

Study Title: The Inner Life of Sport Parents

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Dear Parents,

We are conducting a study to examine the lives of parents as they navigate the complex demands of parenting in youth sport. We are interested in recruiting parents with at least one child [aged 12-18] who is/will be participating in the 2018-2019 indoor soccer season.

If you choose to participate in this study, we will ask you to record audio diaries once per week throughout the course of the season. The audio diaries are meant to capture your experiences as a sport parent. For example, you will be asked to describe any responsibilities you may have to fulfill in regard to your child’s sport that week, any challenges you may face, or any other pertinent information to your life as a sport parent. In addition, we will ask you to complete one individual interview at the start of the season, and one individual interview at the end of the season. Each interview will last approximately 30 minutes. The interviews will be held in our office at the University of Alberta.

You will be provided with an audio recorder to record your diary entries. After recording each entry, we will ask you to upload the file to a password protected DropBox folder that only you and the research team will have access. The individual interviews will also be audio recorded. Audio diaries and interviews will be transcribed verbatim and a copy of your transcripts will be sent to you. You will be able to remove any information you do not want included in the study, clarify meaning, and further elaborate on any point.

Benefits

There are no direct benefits to you as individuals. However, the information you provide may help to identify and improve current practices associated with parenting in youth sport.

Risks

It is highly unlikely there are any risks associated with this study. However, if any question makes you uncomfortable in any way, you do not have to answer it. If at any time during the interview you want to stop, you may inform the interviewer and the interview will be stopped.

Freedom to Withdraw

Participation in this study is completely voluntary. This means that you do not have to participate in the study. There are no negative consequences if you choose not to participate. All of your data, including personal contact information, will be deleted upon request. If you wish to withdraw from the study, you may contact the person who interviewed you at any point up to four weeks after your final interview.

Anonymity and Confidentiality

Following the transcription of the audio diaries and interviews, any personal information will be removed, and all names will be replaced with pseudonyms. Any information that you provide will remain confidential. All electronic data will be stored on a password protected computer within a locked office. Hard copies of data will be securely stored in a locked file cabinet within a locked office. Only Dr. Holt and the research team will have access to the data collected. The data will be kept for five years post publication, after which everything will be destroyed. Once we have finished the study we will present the results at conferences and in an academic journal. No identifying information (e.g., names, locations) will be included in any results presented in academic settings.

The plan for this study has been reviewed by a Research Ethics Board at the University of Alberta. If you have questions about your rights or how research should be conducted, you can call (780) 492-2615. This office is independent of the researchers. Any other questions you may have about this study may be directed to Dr. Nicholas Holt by email (nick.holt@ualberta.ca).

**If you would like to participate in this study,
please contact Shannon Pynn (Research Assistant) at spynn@ualberta.ca**

Many thanks,



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