



HCSP TEAM DUTIES for SAMHA

As a Safety Person and team official you must play a leadership role in implementing effective risk management programs with your own teams, enhancing the safety of players

The following are some responsibilities that the Safety Person should assume:

- *Implement* an effective Risk Management program with your team that strives to prevent injuries and accidents before they happen.
- Assume a *proactive role* in identifying and minimizing or eliminating risks during all activities, and if ever in doubt, always err on the side of caution.
- <u>*Promote*</u> and reflect the values of Fair Play and strive to instill these values in all participants and others involved in amateur hockey.
- <u>Ensure</u> that all players are provided with meaningful opportunities and enjoyable experiences free from physical and/or emotional maltreatment.
- <u>Conduct</u> regular checks of players' equipment to ensure proper fit, protective quality and maintenance, and advise players and parents regarding the selection or replacement of equipment.
- Promote *proper conditioning*, warm-up, and cool down techniques as effective methods of injury prevention also known as DRYLAND TRAINING.
- Maintain <u>accurate</u> medical information files on all <u>players</u> and <u>team officials</u> and bring these to all team activities using <u>PACT</u>
- Maintain a Player Injury Log.
- Maintain a fully stocked First Aid Kit and bring it to all team activities. (HCSP KIT)
- Implement an effective *Emergency Action Plan* with your team and practice it regularly to ensure all involved understand their roles and are prepared to act promptly when an incident occurs.
- <u>*Recognize*</u> life-threatening and significant injuries, and be prepared to deal with serious injury. IMPLEMENT YOUR (EAP)
- <u>Manage</u> minor injuries according to basic injury management principles and refer players to medical professionals when necessary.
- <u>*Recognize*</u> injuries that require a player to be removed from action. Refer players to medical professionals and coordinate return to play.
- Facilitate <u>communication</u> with players, coaches, parents, paramedical personnel, officials and other volunteers regarding safety, injury prevention and player's health status.
- Act as a Safety Person for both your team and your opponents if only one Safety Person is present.





