LEDUC RINGETTE ASSOCIATION 2018 CONDITIONING CAMPS

The Leduc Ringette Association will be offering its 2nd Annual Player Conditioning Camps from August 27 to August 30, 2018 at the Leduc Recreation Centre.

The intent of these camps are to allow players to get back on the ice after the long break and prepare them for the upcoming ringette season. The camps will primarily focus on skating, skill development and game orientated drills. There will also be dryland ground training sessions held at a local facility.

We will be offering camps for age groups U10, U12/ U14, and U16/U19 with a maximum of 20 players per age group. It is expected that all players can skate without assistance for participation in these camps.

\*\*Registration will be open until July 20, 2018 in which beyond that date will be charged an additional $30.00 fee.\*\*Please register for the year your player will be registered for the 2018 season.

Conditioning Camp enquiries can be emailed to Dean Charpentier at leducringette.playerdevelop@gmail.com

**Camp Dates (\*\*May Change based on player registrations)**



**\*\*Tentative August 28 & 30– Dryland Session Location in Leduc TBD**

\*\*Please note the ice times may change prior to camp dates based on player registration.

Ringette Camp Registration is now open and can be found by clicking the following link:

<https://docs.google.com/forms/d/1f9l2z6xlBh5R_fBTLjVA2E4Hl26udiXZ4hukh1WVGiM/edit>

Registration fees for (4) ice times and (2) dryland training session will be **$145.00/player.**

Payments can be made as follows:

Cheques made payable to 'Leduc Ringette Association' (Mail to: Box 3412 Leduc, AB T9E 6M2)

Or e-transfer (EFT) to:

 leducringette.treasurer@gmail.com Password: (2018LRAsummercamp)