



PARENTS MANUAL

2017-2018

www.paminorhockey.ca

Dear Parents,

To those of you who are returning members, we sincerely hope that you continue to support Prince Albert Hockey by volunteering a small part of your time. Our program has continued to grow over the past years because of the commitment of our volunteers.

To those of you who are new, a special WELCOME!! We hope that you will find Prince Albert Hockey a great place for you and your children to enjoy the game of hockey. If you have any questions or new ideas to contribute to our program do not hesitate to call on any of the members of the board. And by all means volunteer if you are able. As always, let us remember the primary reason that our children participate in this great game. It is for FUN and RECREATION. Let us all demonstrate positive reinforcement to the kids. Remember that regardless of the skill level, every boy or girl, in every game or practice, does at least one thing well. Focus on that one thing, however small. It will make them want to come back to the rink another day!

Fair Play Code for Parents

1. Do not force your children to participate in sports, but support their desire to play their chosen sport. Children are involved in organized sports for their enjoyment, not for mine.
Make it fun.
2. Encourage your child to play by the rules and to resolve conflicts without resorting to hostility or violence.
3. Teach your child that doing one's best is as important as winning, so that your child will never feel defeated by the outcome of a game or event.
4. Make your child feel like a winner every time by offering praise for competing fairly and trying hard.
5. Never ridicule or yell at your child for making a mistake or losing a competition.
6. Remember that children learn best by example. I will applaud good plays/performances by both my child's team and their opponents.
7. Never yell at or physically abuse your child after a game or practice...it's destructive. Support all efforts to remove verbal and physical abuse from children's sporting activities.
8. Do not scream at your child on the ice because it will influence his or her concentration on the game.
9. Do not question the officials' judgement or honesty in public. Know the rules of the game and support the officials on and off the ice. This will help in the development of the sport.
10. Recognize the importance of volunteer coaches who give their time to provide sport activities for your children.
11. Remember that your CHILD is playing hockey. It is important to allow them to establish their own goals and play the game for themselves.

Program Outlines and Objectives

How a player gets that first taste of hockey is crucial.

If the beginner has fun, developing some basic skills and building confidence, there is a good chance that player will go on to enjoy hockey for many years. But if a beginner has an unhappy, unrewarding experience, the chances are that he or she will quit at an early age and never discover the real joy of Canada's great game.

Age Divisions 2017-2018 Season

Division	Age Groupings	Year of Birth
Initiation	5 and 6	2011, 2012
Novice	7 and 8	2009, 2010
Atom	9 and 10	2007, 2008
PeeWee	11 and 12	2005, 2006
Bantam	13 and 14	2003, 2004
Midget	15, 16 and 17	2000, 2001, 2002

PAH

Board of Directors

The board meets each month (September through May)

Board of Directors	Name	Phone Number
President	Bill Hoko	306-930-9449
Vice President	Brad Rock	306-922-7749
Technical Director	James Mays	306-961-9326
Executive Director	Corinne Bell	306-922-8844
Tournament Coordinator	Rayanne Patterson	306-981-6807
Crescent Heights	Curt Norton	306-961-3708
East Hill	Luc Robin	306-922-4735
West Hill	Kristy Kelly	306-961-3340
East End	Brad Toporowski	306-961-5770
Member at Large	Matt Bergen	306-960-1107
Member at Large	Trevor Klassen	306-961-9700
Member at Large	Mark McDougall	306-981-4321
Member at Large	Carey Lehner	306-961-8978
Member at Large	Marc Poulin	306-940-6762
Referee in Chief	Lyle Prokopetz	306-960-7782

Refunds - Players who withdraw from active participation in the Association may do so by notifying the Executive Director.

Withdrawals before November 1st will qualify for a fifty percent (50%) refund, less the insurance, and facility fee of an amount determined in accordance with his status of single or family membership registration.

However, if the registrant has not attended an evaluation, game or a practice a one hundred percent (100%) refund will be issued.

Refunds will be considered after November 1st, for players that have never attended an evaluation, game or practice or no longer reside in Prince Albert. These registrants shall be offered a fifty percent (50%) refund. No insurance fee or facility fee portion of the registration fee will be refunded after the player has attended practices or a game or whose name has been submitted to the SHA for certification.

No refunds will be issued after December 1st.

Eligibility Requirements - A player is eligible to play on teams sponsored by the PAH if they meet residence requirements. Players can obtain a concession from the SHA allowing them to play on PAH teams. It would then go to the Board of Directors for approval or rejection.

A bonafide resident is one who resides in PAH boundaries with his/her parents or legal guardian by September 1st of the current season or who takes up physical residence in our boundaries for the balance of the season.

'AA' players must live with their parents or legal guardian, within our boundaries by September 1st of the current season or they will be ineligible to play or tryout for our 'AA' teams.

Divisions

P.A. Source for Sports-Novice Division - This division is a continuation of the Initiation Program with the addition of league games and tournaments. PAMHA in the 2000-2001 season passed a motion to limit the number of goals that one player could score to three in one game. In 2016-2017 season PAH changed the Novice Tier 3 to Cross-Ice hockey until January 1st to better enhance skill development for this tier of player.

There are no playoffs in the Novice Division.

Beachcomber Hot Tubs Foxes - Where numbers warrant have a female team(s). At the first evaluation skate before players skate, the choice has to be made whether girls are playing female or male hockey.

McDonalds AtoMc-Atom Division -There is more bumping, a faster pace and hopefully the start of learning more about positional and team play at this level.

Beachcomber Hot Tubs Foxes - Where numbers warrant have a female team(s). At the first evaluation skate before players skate, the choice has to be made whether girls are playing female or male hockey.

Gene's Sports Excellence-Pee Wee Division - A more competitive tier of hockey is implemented in this division - the Developmental Program. There is currently one 'AA' team in the city selected from players who choose to try out for this level of hockey. This team plays in the Center Four League. All other players will play on Tier II or III teams. The numbers of teams at each level will be decided by enrollment numbers.

Beachcomber Hot Tubs Foxes - Where numbers warrant have a female team(s). At the first evaluation skate before players skate, the choice has to be made whether girls are playing female or male hockey. Players can be registered to one team only. Female players wishing to try out for 'AA' teams may pay the fee and attend the tryouts. If they are successful in their attempt, they will stay on the 'AA' team, if not they will return to the male or female division that they registered to play with.

Liteway Electric-Bantam Division - At the Bantam level, hockey really starts to take shape, as kids are bigger and more skilled. There is currently one 'AA' team in the city selected from players who choose to tryout for this level of hockey. This team plays in the Saskatchewan Bantam AA League. All other players will play in the Sask Valley League. The number of teams will be decided by enrollment numbers.

Midget Division -There are three divisions in this age grouping - Midget AAA, Midget 'AA' and Midget House. The Midget AAA team is comprised of players from Prince Albert and Saskatchewan and plays in the Saskatchewan Midget AAA League. The 'AA' team plays in the Center Four League. The Midget House teams will play in the Sask Valley League.

Beachcomber Hot Tubs Foxes-Bantam/Midget - Team(s) will play in the North Sask Female League. At the first evaluation skate before players skate, the choice has to be made whether girls are playing female or male hockey. Players can be registered to one team only. Female players wishing to try out for 'AA' teams may pay the fee and attend the tryouts. If they are successful in their attempt, they will stay on the 'AA' team, if not they will return to the male or female division that they registered to play with.

Initiation Program (IP)

Prince Albert Raiders Initiation Program - Is a progressive, learn to play, non-competitive, teaching curriculum. Children learn through participating in practice drills and informal and modified games such as shinny, freeze tag and obstacle courses. The goals, philosophy and objectives of this program are:

1. Teach basic hockey skills so players can enjoy the game.
2. Assist in development, refining and enhancement of basic motor patterns.
3. Develop and encourage the concept of team play, through player participation with on and off ice activities.
4. Implement fitness, fair play and cooperation aspects within the fun of the game.

An **Initiation Program Instructional Coaches Clinic** will be held for any adult who wishes to contribute to their son/daughter's team. This clinic is designed to assist on-ice instructors (coaches, parent helpers) in the implementation of the Initiation Program. It focuses on communication, teaching skills, leadership, skill analysis, lesson organization and safety and risk management. All participants will receive an instructor's manual which provides all of the necessary information needed to teach hockey skills to beginners.

Initiation players are grouped into two categories - Tier II and Tier III and will play Cross Ice

Tier II teams will follow the Initiation Program Manual with a practice to game ratio of 2:1. Four teams will share the ice at the city arenas. On the average there is one ice slot per week scheduled at the city arenas and one practice slot at the community club rinks.

First year players are normally placed on a Tier III team. This allows the players to learn the skills at a slower pace so they can concentrate on perfecting their skills rather than focusing on speed. A 20-20-20 format is used during ice sessions with the first 20 minutes focusing on skills, the second 20 minutes dedicated to drills and the last 20 minutes used for some type of game. Four teams will share the ice. On the average there is one ice slot scheduled at the city arenas each week and usually a shared ice practice slot scheduled at the community club rinks once they are running.

There are no playoffs in the Initiation Division.

Parents don't get caught up in the fact that your child is playing cross ice or sharing practice ice, this is the best way for your child to learn the skills of the game. More chances to touch the puck and more involvement will benefit your child in the long run.

We strongly suggest you get involved in coaching or the IP tournament as this will be good practice and experience and also good insight into what will hopefully be a big part of your winter for years to come.

At PAH we truly believe that getting both players and parents involved will add to your family's enjoyment for years to come.

PAH will appoint a Board Member to help with team start up and the sorting of players into tier's and teams. Remember the all of our Board Members and the PAH Office staff are in place to help you and answer your questions, please don't be afraid to ask.

Commitment - Financial - Your child's team will be looking for a team startup fee, this is above the registration fees that you pay. Teams book extra practices, enter tournaments, purchase team apparel and thus will require additional fees that will be discussed at your team parent meeting.

Team Fees- The maximum amount a team can charge per season for team fees is \$300.00 per player.

- This fee includes all team fundraisers, tournaments, apparel. (example: you cannot sell tickets and make the parents pay for them up front or order team apparel and make the parents pay for it.)
- Teams cannot ask parents to pay any amount of money over the \$300.00 maximum startup fee.
- Coaches are responsible to enforce this rule and failure to do so will result in Coach Suspensions and or loss of team bond
- This fee can be paid up front or in installments.
- Any fees above this must be achieved through team fundraising.
- **Teams should collect at least partial team fees before purchasing team apparel, extra ice or going to tournaments. Purchasing these items before you have collected any fees may leave your team struggling to collect from some parents and thus putting the expense of these items on the remaining parents on the team. Apparel and tournaments are extras and if you have not received fees from all parents on the team you should not be purchasing such items.**
- Parent Participation-any team refunds at the end of the season are dependent upon parent participation throughout the hockey season (examples: working time clock for league games/tournament shifts/fundraising endeavors/collection of jerseys after each game)
- As a team you CANNOT return money to your parents at year end in the amount greater than their Startup Fee.
- If a team finds themselves with excess money they will be required to donate the excess to The Community Club they PLAYED out of.

Volunteer Positions - By helping your child's team, your support and much needed assistance very often means the difference between a rewarding, productive season or a mediocre, frustrating one. There are many positions on a team where you may be able to offer assistance such as:

- Coach or Assistant Coach
- Team Manager
- Team Treasurer
- Team Trainer
- Team Tournament Coordinator
- Scorekeeper/Timekeeper
- Equipment Manager

Parents and Officials-The relationship between parents and referees is often a tenuous one. Parents are primarily concerned with the safety of their son or daughter. Officials are to focus on the whole game, while parents tend to see everything that their child does on every shift they are on the ice. Because of this, officials may miss an infraction that happened to their child that is obvious to the parent, but the official may have been focusing elsewhere.

The on-ice officials mandate is to make the game "fair" and "safe" by calling infractions that, in their judgment cross the line in regards to fairness and safety. However, parents and players should be reminded that officials, in general, can only react to what has happened, not what might happen. If a player is injured as a result of an illegal play, the official can only react by calling the appropriate penalty, but cannot prevent the infraction from taking place in advance.

Often officials at the lower levels are young and just learning the "art of officiating", so mistakes will be made. Is it acceptable to yell at officials when they make mistakes? Do you

yell at the players every time they make a mistake? Please consider your actions and give the officials a chance to learn the skills needed to improve.

Referees do not make the rules, they are merely the agents charged with the responsibility of enforcing the rules as provided by the rulebooks.

Prince Albert Hockey established a Referee Division in the 2001-02 season to meet the Association's needs. This move has proved very successful, with the retention of referees being high, no-shows being down and the division financially accountable. Let's keep this important aspect of hockey alive by: a) reducing the abuse of officials; b) signing up to take an official's clinic or c) encouraging your child to become an official. This season PAH will be offering an on-ice referee clinic before the regular season begins to assist new and returning referees in improving their skills.

Tournaments-

The tournament committees are made up of volunteer parents. This aspect is of paramount importance to the success of your child's tournament. This committee is formed to organize the tournament itself, and will look to all parents in their division to contribute sometime to the running of it. We cannot stress enough the importance of having every parent contribute in some way to what is an exciting part of your child's hockey season.

Remember, whether hosting or attending tournaments, our teams are the ambassadors of our Association and should conduct themselves accordingly.

City Tournaments - For divisions with City Tournaments-All PA teams must participate in the tournaments sponsored by this Association. Failure to actively participate(i.e. working the penalty box and information table) will result in the loss of the teams \$200.00 performance bond. The revenue generated by these tournaments greatly reduces the registration fees for all players.

Community Club Tournaments - Teams run tournaments in their community clubs as a way to generate income for their team(s). All tournaments must be sanctioned by the SHA.

Number of Tournaments House League- The maximum number of parent approved tournaments, teams will be permitted to attend from **IP to Peewee** is two Multi day tournaments, two PA Tournaments and two one day tournaments for a total of six. **Bantam** teams would be allowed one more Multi day as they only have one PA Tournament and **Midget** would be allowed two more Multi day as they do not have any PA Tournaments.