



Red Deer Ringette Introductory Ringette Program

Red Deer Ringette is excited to offer our Introductory Ringette program for a second season. The program will take place over 6 sessions from 4:30 to 5:45 on Fridays at the Dawe Arena Jan 26th through Mar 2nd. This program is aligned to the U10/U12 Divisions (7-10 years old) and will focus on providing skating and Ringette skills to prepare participants for the 2018/2019 season. Registrants on either side of the target age group will be considered depending on their interest and skating abilities.

Registration will be limited to 30 registrants to provide an effective program. This will allow scrimmage games so the attendees can practice skills in a game setting.

What is Required:

Ringette Specific Gear:

A Ringette face guard – triangular shaped openings vs the square openings of a hockey cage

Standard Gear (good second hand equipment can be found):

A regulation neck guard
Helmet
Skates (no toe picks)
A Jill, hockey pants and socks **OR** a ringette girdle and pants
Shin pads
Shoulder pads/chest protector
Elbow pads
Gloves

Supplied Gear:

Jersey
Ringette Stick (if you choose to bring your own that is fine too)
(Signed out in your child's name and returned at the end of the program)

Cost:

\$100.00, payment will be accepted in cheque or cash at the first session, receipts will be issued. For other payment options please contact us as per below.

How to Register:

Click on the "Fill Out Form" link below.

[Ringette Introduction Program Registration](#)

[FILL OUT FORM](#)

Questions:

Please contact Mike Sullivan at president@reddeerringette.com