



SPDSA U10 Community Rules for Indoor Boarded Soccer

Updated September 2016

Except what is stipulated below all other rules of FIFA, ASA Indoor Boarded rules and SPDSA Rules and Regulations apply

U10 Community Rules

1. GOALKEEPER

One player is assigned the duty of playing in goal. However, for developmental purposes, a goal keeper should not be assigned to play in net for the season.

2. GOAL AREA

The designated Goal keeper can use their hands within
The rectangular box.

3. GOAL KICK

When a player on the attacking team is the last player to touch the ball over the opposing team's end line and not between the goal posts, then a goal kick is awarded to the defending team.

For a goal kick, the ball may be placed anywhere in the rectangular portion of the goal area. All players of the attacking team are required to move out of the attacking zone and beyond the retreat line. The goalkeeper must pass the ball to a team-mate within the attacking zone. No opposing player shall enter the attacking zone until the player receiving the ball has touched it

4. CORNER KICK

When a player on the defending team is the last person to touch the ball over their own end line and not between the goal posts, then a corner kick is awarded to the attacking team.

5. BALL OUT OF PLAY –RESTARTS

A kick-in is awarded to the opponent of the player who has last touched the ball when the whole of the ball crosses the touch wall or touches the side netting. The free kick is taken on the restart line (hash marks) or between the restart line and the touch wall.

6. BALL OUT OF PLAY: CEILING

A free kick is awarded to the opponent of the player who last touched the ball when the ball strikes the netting or structure above the field of play. The free kick is taken at the center of the defensive line closest to where the ball was last touched or played.

7. GOAL KEEPER POSSESSION/RETREAT LINE

The Retreat Line comes into play when –

1. The ball has gone out of play for a goal kick

All opponents must move behind the retreat line and cannot cross the retreat line until the ball –

1. Is touched by a player on the team in possession or
2. Crosses the retreat line or
3. Leaves the field of play

Retreat Line infringements are restarted with goal keeper possession.

If the goalkeeper plays the ball before the opponents have retreated or releases ball into their own possession, the ball is in play.

8. SUBSTITUTIONS

Substitutions during the winter season can be done performed during the regular play of the game (it **does not** require a stoppage). The player exiting the field must be within the hash marks before the entering player can step onto the field.

9. OFF-SIDE

There are no off-side at the under 10 level of soccer

10. SCORING

Goals can be scored from anywhere on the field.

11. FOULS

If a foul occurs (tripping, ball handling, etc.) then an **indirect free kick** is awarded.

Move opposing team 5 yard back from free kick.

The ball must be passed before a shot can be taken.

****Only direct free kick at the U10 age group is a penalty shot.***

12. Free Kick/Kick In - 5 Second Rule

ASA Indoor Rules has a 5 second rule to take free kicks and kick ins, the SPDSA is not applying this rule at the U10 Community level to alleviate the pressure on the players playing the ball from a kick in and free kick