



PROGRAM OVERVIEW

The Respect in Sport program is an online certification program designed to protect our youth as well as enhance Hockey Alberta's mandate of providing a safe and fun environment for all of our participants. It is Canada's leading online bullying, abuse, harassment, and negligence prevention program for parents, coaches, and community leaders. It is offered in two different streams:

<u>Respect in Sport Parent</u> – A program providing information on parents' natural influence over a child, the coach or leaders role in an activity, the role parents play in their child's enjoyment and of a sport or activity, and protecting your child when they are outside of your immediate control. The program also provides parents with tools to evaluate their own behavior by highlighting 5 key "behavioral traps" frequently exhibited by parents, particularly in competitive sports. It demonstrates negative behaviors and provides ideas of how a situation may be better handled, includes valuable information from subject matter experts delivered in a clear and concise fashion, and asks questions of parents based on scenarios presented. Specific topics included in the program are: 5 common negative parent behaviors, a child's development, nutrition and hydration, rest, injuries, as well as interacting with coaches, officials, and other parents.

<u>Respect in Sport Activity Leader/Coach/Officials</u> – Provides in-depth information on the subjects of bullying, abuse, harassment and neglect. It demonstrates negative behaviors and provides ideas of how a situation may be best handled, including valuable information from subject matter experts delivered in a clear and concise fashion, and asks questions of the leaders based on the scenarios presented. Specific topics include: definitions of bullying, abuse, harassment, neglect and discrimination, cyber-bullying, hazing, use of power, emotions, how to respond, reporting, moral and legal issues, and development.

THE POLICY

In order to foster and develop a culture of mutual respect in the province of Alberta the Respect Group Inc. "Activity Leader" & "Parent Program" shall be completed by all Team Officials, Officials over the age of 18, and all players' parents. The full implementation of this platform by the **2012-13 Hockey Season** would serve as an effective risk management measure as well as a being a strong contributor to the overall safety and enjoyment of the game by all who choose to do so. This platform of proactive education for each of the stakeholders that have a direct impact on the kids in the game, (Parents, Coaches, and Officials) represents a key step towards achieving our vision and mission.





POLICY DETAIL

- That by December 1st of 2011-12 Hockey Season each Hockey Team in the province of Alberta must have at least two registered Team Officials be on the bench with certification in the Respect in Sport "Activity Leader/Coach" program or at least have the equivalent "Speak Out" program certification already completed.
- That by December 1st of the 2011-12 Hockey Season all activity leaders in the Pond Hockey program must be certified in the Respect in Sport "Activity Leader/Coach" program or at least have the equivalent "Speak Out" program certification already completed.
- By December 1st of the **2012-13** Hockey Season and beyond, completion of the Respect in Sport "Parent Program" for each family of every player shall be a condition of their eligibility to participate on a sanctioned Hockey Team. **(Excluding Junior & Senior Divisions)**
- That by December 1st of the 2012-13 Hockey Season and beyond each Official (Referee & Linesman) over the age of 18 be certified in the Respect in Sport "Activity Leader/Coach" program or at least have the equivalent "Speak Out" program certification already completed as a condition of their eligibility to officiate.
- That by December 1st of 2012-13 Hockey Season and beyond each Hockey Team in the province of Alberta must have all registered Team Officials certified in the Respect in Sport "Activity Leader/Coach" program or at least have the equivalent "Speak Out" program certification already completed.





Frequently asked questions

• I have the Respect in Sport Coach Program, is that not sufficient for satisfying the parent program as well?

This program is tailored to the parent aspect providing information specific to the parent side of the game while the coach program is tailored to the coach side. At the beginning of this package the differences are outlined and go into detail.

• Why do I need to take it?

Besides being a Hockey Alberta condition of participation in hockey it provides tools to deal with various situations that could arise in a hockey team setting. Let's face facts, hockey is an emotional game for all stakeholders, but by completing this program you will be better equipped to deal with many situations you could face.

• What will happen if I do not complete it?

Hockey Alberta will not allow the child/children/coach/official to participate until the program has been taken.

• How is the program taken?

Accessed through the Hockey Alberta web site (<u>www.hockeyalberta.ca</u>) It is a one hour online curriculum with both audio and visual features that can be taken whenever you want and does not have to be completed all at once.

• Do I have to take it every year?

No, once you have completed it you are certified and there are currently no plans for recertification at this point.

• What if the household/individual has no access to a computer/internet?

Most libraries provide internet access, however the local minor hockey association may also be able to assist by providing space to use their computer(s) if they have one in the office (ie one day have the office open to people who sign up to use the computer). Other options include schools and friends.

• What if I do have slow internet connection?

The program is designed to be accessible by either high speed or dial up.

• What if I do not have strong computer literacy skills?

Utmost attention to detail was taken to ensure the program was designed to be user friendly, if issues do arise there is online help as well as a 1-800 support number.



Respect in Sport Parent Program User Guide

Web Address: https://hockeyalbertaparent.respectgroupinc.com

Registration:

- Select "Register a New User"
- In the Username and Password fields, you may create any entries you wish. On re-entry, username and password must be entered exactly as during registration. Respect in Sport recommends using an email address as a username as this is always unique to an individual user and is easily remembered
- In the Secret Question/Secret Answer fields, enter a question which will be displayed if the Username/Password recovery tools are used. The answer you provide must match exactly as entered during registration
- All fields with a Red X indicate a required field. The red X will change to green checkmarks on successful entry.
- Click Submit
- With successful registration, you will be taken to the Child Management page. Please associate your profile with the names you are the parent/guardian of.
- Click Add Child to add additional children
- Click Done when complete. You will now be requested to complete registration with the purchase of the program. This occurs via PayPal. Please note, once the PayPal transaction has been completed, please do not close the PayPal page which displays. You will either be redirected to Respect in Sport, or requested to click a button.
- Once In the program, select the language of your choice to access the content pages

Re-Entry

- Return to the web address identified above
- Enter your username and password as created during registration in the Login boxes provided.
- For Username/Password assistance, click on Forgot Username? or Forgot Password on the login page

Technical Assistance:

- Respect in Sport makes use of Pop-Up windows within the program. Please ensure Pop-Up blockers are turned off or, when prompted, set to allow pop-ups from the identified web address
- Once in the program, select Help if technical assistance is required. The Help files provide easy tools to provide assistance
- Note: Due to a recent update by Safari, the Respect in Sport program is currently experiencing challenges with the Safari browser. If you experience difficulties with Safari, please select an alternate browser.