



Okotoks Minor Hockey Association

JUNIOR COACH PROGRAM and On-Ice Helper (OIH)

An initiative created for the development of youth members into leadership roles within our association.

Purpose: To nurture the development of young leaders within Okotoks Minor Hockey Association so that they may continue to learn, grow and contribute to our association now and in the future. A Jr. Coach and an On-Ice Helper (OIH) may be current OMHA players who show an interest in helping on ice with an OMHA team. OMHA can facilitate the pairing of a Jr. Coach or an OIH to a team by contacting us at admin@okotokshockey.com

Definitions: An OIH is under the age of 16 and recruited to help demonstrate drills and assist with small coaching tasks (drill set up, take down, player engagement etc.) An OIH must be a carded player with an OMHA team one division higher than the team she/he is assisting with.

A Junior Coach is over the age of 16 and expected to help run drills, assist the coaching staff in practice flow and play a part in the regular routines of a team's practice. A Jr. Coach may not assist during games on the bench unless they are carded to the team they are assisting with.

Potential On Ice Helper, Junior Coaches and their mentors must follow these guidelines

1. A Jr. Coach must be a minimum of three division levels above the division they are requesting to work with.
2. An OIH or Jr. Coach may not participate with a team other than their own until their request has been approved by OMHA.
3. Mentor Coaches must have a clear plan on how they will help the growth and development of a Jr. Coach, and able to discuss their plan if approached by our Player Development team.
4. Once approved, all OIH must be clad in full hockey gear while on ice.
5. Once approved, all Jr. Coaches who are registered OMHA players must wear helmet and neck guard while on the ice.
6. Jr. Coaches must complete Coach Respect in Sport if they are to be carded as a team coach.

Please complete the below. Scan and email to Okotoks Minor Hockey for approval by our OMHA V.P. Coach & Player Development.
admin@okotokshockey.com

Name of Applicant: _____ Age: _____

Current Division: _____ Current Team: _____

Team that you would like to become involved with: Division: _____ Team: _____

Team Head Coach: _____

Below and reverse side if needed, please provide a description of how you will be contributing to the team as an On-Ice Helper or Jr. Coach and what commitment level you are able to provide (every practice, every second practice etc). If additional space is required, please use reverse side or attach separately.

Player Signature: _____ Phone#: _____ Date: _____

Mentoring Coach Signature: _____ Phone#: _____ Date: _____

OMHA V.P. of Coach and Player Development Signature: _____ Date: _____