



Leduc Baseball Association (LBA)
Suite 726, 101-5101 – 50th Avenue
Leduc, Alberta

Rookie (Coach Pitch)

After Rally Cap, this is the next developmental level of baseball for children ages 7 to 9 years old. The two main purposes of this level are to get children interested in the game and to begin preparing them to move up to Mosquito level.

The LBA Rookie Program uses the Baseball Canada sanctioned Grand Slam Program as its guide.



The Grand Slam program is designed to promote physical development of children through the game of baseball. The program helps develop physical literacy by using a modified game to teach the basic baseball skills to children and ensure success. The program is designed for children of eight and nine and consists of four categories of activity fit into two seasons. Grand Slam incentives, which are baseball stickers depicting famous Canadian baseball players are awarded for successfully completing categories.

The goals of the Grand Slam Program are:

- **Create a healthy environment in which children of various levels of ability find pleasure in learning baseball**
- **Initiate or pursue the development of basic baseball skills and strategies for players**
- **Teach and develop sportsmanship in a context of healthy competition**
- **Develop and promote self-esteem in children.**

Indoor development sessions start the first week of April in the Leduc Recreation Center and run two nights per week where participants will learn proper techniques for throwing, hitting, catching, fielding. The outdoor season begins the first week of May weather permitting and ends the 3rd week of June. It is our goal to provide everyone involved with a positive experience filled with opportunities to develop their skills in a positive, welcoming environment.

Unlimited coaching assistants both on and off the playing field are highly recommended. To support this directive we highly encourage and welcome parents to get involved and help out at practices and games. Volunteer Head Coaches will be trained and provided with coaching materials to support them and Head Coaching will count as their volunteer commitment.

Learn it, Live it, Love it – Leduc Giants Baseball