



TO: Major Midget King Families

RE: Major Midget Program Changes

As the landscape of Minor Hockey continues to change in Alberta, the Sherwood Park Kings Athletic Club (Kings Club) is continuously trying to improve our program to provide the best opportunity to develop our athletes at a reasonable expense. As we continue to look at all aspects of our program, we are excited to announce some important revisions to our male Major Midget AAA and Major Midget AA programs for the 2017-2018 Season.

Our Executive has been working with Roger Castle (former Education Advisor for the Edmonton Oil Kings and the WHL) to come up with a season plan in order to foster an environment that will allow for higher success in Education and Hockey. We are also looking to provide a smooth transition to those players that will be moving on to Junior or Varsity programs.

Some highlights of this new program:

- The Major Midget players will now have their practices Monday to Friday mornings. We are presently collaborating with High Schools in Sherwood Park and Ardrossan to provide our players with a modified schedule to allow for this program. Players in the two Major Midget programs will be required to have 1<sup>st</sup> block spare to allow for these activities to occur.
- The new morning program will consist of regular hockey practices, skills training, power skating, off-ice training, mental training and goalie coaching. The coaches will determine scheduling.
- Most of the weekday evenings will be free from hockey.
- Players will receive a modified schedule based on their needs as they align with their school and team.
- Once the season is complete, the players will still work with the club to complete activities in the morning, whether it's volunteering or extra study time, extra Power Skating, extra skills training, extra off-ice training, etc. These details have yet to be finalized.
- Our out of town players will be required to billet in Sherwood Park and attend school in Sherwood Park for the duration of the season. Kings Club will work with families to find billets and providing formal billeting guidelines.

The Major Midget AAA program will be going predominantly in the mornings and we are working with our Midget AA Program as to what extent we will be doing mornings. We continue to work on exact details as we proceed through the summer. Roger Castle is also currently working on the educational portion of this to work with athletes to make this program a success both on and off the ice.

We will continue to update as we proceed. If you have any questions in the meantime, please send your inquiries to Grant Fiddes (Major Midget Director – [spkac.midgetmajor@gmail.com](mailto:spkac.midgetmajor@gmail.com)) or Rob Davis (President – [rdavis73@shaw.ca](mailto:rdavis73@shaw.ca)).

A handwritten signature in black ink, appearing to be "Rob Davis".

Rob Davis  
President, SPKAC