teams): A – 2 teams, B - 2/3 teams, C – 2 teams
- Atom (93 players, 14 goalies, 7 teams): A – 2 teams, B - 3 teams, C – 2 teams
- Pee Wee (79 players, 8 goalies, 6 teams): AA – 1 team, A – 2 teams, B – 2 teams, C – 1 team
- Bantam: A – 2 team, B – 1 teams
- Midget: A – 1 team, B – 1 team
- Bantam/Midget Rec: Maybe a team.
- **Recommend for acceptance with following conditions:**
 - **No imports**
 - **Pee Wee AA must have 15 skaters**
 - **Roster size is same for all tiers in a division**
 - **If enough goalies in a division, the higher tier team must carry 2**

Lumsden

- Novice(5 teams): A – 1 team, B - 2 teams, C – 2 teams (maybe a female team)
- Atom (52 skaters, 4 goalies, 4 teams): A – 1 team, B – 2 teams, C – 1 team
- Pee Wee (45 skaters, 1 goalie, 3-4 teams,): AA, A, B, C; allow imports for AA, If drop a team, drop B
- Bantam(2 teams): 1 team at A + B
- Midget (1 team): 1 team at B. If only one team place at B
- **Recommend for acceptance with following conditions:**
 - **Pee Wee AA must have 15 skaters**
 - **If enough goalies in a division, the higher tier team must carry 2**

Moose Jaw

- Atom: A - 1 team, maybe 2 teams
- Pee Wee: A - 1 team
- Bantam: A - 1 team
- Midget: A - 1 team
- **Recommend for acceptance**



SASKATOON MINOR HOCKEY ASSOCIATION

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WWW.SMHA.SK.CA
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SASKATOON MINOR HOCKEY – 2017-18

Registration:

- 3756 players; similar to previous season
- 256 teams – 1 less than previous season
- 312 total teams in SMHA leagues (1 more than previous season)

Improvements / Changes Implemented:

- Creation of 4th level in Novice, Atom and Peewee divisions
- Use of Hockey Canada Foundation Gala proceeds to pay for two sledge hockey-ready arenas in new Merlis Belsher Place twin arena at University of Saskatchewan;
- Change to volunteer board set up for governance of male Midget AAA programs – from private operator;
- Creation of Goaltending Development Chairperson position with view towards full city wide evaluation process for goalies;
- Internal discipline procedures to engage coaches in on-ice safety and discipline;
- Introduced a Novice D league this past season that operated like the new Hockey Canada Novice program will look like in 19-20. Dog lips at first but positive at the conclusion (as usual);
- Introduction of separate manager meetings from coaches meetings;
- Assisted SHA with implementation of new AA Provincial league and new province-wide female league;
- Enhanced Parent Code of Conduct;

Current and Impending Challenges:

- Have had first serious inquiries for Sports School programs to join CSSHL – no formal applications yet but expect at least 2-3 by late summer. Any advice on the most important questions to ask applicants and for red flags to watch for would be appreciated;
- Cost of ice time continues to be an ongoing issue that will obviously not be going away; Average hourly ice rental rate in Saskatoon will be \$284+ GST for 2018-19.

Opportunities:

- New Merlis Belsher Place twin arena will open October 1st, infusing approximately 1200 hours of ice into SMHA;
- We are moving our Midget AAA Contacts and Midget AAA Female Stars into this facility to play out of; Both in subpar arenas currently;
- Additional ice will allow some flexibility to look at some grow the game initiatives that we have been too tight on ice to look at.
- New facility will give Saskatoon a venue for hosting major minor hockey events that we have been lacking;
- Enhancing coach mentorship program to include goaltending assistance and mentors strictly for female hockey;

Provincial Branch:

- Have not added any additional clinic requirements for coaches / team officials for a couple of years; keep flip flopping on whether a Novice Coach can coach Novice with Coach 1 (Intro). Back to they cannot again for 2018-19;
- Major change to provincial AA hockey (we do not have AAA hockey except for Midget AAA). One provincial league now in place vs. various regional and provincial leagues in the past. Should be a positive step;
- Major change to provincial female hockey to now have a provincial female program versus various leagues around the province.
- Moving to age restrictive leagues for 2019-2020; i.e. – no 14 year olds playing in Midget AAA unless exceptional status granted;

Dear Abby – Looking for feedback and advice on:

- Any MHA level only discipline procedures in place on unsportsmanlike conduct, head contact and/or CFB minors;
- Criminal record check policies
- Requirements for on-ice officials to have criminal record checks?
- Goalie movement for team placements when shortages exist;
- Honorariums paid to elite level coaches in Bantam and Midget (outside of Midget AAA)? Range?



Official Safety Sponsor of the SMHA

Hockey Edmonton – 2018-19 NOVICE PROGRAM

Information Bulletin – 2018 AGM Recommendations

Please note the following modifications to the Novice division of play which have been recommended for the 2018-19 season by the Hockey Edmonton Novice Committee (additional modifications will be made for the 2019-20 season):

- **MINOR NOVICE (7 years old - 2011) (Full Half-Ice Implementation Plan)**
 - Full implementation of Hockey Canada/Alberta half-ice program in effect;
 - Half-ice games ONLY;
 - NEW Hockey Canada/Alberta Novice half-ice game regulations;
 - Minor Novice Game Format 4v4 (can be modified if necessary, depending on roster size/game attendance);
 - Equal Play Model;
 - Half-ice/shared-ice practices ONLY;
 - NEW Hockey Edmonton Season Structure and Standards of Play;
 - Seasonal Phases: Preseason/Team Formation Phase, Development Phase, Regular Season Phase);
 - Hockey Edmonton allocation: 16 games and 30 practices (September 29-March 15);
 - 45-55 total practices (maximum) – Hockey Canada/Alberta;
 - 30-40 total games (maximum) – Hockey Canada/Alberta;
 - Consistent event locations, dates, times (*some exceptions*) – Hockey Canada/Alberta;
 - 3 tournaments (maximum) – Hockey Canada/Alberta;
 - No score-keeping (game sheet), no standings – Hockey Canada/Alberta;
 - 1.5-minute shift buzzers during games, No faceoffs;
 - No playoffs, Jamboree/celebration to finish – Hockey Canada/Alberta;
 - No participant medals;
 - Multiple station works practices to develop technical skills and individual tactics;
 - Progressive curriculum must follow the Hockey Canada Skill Development Pyramid;
 - Hockey Edmonton to develop 15 half-ice practice curriculums for coaches;
 - Hockey Canada Network App and Drill Hub available to coaches;
 - Modified tiering system (1-6) – allow flexibility, DOA's must have equally blended teams;
 - Modified team roster sizes (18 minimum, 20 maximum) – one dressing room per team;
 - If you do not field appropriate numbers for a game, your team shall practice on other half-ice side (minor only);
 - No full-time goalies (40% maximum, goalie must also play out);
 - Rotate all players through all positions;
 - Regulation sized nets AND Blue pucks only (practices and games);
 - Blue pucks only (practices and games);
 - 10 to 1 athlete to coach ratio (Coach 1, RIS = All) – *waiting for confirmation from Hockey Alberta.*

- **MAJOR (8 years old - 2010) (Transitional Full-Ice Implementation Plan)**
 - Transitional modified implementation of full-ice program in effect;
 - Full-ice games, rules, same referees, same period lengths;
 - TRADITIONAL Hockey Canada/Alberta Novice full-ice game regulations;
 - Equal Play Model;
 - Half-ice/shared-ice practices ONLY;
 - NEW Hockey Edmonton Season Structure and Standards of Play;
 - Seasonal Phases: Preseason/Team Formation Phase, Development Phase, Regular Season Phase);
 - Hockey Edmonton allocation: 18 games and 26 practices (September 29-March 15);
 - 45-55 total practices (maximum) – Hockey Canada/Alberta;
 - 30-40 total games (maximum) – Hockey Canada/Alberta;
 - Consistent event locations, dates, times (*some exceptions*) – Hockey Canada/Alberta;
 - 3 tournaments (maximum) – Hockey Canada/Alberta;
 - Score keeping remains (game sheet), hidden standings (website backend);
 - Usage of full hour of ice, adjust 5 and 2-minute rule;
 - Tournament playoffs, Jamboree/celebration to finish;
 - Multiple station works practices to develop technical skills and individual tactics;
 - Progressive curriculum must follow the Hockey Canada Skill Development Pyramid;
 - Hockey Edmonton to develop 15 half-ice practice curriculums for coaches;
 - Hockey Canada Network App and Drill Hub available to coaches;
 - Modified tiering system (1-6) – allow flexibility, DOA's must have equally blended teams;
 - Modified team roster sizes (15 minimum, 16 maximum) – one dressing room per team;
 - No full-time goalies (40% maximum, goalie must also play out);
 - Rotate all players through all positions;
 - Regulation sized nets AND Blue pucks only (practices and games);
 - 10 to 1 athlete to coach ratio (Coach 1, RIS = All) – *waiting for confirmation from Hockey Alberta;*
 - Medals for winning teams only.

Half-ice boards logistics:

- City of Edmonton will flood ice every hour;
- City of Edmonton is responsible to guide trolley to and from arena gates – City of Edmonton standards are already in place with TIMBITS boards logistics;
- Referees are not required to assist with setup, moving, or disassembly of boards;
- Extra hard-card positions should be considered to allow parents to assist with boards process;
- First Group: A minimum of two coaches from each team must be available (wearing skates and helmets) to setup boards;
- Subsequent Groups: A minimum of two coaches from each team must be available (wearing skates and helmets) to move boards;
- Last Groups: A minimum of two coaches from each team must be available (wearing skates and helmets) to disassemble boards;

Other notes:

- Absolutely NO player acceleration from Discovery to Timbits, Timbits to Novice, Novice to Atom;
 - Deceleration is acceptable from Major to Minor and Minor to Timbits (for developmental enrichment only);
- If operating areas are unable to field a full appropriate minor/major team size, it is encouraged to amalgamate with other operating areas/districts to create optimal team size and skill groupings;
- The need for improved coach and parent education is essential Hockey Edmonton will investigate developing its own practice curriculums, coach education program, and parent education program for the Novice division of play. This will ensure consistent messaging across the city and efficient and effective use of half-ice/shared-ice practices;
- Further literature and support documents (standards of play/season structure, game regulations, practice regulations, coach training, parent communication, curriculum, etc.) will be distributed and implemented by Hockey Edmonton before the start of the 2018-19 season;
- *In 2019-20 Major Novice will follow same rules as Minor Novice (Full implementation plan).*

Communication Plan:

1. Hockey Edmonton 2018-19 Novice Committee work: March 15-April 15, 2018;
2. Hockey Edmonton Board Meeting: April 11, 2018;
3. Hockey Edmonton Ice Allocation Meeting: April 18, 2018;
4. Hockey Edmonton EFHL Interlock Meeting: April 23, 2018;
5. DOA's Presidents Meeting: April 30, 2018 (*tentative*);
6. Hockey Edmonton AGM: May 9, 2018;
7. Information Bulletin sent to Hockey Edmonton DOA's: May 11, 2018;
8. Information Bulletin sent to Hockey Edmonton membership: May 14, 2018;
9. Hockey Edmonton Novice Program website: May 18, 2018;
10. Hockey Edmonton Novice Pilot/Media Day: Summer 2018;
11. Hockey Edmonton "Northern Cities" Novice Meeting: Summer 2018;
12. Small Area Hockey Event Night: Summer 2018;
13. Novice Director Information Meeting (Hockey Edmonton office): September 2018;
14. Novice Parent Information Meetings (North and South locations): September 2018;
15. Novice Coach Information Meetings (North and South locations): September 2018;
16. Hockey Edmonton Novice Mentorship Program: October 1, 2018 to March 31, 2019.

Thank you to the 2018-19 Novice Program Committee members who volunteered their time to develop this program recommendation: Kevin Humphrys, Myles Diamond, Rob Sharp, Greg Crawford, Dylan Thomas, Matthew Calverley, Jason Strudwick, Steven Avivi, Brian Mulawka, Mike McGinnis, Dean Hengel, Chris March, Dave Linman, Ray Vigneau.



HOCKEY EDMONTON

2018-19 NOVICE PROGRAM

TRANSITION PLAN, SEASON STRUCTURE &
STANDARDS OF PLAY





HOCKEY CANADA LTPD STAGES & HOCKEY EDMONTON PROGRAMMING

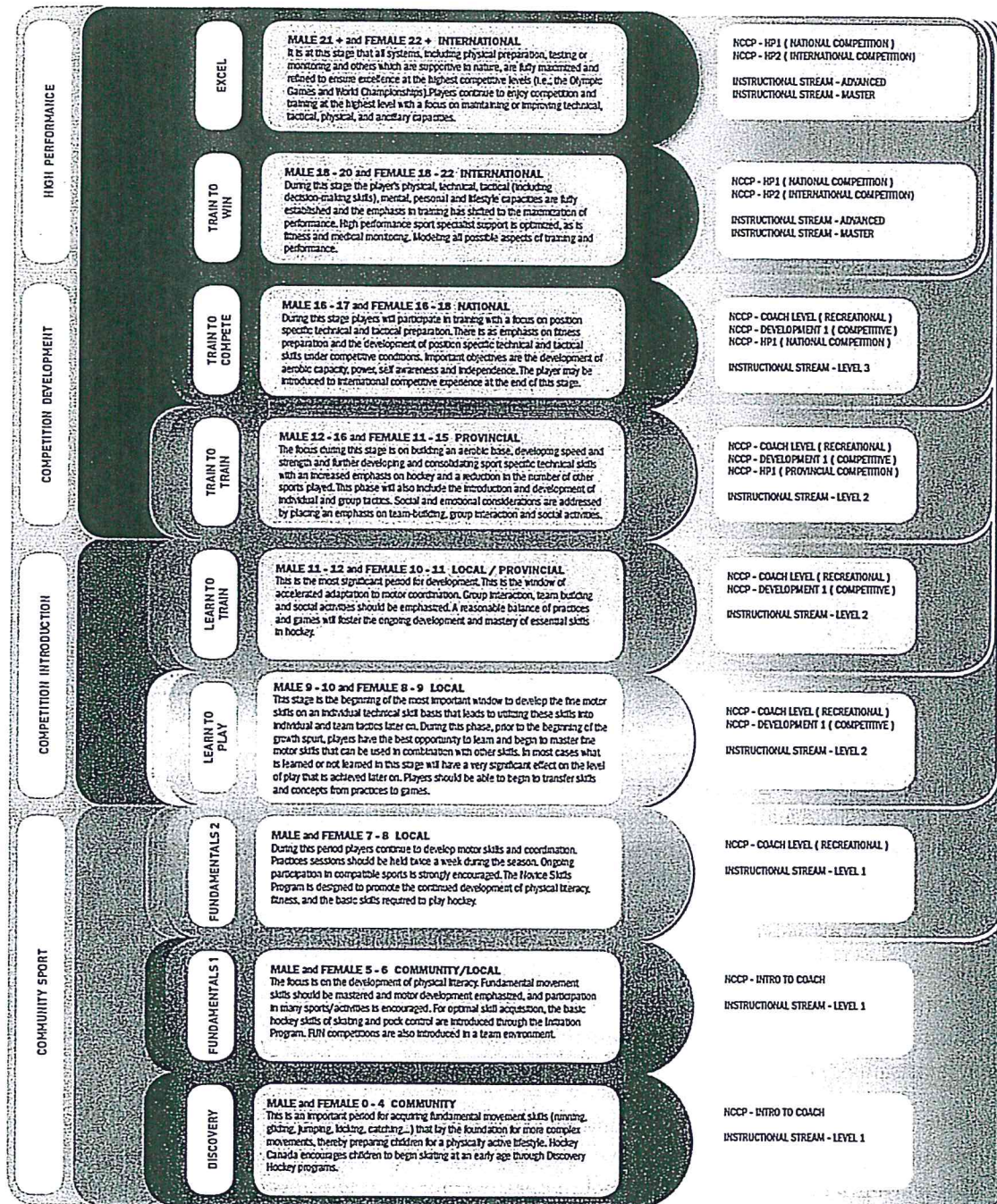
Within the Community Sport Phase of Hockey Canada's Long Term Player Development model, Hockey Edmonton will offer five distinct and progressive programs. These programs can be further subdivided into three Hockey Canada LTPD STAGES: **Discovery**, **Fundamentals 1**, and **Fundamentals 2**. The Hockey Canada Long Term Player Development model is also attached below the Hockey Edmonton Programming chart:

COMMUNITY SPORT PHASE	HOCKEY EDMONTON PROGRAMMING	
	DISCOVERY STAGE	
	<ul style="list-style-type: none">• Hockey Edmonton – Discovery Program (4 years old)• <i>Learn to Skate</i>	
	FUNDAMENTALS 1 STAGE	
	<ul style="list-style-type: none">• Hockey Edmonton – Junior Timbits (5 years old)• <i>Intro to Hockey</i>	
	<ul style="list-style-type: none">• Hockey Edmonton – Senior Timbits (6 years old)• <i>Intro to Cross-ice Hockey</i>	
	FUNDAMENTALS 2 STAGE	
	<ul style="list-style-type: none">• Hockey Edmonton – Minor Novice (7 years old)• <i>Intro to Half-Ice Hockey</i>	
	<ul style="list-style-type: none">• Hockey Edmonton – Major Novice (8 years old)• <i>Full-ice Hockey (modified rules/structure).</i>• <i>Half-Ice Hockey 2019-20 start date</i>	



HOCKEY FOR LIFE, HOCKEY FOR EXCELLENCE

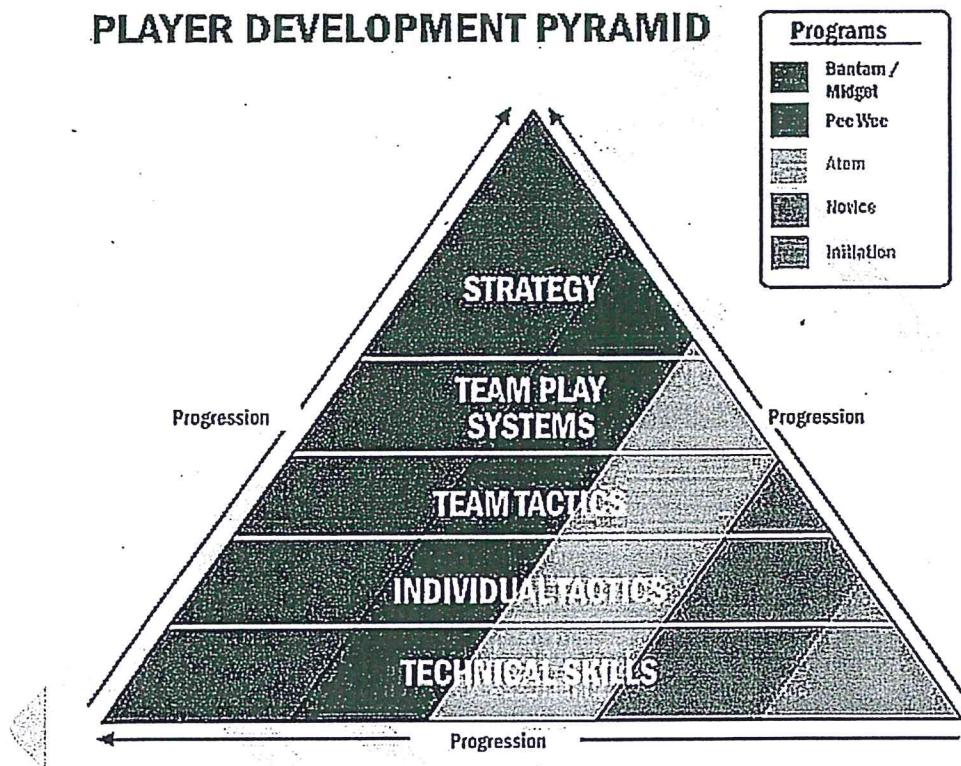
Sport Canada's Long-Term Player Development (LTPD) Resource Paper "Canadian Sport for Life" sets out a framework for sport development in Canada. Hockey Canada's Long-Term Player Development (LTPD) is an nine stage model based on the physical, mental, emotional and cognitive development of children and adolescents. Each stage reflects a different point in developing the player. The first four stages emphasize physical literacy and a broad range of sport experiences. The next five stages focus on development and competitive excellence. The corresponding boxes on the right hand side indicate the appropriate NCCP Coaching programs that are applicable at each stage of LTPD. This ensures that coaches are being educated in accordance with the age and ability of the athletes they are coaching.



HOCKEY CANADA – Skill Development Philosophy

The Hockey Canada Player Development pyramid was created to provide the coach with a comprehensive guideline to help develop a seasonal plan. The natural progression starting at the base of the triangle emphasizes the development of fundamental skills. Fundamental skills are the foundation of each player's success.

PLAYER DEVELOPMENT PYRAMID



As the pyramid is climbed, a greater emphasis is placed on individual tactics; adding the dimension of "hockey sense" to skill development. Once a player has developed the skills of skating and puck handling then the individual tactic of puck control can be learned. The player now understands the "why" of each tactic, i.e. the read and react skills that are being developed.

Moving up the pyramid, players perform drills that will develop team tactics and systems. The bantam and midget levels of hockey emphasize team performance practices. But even at this program level, time spent on team tactics and team play should not exceed 50-60% of the practice. The coach, through practice must continue to develop the fundamental skills and individual tactics of each player which lead into team tactics and systems of team play.

Strategy is the peak of the pyramid. It sets the style of play that will combat the opposition. The coach determines the strategy based upon their own philosophy, the age of the players, and the skill level of the team. As players age and competitive levels increase, game strategies become more complex.



The age and skill level of the team defines the seasonal plan. The Hockey Canada Skills Development Programs are based on progressive steps and follow the appropriate allocation of time illustrated in the pyramid.

TECHNICAL SKILLS

- The fundamental skills that are required to play the game (e.g. skating, shooting, passing and checking).

INDIVIDUAL TACTICS

- Action by one player using one or a combination of technical skills to create an advantage or to take away the advantage of an opponent. A tactic may be classified as offensive or defensive (e.g. 1-on-1 offensive fake and driving to the net).

TEAM TACTICS

- A collective action of two or more players using technical skills and 1 or individual tactics to create an advantage or take away the advantage of an opponent (e.g. 3 vs.2).

TEAM PLAY SYSTEMS

- A pattern of play in which the movement of all players is integrated in a coordinated fashion to accomplish an offensive or defensive objective (e.g. 2-1-2 forechecking system).

STRATEGY

- The selection of team plays systems to impose upon the opposition, the style of play and tactics which will build on the coach's, team's strengths and neutralize those of the opponent while at the same time taking advantage of the opponent's weaknesses. For example: when opponent's defensive players have weak puck handling skills, the strategy might be to shoot the puck in and use a 2-1-2 aggressive forechecking system.

HOCKEY EDMONTON – Athlete Participation Models

Hockey Edmonton recognizes two distinct athlete participation models. These participation models are about an athlete "playing-time" during game situations:

1. **Equal Play Model:** All athletes receive the same amount/situations of playing time, no matter what.
2. **Fair Play Model:** Athletes earn their playing time based upon criteria outlined by team leadership in advance of the season.

HOCKEY CANADA – Stages of Training/Learning

In developing the skills of young athletes there are three stages of training objectives. These three stages correspond with athlete “readiness” to acquire and develop the skill to a higher level. These stages are:

- **INTRODUCE:**

- To bring (something, especially a product, measure, or concept) into use or operation for the first time;
- Presenting athletes with a new element in an artificial or easy and constant, stable, predictable condition;
 - Dominant: comprehension and good execution of the task;
 - Characteristics: performed well under maximum speed;
 - Requirements: require athletes to be rested and concentrated.

- **DEVELOP:**

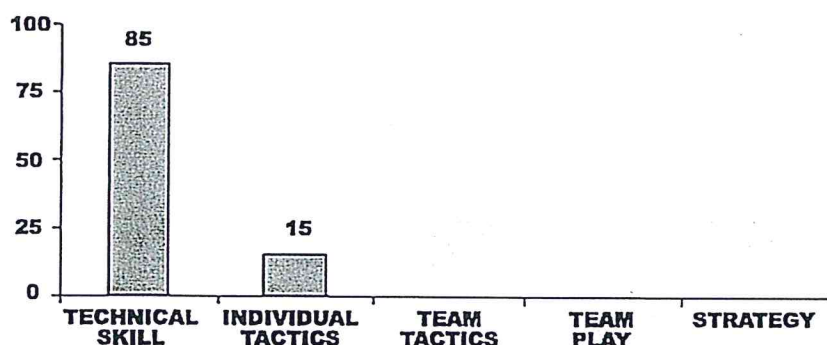
- To grow or cause to grow and become more mature, advanced, or elaborate;
- to pursue learning in conditions controlled by the coach without opponents or in the presence of and with the cooperation of opponents;
 - Dominant: Success rate (resulting from the action), objective: 7 / 10;
 - Characteristic: block of repetitions of the directive given by the Coach and isolated from reality of competition where the speed of execution is gradually augmented;
 - Requirements: requires rested and concentrated athletes.

- **REFINE:**

- To improve (something) by making minor changes, in particular make (an idea, theory, or method) subtler and more accurate;
- To stabilise elements in conditions controlled by the Coach, semi-controlled conditions, and random conditions. This requires an opposition by opponents;
 - Dominant: decision taken by the athlete according to the current situation and the level of success;
 - Characteristics: Execution at maximum speed;
 - Requirements: requires that athletes be no more than lightly to mildly tired.

HOCKEY CANADA – Initiation Program Curricular Outcomes

The curricular emphasis of the Initiation Program is on teaching technical skills and individual tactics. This foundation of skills will enhance a player's enjoyment of the game. The Initiation Program recommends that player development be built on practicing technical skills 85% and individual tactics 15%.



The Initiation Program Hockey Canada Core Skills chart outlines the specific Technical Skills and Individual Tactics which should be introduced and developed during the season:

INITIATION SKILLS

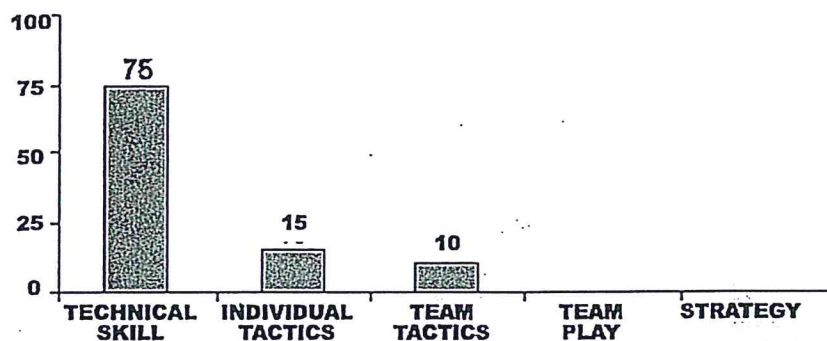
LTPD STAGE - Fundamentals 1



Balance and Agility	Edge Control	Starting and Stopping	Forward Skating and Striding	Backward Skating	Turning and Crossovers
<ul style="list-style-type: none"> Basic stance Getting up from the ice Balance on one foot Jumping on 2 feet / 1 foot Gliding on two skates Gliding on one skate – fwd and bwd Lateral Crossovers – step and plant / continuous 	<ul style="list-style-type: none"> Inside edge glide Figure 8's – forward – inside & outside edge Figure 8's – backward – inside & outside edge Slalom 	<ul style="list-style-type: none"> T-start Front v-start Crossover start Backward c-cut start One o'clock – eleven o'clock Outside leg stop Two-foot parallel stop One-leg bwd stop Two-leg bwd stop 	<ul style="list-style-type: none"> C-cuts – left foot / right foot / C-cuts alternating T-push Forward striding 	<ul style="list-style-type: none"> C-cuts – left foot / right foot / C-cuts alternating Gliding on two skates – backward Gliding on one skate – backward 	<ul style="list-style-type: none"> Gilde turns Tight turns C-cuts – around circle – outside foot – forward & backward Crossovers – forward & backward Backward on-foot stop and t-start Pivots – bwd to fwd & fwd to bwd Pivots – open & reverse
Stationary Puck Control	Moving Puck Control	Stationary Passing and Receiving	Moving Passing and Receiving	Shooting	
<ul style="list-style-type: none"> Stance Narrow Wide Side – front – side Toe drag – front & side 	<ul style="list-style-type: none"> Narrow Wide Open Ice carry – forehand & backhand Weaving with puck Toe drag – front & side 	<ul style="list-style-type: none"> Stationary forehand pass Stationary backhand pass Stationary bank pass 	<ul style="list-style-type: none"> Moving forehand pass Moving backhand pass 	<ul style="list-style-type: none"> Forehand – sweep shot Forehand – wrist shot Backhand – sweep shot Forehand – flip shot 	
Individual Offensive Tactics	Individual Defensive Tactics				
<ul style="list-style-type: none"> Body fakes Stick fakes 	<ul style="list-style-type: none"> Angling 				

HOCKEY CANADA – Novice Program Curricular Outcomes

The Hockey Canada Skills Development Program for Novice hockey recommends 75% on technical skills, 15% on individual tactics, and 10% on team tactics.



The Novice Hockey Canada Core Skills chart outlines the specific Technical Skills and Individual Tactics and Team Tactics which should be introduced and developed during the season:

NOVICE SKILLS LTPD STAGE - Fundamentals 2



Balance and Agility	Edge Control	Starting and Stopping	Forward Skating and Striding	Backward Skating	Turning and Crossovers
<ul style="list-style-type: none"> Basic stance Balance on one foot Gliding on two skates Gliding on one skate – forward and backward Lateral Crossovers 	<ul style="list-style-type: none"> Figure 8's – forward – inside & outside edge Figure 8's – backward – inside & outside edge Heel to Heel (Mohawk) 1 leg weaving – fwd./ bwd 	<ul style="list-style-type: none"> Front v-start Crossover start Backward c-cut start One o'clock – eleven o'clock stops Outside leg stop Two-foot parallel stop One-leg backward stop Two-leg backward stop 	<ul style="list-style-type: none"> C-cuts – left foot / right foot / alternating Crossunders T-push Forward striding 	<ul style="list-style-type: none"> C-cuts – left foot / right foot Gliding on two skates – backward Gliding on one skate – backward Backward Striding 1 Crossover / Reach 	<ul style="list-style-type: none"> Glide turns / Tight turns C-cuts – around circle – outside foot – forward & backward Crossovers – forward & backward Pivots – bwd to fwd & fwd to bwd Pivots – open & reverse
Stationary Puck Control	Moving Puck Control	Stationary Passing and Receiving	Moving Passing and Receiving	Shooting	Individual Offensive Tactics
<ul style="list-style-type: none"> Stance Narrow / Wide Side – front – side Toe drag – side/front Attack Triangle 	<ul style="list-style-type: none"> Narrow / Wide Open Ice carry – forehand & backhand Weaving with puck Toe drag – front & side Attack the Triangle 	<ul style="list-style-type: none"> Stationary forehand pass Stationary backhand pass Stationary bank pass 	<ul style="list-style-type: none"> Moving forehand pass Moving backhand pass Pass and Follow 	<ul style="list-style-type: none"> Forehand – wrist shot Backhand – sweep shot Forehand / backhand shots in motion Forehand – flip shot Backhand – flip shot 	<ul style="list-style-type: none"> Body fakes Stick fakes Dekes Moves in Combination Net Drives
Individual Defensive Tactics	Team Play				
<ul style="list-style-type: none"> Angling Basic 1 on 1's Escape moves Puck retrievals 	<ul style="list-style-type: none"> Basic Positioning – all players should play all positions 				

HOCKEY CANADA – Season Structures

Hockey Edmonton's Season Structure planning is based upon the following Season Structure documents from Hockey Canada:

INITIATION PROGRAM

INITIATION: AGE 5-6

DEVELOPMENT PHASE			REGULAR SEASON PHASE			PLAYOFFS
12 WEEKS	24 ICE SESSIONS	0 FORMAL GAMES	14 WEEKS	20 ICE SESSIONS	10 MODIFIED GAMES	No playoffs End of season March 31 TOURNAMENTS 3 Festivals/ Jamborees 12 modified games

TOTAL PRACTICES: 35 - 45 | TOTAL GAMES: 15-25

CONSIDERATIONS:

- Blue 4 Oz pucks
- Cross Ice / Half Ice- games
- No full time goalies (no goalie equipment)
- Multiple station work
- Jamborees / Festivals – 3 on 3 / 4 on 4 / 5 on 5 cross ice or half ice
- Ideally 2 Practices per week
- 5 to 1 Player to Coach Ratio Maximum

RECOMMENDATIONS:

- Small Nets
- Ball hockey / Floor Hockey / Floor Ball as additional activities
- Consistent prime time ice sessions for practices and games (consistent days and times)
- Develop IP Tool Kit to keep at rink (kit should contain all possible on ice equipment – soccer balls, tennis balls, Ringette rings, spray paint etc)

NOVICE PROGRAM

NOVICE: AGE 7-8

DEVELOPMENT PHASE			REGULAR SEASON PHASE			PLAYOFFS
10 WEEKS	20 PRACTICES	4 GAMES (MODIFIED)	16 WEEKS	32 PRACTICES	16 GAMES	No playoffs End of season March 31 TOURNAMENTS 3 tournaments 12 games

TOTAL PRACTICES: 45 - 55 | TOTAL GAMES: 30 - 40

CONSIDERATIONS:

- Blue 4 Oz pucks first half / Regulation 6 Oz pucks second half
- Cross Ice / Half Ice games in first half / Full ice Games in second half
- No full time goalies – Everyone takes turn playing goal
- Rotate all players through all positions – no early specialization
- Multiple station work
- Jamborees / Festivals for Tournaments – 3 on 3 / 4 on 4 / 5 on 5 cross ice or half ice in first half
- Regular game tournaments in second half
- Minimum 2 Practices per week

RECOMMENDATIONS:

- Small Nets / Regular Nets
- Ball Hockey / Floor Hockey / Floor Ball – as additional activities
- 5 to 1 Player to Coach Ratio Maximum
- Consistent prime time ice sessions for practices and games (consistent days & times)
- Develop IP Tool Kit to keep at rink (kit should contain all possible on ice equipment – soccer balls, tennis balls, Ringette rings, spray paint etc)
- Minimum 2 Practices per week

HOCKEY CANADA – Curricular Resources

- Hockey Canada Network App:
 - <https://www.hockeycanadanetwork.com/>
- Hockey Canada Drill Hub:
 - <https://www.hockeycanada.ca/en-ca/hockey-programs/drill-hub>
- Hockey Canada Coach Manuals
- ProSmart Hockey Coaching System
 - <http://www.prosmartsports.com/>

HOCKEY EDMONTON – Glossary of Terms

- Preseason/Team Formation;
- Development Season;
- Community Stream;
- Provincial Stream;
- Skill Development Sessions (Practices);
- Half-ice;
- Cross-ice;
- Learn to Skate;
- Learn to Play Hockey;
- Intro to Hockey (Hockey Alberta).

HOCKEY EDMONTON – Novice Program Season Structure

2018-19 NOVICE TRANSITION PLAN

- **MINOR NOVICE:** 2011 YOB (7-year-old programming)
- **MAJOR NOVICE:** 2010 YOB (8-year-old programming)

SEASONAL PHASE	Community (Tiers 4-6)	Developmental (Tiers 1-3)
PRESEASON/TEAM FORMATION	<p>SEPTEMBER 15 – 28</p> <ul style="list-style-type: none"> • MINOR NOVICE & MAJOR NOVICE: • PRACTICES: 6 (half-ice only) • GAMES: 0 • This ice <u>will not</u> be supplied through Hockey Edmonton seasonal ice allocation; • No tournament/exhibition permits will be granted during this seasonal phase; • Team formation and coach selection should be completed and identified by September 28; • There must be roster flexibility after this date to ensure appropriate team formation. 	<p>SEPTEMBER 15 – 28</p> <ul style="list-style-type: none"> • MINOR NOVICE & MAJOR NOVICE: • PRACTICES: 6 (half-ice only) • GAMES: 0 • This ice <u>will not</u> be supplied through Hockey Edmonton seasonal ice allocation; • No tournament/exhibition permits will be granted during this seasonal phase; • Team formation and coach selection should be completed and identified by September 28; • There must be roster flexibility after this date to ensure appropriate team formation.
DEVELOPMENT SEASON	<p>SEPTEMBER 29 – OCTOBER 31</p> <ul style="list-style-type: none"> • MINOR NOVICE: • PRACTICES: 6 (half-ice only) • GAMES: 4 (half-ice only) • MAJOR NOVICE: • PRACTICES: 6 (half-ice only) • GAMES: 4 (full-ice only) • No tournament/exhibition permits will be granted during this seasonal phase; • Hockey Edmonton tiering/team placement will occur during this seasonal phase. 	<p>SEPTEMBER 29 – OCTOBER 31</p> <ul style="list-style-type: none"> • MINOR NOVICE: • PRACTICES: 6 (half-ice only) • GAMES: 4 (half-ice only) • MAJOR NOVICE: • PRACTICES: 6 (half-ice only) • GAMES: 4 (full-ice only) • No tournament/exhibition permits will be granted during this seasonal phase; • Extra practice ice must be purchased (maximum 4 during this seasonal phase) – for Developmental Stream ONLY;

		<ul style="list-style-type: none"> Hockey Edmonton tiering/team placement will occur during this seasonal phase.
SEASONAL PHASE	Community (Tiers 4-6)	Developmental (Tiers 1-3)
REGULAR SEASON	NOVEMBER 1 – MARCH 30	NOVEMBER 1 – MARCH 30
	<ul style="list-style-type: none"> MINOR NOVICE: PRACTICES: 24 (half-ice only) GAMES: 12 (half-ice only) MAJOR NOVICE: PRACTICES: 20 (half-ice only) GAMES: 14 (full-ice only) 3 tournaments (maximum); Minor Hockey Week (January); Practice allocation will include some weekday practice ice slots; Hockey Edmonton has provided the appropriate game to practice ratio of ice; therefore, no tournaments/exhibition games are necessary (base model) – for Community Stream ONLY; Teams within the Community Stream shall normally adhere to this season structure, however with unanimous team consent, teams may apply to category director for extra practice, game, tournament ice time, however rations must meet Hockey Edmonton Developmental Stream standards/ratios); Jamboree/Tournament to cumulate season (instead of playoffs) – no scores, no standings. 	<ul style="list-style-type: none"> MINOR NOVICE: PRACTICES: 24 (half-ice only) GAMES: 12 (half-ice only) MAJOR NOVICE: PRACTICES: 20 (half-ice only) GAMES: 14 (full-ice only) 3 tournaments (maximum); Minor Hockey Week (January); Practice allocation will include some weekday practice ice slots; For every tournament game/exhibition game played, team's must purchase extra practice ice-time to maintain the appropriate practice game ratio – for Developmental Stream ONLY; MINOR NOVICE: No playoffs, Jamboree/celebration to finish – no scores, no standings.; MAJOR NOVICE: Tournament playoffs, Jamboree/celebration to finish – scores kept, hidden standings.

	<ul style="list-style-type: none"> • MINOR NOVICE: • No playoffs, Jamboree/celebration to finish; • MAJOR NOVICE: • Tournament playoffs, Jamboree/celebration to finish – scores kept, hidden standings. 	
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HOCKEY EDMONTON – Novice Program YOB Registration Numbers:

Hockey Edmonton CDOA's	YOB	YOB
	2010	2011
CAC	-	-
KCAA	-	-
MLAC	-	-
SSAC	-	-
EFAC	-	-
Elite Hockey	-	-
NORTHEAST DISTRICT	3	98
BRAVES	17	-
EDMONTON EAGLES	41	-
NORTHSTARS	22	-
NEZ	83	93
SEERA	-	-
MILLWOODS	110	94
NORTH SEERA	38	49
SEZ	148	143
SOUTHWEST DISTRICT	-	-
CONFEDERATION	108	109
SWAT	162	144
SWZ	270	253
NORTH WEST DISTRICT	-	-
HAWKS	54	65
WHITEMUD WEST	127	130
NWZ	181	195
KC REP	9	-
SABRES	-	-
KC WEST	8	17
KNIGHTS SOUTH	25	35
SOUTHWEST KC	19	26
ST CHARLES	19	26
ST MATTHEW	21	35
KC	59	87
Rec	-	-
EDMONTON GIRLS	31	17
Hockey Edmonton	814	840

HOCKEY EDMONTON – Novice Program Divisional Recommendations:

2018-19 NOVICE TRANSITION PLAN

Please note the following modifications to the Novice division of play which are being recommended for the 2018-19 season by the Hockey Edmonton Novice Committee (additional modifications will be made for the 2019-20 season):

- **MINOR NOVICE (7 years old - 2011) (Full Half-Ice Implementation Plan)**
 - Full implementation of Hockey Canada/Alberta half-ice program in effect;
 - Half-ice games ONLY;
 - NEW Hockey Canada/Alberta Novice half-ice game regulations;
 - Minor Novice Game Format 4v4 (can be modified if necessary, depending on roster size/game attendance);
 - Equal Play Model;
 - Half-ice/shared-ice practices ONLY;
 - NEW Hockey Edmonton Season Structure and Standards of Play;
 - Seasonal Phases: Preseason/Team Formation Phase, Development Phase, Regular Season Phase);
 - Hockey Edmonton allocation: 16 games and 30 practices (September 29-March 15);
 - 45-55 total practices (maximum) – Hockey Canada/Alberta;
 - 30-40 total games (maximum) – Hockey Canada/Alberta;
 - Consistent event locations, dates, times (*some exceptions*) – Hockey Canada/Alberta;
 - 3 tournaments (maximum) – Hockey Canada/Alberta;
 - No score keeping (game sheet), no standings – Hockey Canada/Alberta;
 - 1.5-minute shift buzzers during games, No faceoffs;
 - No playoffs, Jamboree/celebration to finish – Hockey Canada/Alberta;
 - No participant medals;
 - Multiple station works practices to develop technical skills and individual tactics;
 - Progressive curriculum must follow the Hockey Canada Skill Development Pyramid;
 - Hockey Edmonton to develop 15 half-ice practice curriculums for coaches;
 - Hockey Canada Network App and Drill Hub available to coaches;
 - Modified tiering system (1-6) – allow flexibility, DOA's must have equally blended teams;
 - Modified team roster sizes (18 minimum, 20 maximum) – one dressing room per team;
 - If you do not field appropriate numbers for a game, your team shall practice on other half-ice side (minor only);
 - No full-time goalies (40% maximum, goalie must also play out);
 - Rotate all players through all positions;
 - Regulation sized nets AND Blue pucks only (practices and games);
 - Blue pucks only (practices and games);
 - 10 to 1 athlete to coach ratio (Coach 1, RIS = All) – *waiting for confirmation from Hockey Alberta.*



- MAJOR (8 years old - 2010) (Transitional Full-Ice Implementation Plan)
 - Transitional modified implementation of full-ice program in effect;
 - Full-ice games, rules, same referees, same period lengths;
 - TRADITIONAL Hockey Canada/Alberta Novice full-ice game regulations;
 - Equal Play Model;
 - Half-ice/shared-ice practices ONLY;
 - NEW Hockey Edmonton Season Structure and Standards of Play;
 - Seasonal Phases: Preseason/Team Formation Phase, Development Phase, Regular Season Phase);
 - Hockey Edmonton allocation: 18 games and 26 practices (September 29-March 15);
 - 45-55 total practices (maximum) – Hockey Canada/Alberta;
 - 30-40 total games (maximum) – Hockey Canada/Alberta;
 - Consistent event locations, dates, times (*some exceptions*) – Hockey Canada/Alberta;
 - 3 tournaments (maximum) – Hockey Canada/Alberta;
 - Score keeping remains (game sheet), hidden standings (website backend);
 - Usage of full hour of ice, adjust 5 and 2-minute rule;
 - Tournament playoffs, Jamboree/celebration to finish;
 - Multiple station works practices to develop technical skills and individual tactics;
 - Progressive curriculum must follow the Hockey Canada Skill Development Pyramid;
 - Hockey Edmonton to develop 15 half-ice practice curriculums for coaches;
 - Hockey Canada Network App and Drill Hub available to coaches;
 - Modified tiering system (1-6) – allow flexibility, DOA's must have equally blended teams;
 - Modified team roster sizes (15 minimum, 16 maximum) – one dressing room per team;
 - No full-time goalies (40% maximum, goalie must also play out);
 - Rotate all players through all positions;
 - Regulation sized nets AND Blue pucks only (practices and games);
 - 10 to 1 athlete to coach ratio (Coach 1, RIS = All) – *waiting for confirmation from Hockey Alberta;*
 - Medals for winning teams only.

HOCKEY EDMONTON – Logistical Notes:

Half-ice boards logistics:

- City of Edmonton will flood ice every hour;
- City of Edmonton is responsible to guide trolley to and from arena gates – City of Edmonton standards are already in place with TIMBITS boards logistics;
- Referees are not required to assist with setup, moving, or disassembly of boards;
- Extra hard-card positions should be considered to allow parents to assist with boards process;
- First Group: A minimum of two coaches from each team must be available (wearing skates and helmets) to setup boards;
- Subsequent Groups: A minimum of two coaches from each team must be available (wearing skates and helmets) to move boards;
- Last Groups: A minimum of two coaches from each team must be available (wearing skates and helmets) to disassemble boards;

Other notes:

- Absolutely NO player acceleration from Discovery to Timbits, Timbits to Novice, Novice to Atom;
 - Deceleration is acceptable from Major to Minor and Minor to Timbits (for developmental enrichment only);
- If operating areas are unable to field a full appropriate minor/major team size, it is encouraged to amalgamate with other operating areas/districts to create optimal team size and skill groupings;
- The need for improved coach and parent education is essential. Hockey Edmonton will investigate developing its own practice curriculums, coach education program, and parent education program for the Novice division of play. This will ensure consistent messaging across the city and efficient and effective use of half-ice/shared-ice practices;
- Further literature and support documents (standards of play/season structure, game regulations, practice regulations, coach training, parent communication, curriculum, etc.) will be distributed and implemented by Hockey Edmonton before the start of the 2018-19 season;
- *In 2019-20 Major Novice will follow same rules as Minor Novice (Full implementation plan).*

Communication Plan:

1. Hockey Edmonton 2018-19 Novice Committee work: March 15-April 15, 2018;
2. Hockey Edmonton Board Meeting: April 11, 2018;
3. Hockey Edmonton Ice Allocation Meeting: April 18, 2018;
4. Hockey Edmonton EFHL Interlock Meeting: April 23, 2018;
5. DOA's Presidents Meeting: April 30, 2018 (*tentative*);
6. Hockey Edmonton AGM: May 9, 2018;
7. Information Bulletin sent to Hockey Edmonton membership: May 11, 2018;
8. Hockey Edmonton Novice Program website: May 11, 2018;
9. Hockey Edmonton Novice Pilot/Media Day: May 21-27, 2018;
 - a. Information Video, Media, Radio, etc. (OEG, Global TV, Hockey Alberta);
10. Hockey Edmonton "Northern Cities" Novice Meeting: May 28, 2018;
11. Small Area Hockey Event Night: June 18, 2018;
12. Novice Director Information Meeting (Hockey Edmonton office): September 3, 2018;
13. Novice Parent Information Meetings (North and South locations): September 17-23, 2018;
14. Novice Coach Information Meetings (North and South locations): September 17-23, 2018;
15. Hockey Edmonton Novice Mentorship Program: October 1, 2018 to March 31, 2019.

Thank you to the 2018-19 Novice Program Committee members who volunteered their time to develop this program recommendation: Kevin Humphrys, Myles Diamond, Rob Sharp, Greg Crawford, Dylan Thomas, Matthew Calverley, Jason Strudwick, Steven Avivi, Brian Mulawka, Mike McGinnis, Dean Hengel, Chris March, Dave Linman, Ray Vigneau.

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SAAHL Meeting Highlights

- Fees
 - \$1,000/Association
 - \$400/Bantam and Midget team
- Schedule
 - Pee Wee: 24 games (down from 28)
 - Bantam: 31 games (no change), August 25 in Davidson
 - Midget: 36 games (no change), Sept 9 in Regina
- Season
 - Pee Wee: Regina division run until Feb 28, all in for playoffs, best of 3
 - Bantam: run until Feb 28, top 8 make playoffs, playoffs best of 3
 - Midget: run until Feb 15, top 8 make playoffs, playoffs best of 5
- Referee assigning by league for Bantam and Midget

SFHL Meeting Highlights

- League fees - ??
- Teams
 - Atom - ??
 - Pee Wee – 6 North, 7 South, 3 unsure
 - Bantam A – 11 North, 12 South, 2 unsure
 - Midget AA – 6 North, 4 South, 2 unsure
 - Midget A – 11 North, 6 South
- Midget AA game length increased to 2.25hrs