

# Questions to Ask Your Doctor

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If you suspect your child may have a concussion, you should see your doctor right away. This is a list of questions you can take with you.

## Caring for my child

What kind of medication can I give my child? \_\_\_\_\_

Does someone need to be with my child at all times? \_\_\_\_\_

## What my child can do

Can my child eat? Will they have an upset stomach? \_\_\_\_\_

What kind of activities can my child do at this stage of their recovery? \_\_\_\_\_

Can my child read/use the computer/play video games? \_\_\_\_\_

When can my child go back to school or work? \_\_\_\_\_

When can my child return to physical activity? \_\_\_\_\_

Can my child drive? \_\_\_\_\_

## Symptoms

What symptoms should I be watching for? \_\_\_\_\_

How soon will symptoms begin to improve? \_\_\_\_\_

How long will these problems last? \_\_\_\_\_

## The risks

What is the risk of a future concussion? \_\_\_\_\_

What is the risk of long term complications? \_\_\_\_\_

## Follow-up with the doctor

When should we come back to see you? \_\_\_\_\_

Under what circumstances should I call you? \_\_\_\_\_

Should a specialist be consulted? \_\_\_\_\_

Are there any resources you recommend? \_\_\_\_\_

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**Additional questions:** \_\_\_\_\_

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