



## **Langley United Spring Break Camp**

**March 19th - 23rd, 2018**

Register through BONZI

<https://www.secure-sam.com/luysa.bonzidev.com/sam/registration/login.php>

### **Package 1: Recreation Half Day**

**9am - 12pm**

**\$150.00**

(Early Drop Off 8am - \$10)

(Late Pick Up 1pm - \$10)

Package 1 is for both female and male players who are looking to play recreational soccer. They will learn soccer-specific skills that focus on coordination, balance and the basics of the game that is suitable for each age group. Small sided games will also be played along with extra-curricular activities that are safe and fun for all ages. Every level of experience is welcome to register for the Recreational Half Day package between the ages of 6 (2012 born) to 13 (2005 born). Grouping arrangements for this package will either be all male/ all female or may be co-ed.

### **Package 2: Advanced Half Day**

**9am - 12pm**

**\$175.00**

(Early Drop Off 8am - \$10)

(Late Pick Up 1pm - \$10)

Package 2 is for both female and male players who are looking to play advanced soccer. They will learn soccer-specific skills that focus on developing their game technically and tactically as well as speed, agility and quickness training. The Advanced program is suitable for players who are currently playing at the Development Level or higher and are between the ages of 7 (2010 born) and 13 (2005 born). Package 2 is not a co-ed program and grouping arrangements are made by age and gender. The Advanced program will be coached by LUSA Staff Coaches who have experience in coaching at the Academy Levels. If you are uncertain if your son or daughter is qualified to register for the Advanced Camp, please contact Chelsey at [langleyunitedsocceramps@gmail.com](mailto:langleyunitedsocceramps@gmail.com) for further direction.



### **Package 3: Goalkeeping Half Day**

**9am - 12pm**

**\$175.00**

(Early Drop Off 8am - \$10)

(Late Pick Up 1pm - \$10)

Package 3 is for both female and male goalkeepers who are looking to develop their goalkeeping abilities. They will learn position-specific skills that focus on developing their game technically and tactically. The Goalkeeping program will also focus on speed, agility and quickness training. The Goalkeeping package is a co-ed program suitable for players who are currently playing or interested in playing goalkeeper. This package is offered to players between the ages of 7 (2010 born) and 13 (2005 born) and will be coached by LUSA Staff Coaches who have experience in goalkeeper training.

### **Package 4: Full Day Camp**

**12pm - 4pm**

**Additional \$75.00**

(Late Pick Up 5pm - \$10)

Package 4 is for both female and male players who are looking to stay the full day. If your son or daughter is registered for packages 1, 2 or 3; there is the option to have them stay until 4pm (5pm with late pick up) for only \$75.00 more. The program from 12pm - 4pm will consist of fun small sided soccer games and will include recreational activities such as backyard games and tournament play. Between 12pm and 1pm there is a LUNCH break where the players and staff will be either on field or in the LUSA clubhouse Legacy Room. The full day camp is offered to all players between the ages of 7 (2011 born) to 13 (2005 born). Grouping arrangements for this package will either be all male/ all female or may be co-ed.

### **Package 5: Our First Camp! (Parent and Player Program)**

**9am - 10am**

**\$50.00**

Package 5 is for both female and male players who are born in 2014 or 2013. This is an introductory camp option for our U4 and U5 soccer players that runs for 1 hour. This is a Parent and Player Program where parents/guardians are on-field participating in light activity while the Staff Coach leads the session. Package 5 is run by our LUSA Grassroots Staff who have experience working with youngest beginner level soccer players. Fun games that focus balance, coordination and basic soccer techniques will be the main focus. This program also includes extra-curricular activities that engage our youngest players to work well with others and basic problem solving skills. Grouping arrangements for this package will either be all male/ all female or may be co-ed.



Age Group Reference Chart

U4	U5	U6	U7	U8	U9	U10	U11	U12	U13
2014 Born	2013 Born	2012 Born	2011 Born	2010 Born	2009 Born	2008 Born	2007 Born	2006 Born	2005 Born