

Practice week 4

Day	Date	Start	End	Coach	Activity	Practice	Notes		
Monday	Oct 22nd	6:45am	7:45am	Pason Green	Bantam 1	Practice	Alone		
		4:15pm	5:15pm	Pason Green	Novice Blasters and Miners	Practice	Shared		
		5:15pm	6:15pm	Pason Green	Atom A Knights and Ice Kings	Practice	Shared		
		6:30pm	7:30pm	Pason Green	Atom B Green and Gold RMFHL	Practice	Shared		
		7:45pm	8:45pm	Pason Green	Female Bantam B Green	Practice	45-15-45		
		8:30pm	9:30pm	Pason Green	Female Bantam A	Practice	45-15-45		
		6:45am	7:45am	Pason Gold	OPEN extra practice	Practice	Alone		
		4:30pm	5:30pm	Pason Gold	Atom A Oilers and Atom 4 Travel	Practice	Shared		
		5:30pm	6:30pm	Pason Gold	Fem PW A RMFHL Atom A RMFHL	Practice	Shared		
		6:45pm	7:45pm	Pason Gold	Peewee 1	Practice	Alone		
		8:00pm	9:00pm	Pason Gold	Bantam 3	Practice	Alone		
		6:45am	7:45am	Murray	Bantam 4 Green	Practice	Alone		
		4:30pm	5:30pm	Murray	Novice Riggers and Wildcats	Practice	Shared		
		5:45pm	6:45pm	Murray	Atom B Flames and Atom Rustlers	Practice	Shared		
		6:45pm	7:45pm	Murray	Peewee 6 Green	Practice	30-30-30		
		7:15pm	8:15pm	Murray	Peewee 6 Gold	Practice	30-30-30		
		8:30pm	9:30pm	Murray	Female Midget B	Practice	Alone		
		9:30pm	10:30pm	Murray	Midget 1	Practice	Alone		
		6:45pm	7:45pm	Piper	Peewee 3	Practice	Alone		
		8:00pm	9:00pm	Piper	RHL Peewee C	Practice	Alone		
9:15pm	10:15pm	Piper	Female Midget A	Practice	Alone				
6:30pm	7:30pm	SSSR	Female PW B Green	Practice	Alone				
7:45pm	8:45pm	SSSR	Female PW B Gold	Practice	Alone				
9:15pm	10:15pm	Oilfields	Midget 2	Practice	Alone				
9:15pm	10:15pm	Blackie	Midget 3	Practice	Alone				
8:15pm	9:30pm	Stavely	OPEN extra practice	Practice	Alone				
Tuesday	Oct 23rd	6:45am	7:45am	Pason Green	Peewee 5	Practice	Alone		
		4:15pm	5:15pm	Pason Green	Initiation Flames and Ducks	Practice	Shared		
		5:15pm	6:15pm	Pason Green	Atom 2 and Atom 3 Travel	Practice	Shared		
		4:30pm	5:30pm	Pason Gold	Atom A CAHL and Female Novice	Practice	Shared		
		5:30pm	6:30pm	Pason Gold	Peewee A CAHL	Practice	Alone		
		4:30pm	5:30pm	Murray	Novice Green and Gold	Practice	Shared		
		5:30pm	6:30pm	Murray	Atom 1 Green and Gold	Practice	Shared		
		6:45pm	7:45pm	Murray	Female Bantam B Gold	Practice	Alone		
		8:00pm	9:15pm	Murray	RHL Midget A	Practice	Alone		
		6:45am	7:45am	Piper	Bantam 2	Practice	Alone		
		8:15pm	9:15pm	Piper	RHL Midget B	Practice	Alone		
		9:15pm	10:15pm	Piper	Midget 4	Practice	Alone		
		4:45pm	5:45pm	SSSR	Novice Roughnecks and Oil Kings	Practice	Shared		
		5:45pm	7:00pm	Stavely	Peewee 4	Practice	Alone		
		7:15pm	8:30pm	Stavely	Peewee 2	Practice	Alone		
Wednes.	Oct 24th	6:45am	7:45am	Pason Green	Midget 2	Practice	Alone		
		4:15pm	5:15pm	Pason Green	Initiation Leafs/Oilers/Sharks	Practice	Shared		
		5:15pm	6:15pm	Pason Green	Initiation Pens/Knights/Wild	Practice	Shared		
		6:15pm	7:15pm	Pason Green	Initiation Bruins/Flyers/Canadians	Practice	Shared		
		7:30pm	8:30pm	Pason Green	Female Bantam B Green	Practice	45-15-45		
		8:15pm	9:15pm	Pason Green	Female Midget B	Practice	45-15-45		
		6:45am	7:45am	Pason Gold	Midget 1	Practice	Alone		
		4:30pm	5:30pm	Pason Gold	Novice Drillers and Riggers	Practice	Shared		
		5:30pm	6:30pm	Pason Gold	Atom B Cougars & Golden Knights	Practice	Shared		
		6:45am	7:45am	Murray	Midget 3	Practice	Alone		
		4:00pm	5:00pm	Murray	Novice Diggers and Miners	Practice	Shared		
		5:00pm	6:00pm	Murray	Atom A Broncos and Predators	Practice	Shared		
		6:15pm	7:15pm	Murray	Fem PW A RMFHL Atom A RMFHL	Practice	Shared		
		7:15pm	8:15pm	Murray	RHL Peewee B	Practice	Alone		
		8:30pm	9:30pm	Murray	Bantam 1	Practice	Alone		
		7:15pm	8:15pm	Piper	Goalie Teaching Clinic	Clinic	Clinic		
		8:15pm	9:15pm	Piper	Bantam 4 Gold	Practice	Alone		
		9:30pm	10:30pm	Piper	RHL Midget C	Practice	Alone		
		4:15pm	5:15pm	SSSR	Atom A Oilers and Atom 4 Travel	Practice	Shared		
		5:15pm	6:15pm	SSSR	Fem RMFHL At B Green and Gold	Practice	Shared		
5:15pm	6:15pm	Oilfields	Bantam 3	Practice	Alone				
9:15pm	10:15pm	Blackie	Female Midget A	Practice	Alone				
5:45pm	7:00pm	Stavely	Peewee 1	Practice	Alone				
7:15pm	8:30pm	Stavely	Peewee 3	Practice	Alone				
Thursday	Oct 25th	6:45am	7:45am	Pason Green	Midget 4	Practice	Alone		
		4:15pm	5:15pm	Pason Green	Novice Blasters and Roughnecks	Practice	Shared		
		5:15pm	6:15pm	Pason Green	Atom 1 Green and Gold	Practice	Shared		
		4:30pm	5:30pm	Pason Gold	Novice Green and Gold	Practice	Shared		
		5:30pm	6:30pm	Pason Gold	Atom 2 and Atom 3 Travel	Practice	Shared		
		4:30pm	5:30pm	Murray	Atom A CAHL and Peewee B Gold	Practice	Shared		
		5:30pm	6:30pm	Murray	Peewee A CAHL Peewee B Green	Practice	Shared		
		6:45pm	7:45pm	Murray	Peewee 6 Gold	Practice	Alone		
		6:00pm	7:00pm	Piper	Peewee 6 Green	Practice	Alone		
		7:00pm	8:00pm	Piper	Goalie Teaching Clinic	Clinic	Clinic		
		8:15pm	9:15pm	Piper	Bantam 4 Green	Practice	Alone		
		4:45pm	5:45pm	SSSR	Atom A Knights and Ice Kings	Practice	Shared		
		8:15pm	9:15pm	Oilfields	Female Bantam A	Practice	Alone		
		Friday	Oct 26th	6:45am	7:45am	Pason Green	Peewee 2	Practice	Alone
				4:15pm	5:15pm	Pason Green	Novice Diggers and Wildcats	Practice	Shared
5:15pm	6:15pm			Pason Green	Atom A Broncos and Predators	Practice	Shared		
6:45am	7:45am			Pason Gold	Bantam 4 Gold	Practice	Alone		
4:30pm	5:30pm			Pason Gold	Atom B Cougars and Golden Knights	Practice	Shared		
5:45pm	6:45pm			Pason Gold	Female Novice and Bantam B Gold	Practice	Shared		
7:00pm	8:00pm			Pason Gold	RHL Bantam A	Practice	Alone		
8:15pm	9:15pm			Pason Gold	RHL Bantam D	Practice	Alone		
6:45am	7:45am			Murray	Peewee 4	Practice	Alone		
2:45pm	4:15pm			Murray	Shinney	Game	Alone		
4:15pm	5:15pm			Murray	Novice Drillers and Oil Kings	Practice	Shared		
5:30pm	6:30pm			Murray	Atom B Flames and Atom Rustlers	Practice	Shared		
8:30pm	7:30pm			Murray	RHL Peewee A	Practice	Alone		
6:45am	7:45am			Piper	OPEN extra practice	Practice	Alone		
7:15pm	8:15pm			Piper	RHL Bantam B	Practice	Alone		
8:15pm	9:15pm	Piper	RHL Bantam C	Practice	Alone				
6:30pm	7:30pm	SSSR	Peewee 5	Practice	Alone				
7:45pm	8:45pm	SSSR	Bantam 2	Practice	Alone				

Change in times when not a Jr B Game