

TRAINING SESSIONS, PURE PERFORMANCE & CLUB

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	JR.NBA 2009-12 SOME SATURDAY TRAINING U11 GIRLS " STEVE NASH" PURE GAMES / TRAIN -SATURDAYS U11 BOYS "STEVE NASH" PURE GAMES / TRAIN -SATURDAYS U13 GIRLS Games- Mon & Sat "Club Teams" Games / Train - Sat "PURE Teams" U13 BOYS Games- Tues & Sat "Club Teams" Games / Train – Sat "PURE Teams" U15 GIRLS Games- Mon or Tues & Sat "Club" Games / Train- Sat "Pure Teams" U15 BOYS Games- Mon or Tues & Sat "Club" Games / Train- Sat "Pure Teams" U17 GIRLS Games-Tues or Wed & Sat "Club" Games / Train- Sat "Pure Teams" U17 BOYS Games-Wed or Thurs & Sat "Club" Games / Train-Sat "Pure Teams"
BROXTON	6-7:15 U11G 7:30-9:30 U17G	6-7:30 U17B 7:30-9:30 U17B		6-7:15 U11B 7:30-9:30 U15B	6-7:30 U13B 7:30-9:30 U13B	
GREYSTONE	7:00-9:00 OPEN SLOT					
PRESCOTT			6-7:00 JR.NBA 7-8:45 U13G			
ST.MARGS				7-9 U15G		