



# RED DEER SUTTER FUND MIDGET AAA CHIEFS



## OUR PROGRAM –OUR VISION/PHILOSOPHY

The Sutter Fund Chiefs are proud to deliver a program that provides players with positive experiences through the game of hockey by encouraging players to continually push their individual limits to excel both on the ice and in the classroom. Our program is “values” based and player-centered aiming to transform “good” individuals into “great” individuals. We truly want our players to be successful and develop as players, people, and students.

## OUR PROGRAM

The Sutter Fund Chiefs are the flagship female program within Red Deer Minor Hockey (RDMH) and are partnered with the Notre Dame Hockey Academy. Overall, this partnership provides a comprehensive program that is integrated with the Notre Dame High School curriculum. Players earn high school credits while enrolled in the Hockey Academy which features both on-ice instruction/training that focusses on the development of each player’s skill sets and off-ice training that emphasizes the development of greater athleticism and hockey specific fitness development. A Sport Performance (sport psychology) program is also a feature within the Chiefs program that assists the players in dealing with the demands of balancing a busy academic schedule and maximizing performance on the ice. Finally, billeting options are available for players from outside of Red Deer.

## THE COACHES

**Bob Rutz (Head Coach)** – Previous head coach experience with Team Alberta U18 (2017), Red Deer College (ACAC), Bantam AAA (male & female), Hockey Alberta Challenge Cup & Alberta Cup.

**Brett Wold (Assistant Coach)** – Current instructor at Notre Dame Hockey Academy. Previous assistant coach experience at Midget AAA (male) and Alberta Cup.

**Erik Lodge (Notre Dame Hockey Academy Lead Instructor)** – Current Skill Development Coach with the Red Deer Rebels. Previous coaching experience with Red Deer College. Additional Skill Instructor experience with Hockey Alberta (U16/U18) and Hockey Canada (U18) developmental programs.

## CONTACT INFORMATION

For more information regarding the Chiefs program, please contact Head Coach Bob Rutz at 403-391-2991 or [sutterfundchiefsaaa@gmail.com](mailto:sutterfundchiefsaaa@gmail.com).....our Spring Camp will be held the weekend of May 12/13, 2018.

## OUR WEEKLY SCHEDULE

*(depending on competition schedule)*

- 2-3 practices/week
- 1-2 Hockey Academy ice sessions/week
- 2 off-ice training sessions/week
- 2 team study hall sessions/week

## COMPETITION SCHEDULE

Historically, the Chiefs have played in 3 to 4 tournaments a year including the Mandi Schwartz Tournament and the Edge Chinook Classic. In addition to the regular AFHL schedule, the Chiefs play 5-6 exhibition games throughout the season including games against teams in the Canadian Sport School Hockey League.

## POST-SECONDARY COMMITMENTS

The Chiefs have an impressive history of sending many of their players to post-secondary institutions both in Canada (U Sports/ACAC) and the United States (NCAA) to continue their hockey career. In the past two seasons, the Chiefs program helped a total of 18 players commit to post-secondary hockey programs across Canada. The Chiefs program takes pride in developing outstanding student athletes while playing midget in Red Deer.

## COMMUNITY INVOLVEMENT

The Chiefs are active within the community throughout the hockey season by providing on-ice mentorship to young female hockey players during the Initiation, Atom, and Pee Wee female skill session programs facilitated by RDMH.