

Parkland Community Basketball offers a fun, affordable and dynamic opportunity for people of all ages to develop as responsible athletes, leaders and citizens. We are dedicated to teaching the basic skills of basketball, teamwork and sportsmanship in a co-ed environment. We believe in equal participation for all players and hope that all enjoy the game.

### **General Information**

**League Dates:** The season runs from mid September to the end of February, with a break during Christmas. The season consists of an evaluation night for players during the month of September, with team practices and games beginning in October. There are two tournaments, one in December and one at the end of the year.

**Games:** Each team plays one game per week. Games are scheduled for Saturdays between 8:30am and 3:00pm in either Spruce Grove or Stony Plain.

**Team Placement:** The division coordinators and coaches will be responsible for placing your child on a team. Every effort is made to make the teams as equal as possible. **Requests by individuals to be placed on certain teams with friends or others for any reason will not be accepted. Team placements will be final!** Player's must play in their appropriate age category unless coaches determine that the player would be better served in a different division. When the teams have been finalized, the coaches will notify their teams of the practice time and location.

**Practices:** Practices will be held during the week. Each team will be assigned a regular time and place to practice. We will not be able to honour requests to practice on a certain day of the week. You may, however, request one day you cannot practice, and we will try to honour that. Players cannot bring friends or siblings to practices unless they are supervised. Parents should bring their child to the coach no earlier than 10 minutes before starting time and need to be picked up promptly at the end of practice. **There must always be at least 2 adults at each practice (1 male and 1 female).** Parents may be asked to stay to ensure this happens. If the coach cannot find another adult to stay for the practice, the practice will be cancelled.

**Equipment Requirements:** Each player will need to have their own pair of indoor running shoes, a pair of shorts and a water bottle. A uniform shirt is provided and will be the players to keep. The uniform must not be modified in any way before the end of the season. Jewellery, watches and ball caps are not allowed while playing.

**Playing Time:** We believe in an equal playing-time philosophy. Coaches must play each player as equally as possible.

**Sportsmanship** – Players, coaches and parents are expected to demonstrate good sportsmanship towards all game participants at all times. **Abuse of any kind by players or their families towards players, coaches, referees or the league executive is not acceptable and could ultimately result in expulsion from the league at the discretion of the league executive, with no refund of fees.**

**Volunteers:** With the exception of the referees, Parkland Community Basketball is run by volunteers. The league could not operate without volunteers. If you are able to help out, please let the executive or coach know. All parents will be asked to help out with scorekeeping, time clock, and various other duties. Your team manager will arrange this with you.

**Experience:** All players will learn the skills and rules required to play the game competently and fairly. **Prior experience is not necessary.**

**Registration and Withdrawal:** Player registrations will be taken until all teams have 10-12 players.

**Parkland Pride-** Is the gender specific more competitive branch of Parkland Community Basketball. Games are played in the Edmonton area.

**See you on the court!**

**For more information visit [www.parklandbasketball.ca](http://www.parklandbasketball.ca) or call Gina at 780-960-3414**