

ATHLETICS - THURSDAY

Thursday, July 5, 2018

Track & Field Oval – 4820 56 Ave Taber, AB



Athlete registration opens at 8:30 am.

2018 SASG ATHLETICS - Thursday Final Schedule																			
Athlete registration opens at 8:30 am. Please arrive at least 20- minutes early to your event.																			
Location: Dr. Hammon School 4820 56 Ave, Taber, AB																			
THUR	MMf	PWf	BTF	MGf	YUf	JRF	SRf	MAf	MPf	MMm	PWm	BTm	MGM	YUm	JRm	SRm	MAM	MPm	THUR
9:00	100 8H (30)						Javelin (2)	Javelin (8)	Javelin (3)								high jump (1)		9:00
9:10										100 8H (31)		discus (6)		discus (3)					9:10
9:20		100 3H (21)																	9:20
9:30											100 8H (41)		discus (10)						9:30
9:40			100 3H (15)																9:40
9:50												100 3H (13)							9:50
10:00	LJ (21)		Javelin (9)	100 2H (7)	shot put (1)					high jump (11)				shot put (1)					10:00
10:10													100 2H (8)						10:10
10:20			1500m (3)	1500m (1)			1500m (3)	1500m (1)											10:20
10:30												1500m (7)							10:30
10:40													1500 (5)	1500m (1)			1500m (2)		10:40
10:50	400 TF (16)																		10:50
11:00				Javelin (4)						400 TF (17)	high jump (18)								11:00
11:10		400 TF (14)																	11:10
11:20											400 TF (17)								11:20
11:30			400 TF (15)																11:30
11:40												400 TF (14)		LJ (2)		LJ (1)	LJ (5)		11:40
TRACK LUNCH BREAK			TRACK LUNCH BREAK						TRACK LUNCH BREAK										
12:00		high jump (9)	shot put (10)									TJ (2)	Javelin (11)						12:00
12:30	100 Final			TJ (2)				LJ (2)	LJ (4)	LJ (1)									12:30
12:35																			12:35
12:40		100 Final														shot put (2)	shot put (5)	shot put (1)	12:40
12:45																			12:45
12:50			100 Final																12:50
12:55												100 Final							12:55
1:00			LJ (19)	100 Final				high jump (1)	high jump (1)										1:00
1:05													100 Final						1:05
1:10								100 (4)	100 1H (5)	100 (1)									1:10
1:15											shot put (9)	high jump (12)		100 (2)	100 (1)	100 1H (5)			1:15
1:20				400 Final (4)		400 Final (1)													1:20
1:25													400 1H (6)						1:25
1:30								400 (2)	400 1H (2)	400 (1)									1:30
1:35														400 (2)		400 (1)			1:35
1:40																	400 1H (4)		1:40
1:45	4x100 (4)																		1:45
1:50										4x100 (2)	4x100 (3)								1:50
1:55		4x100 (2)	4x100 (2)		4x100 (1)														1:55
2:00												4x100 (3)	4x100 (1)	4x100 (1)			4x100 (1)		2:00
2:05																			2:05
2:15	FAMILY RELAY		Follows immediately after 4 x 100 male relays						4x100 OPEN		must have at least 3 members of immediate family, any age, any gender						2:15		
2:20																			2:20
2:30																			2:30

- Notes**
- Athletes are required to participate in the events they originally entered with. No athletes will be allowed to change their events the day of the competition.
 - Events listed at the same time will be held together but scored separately. Example: All Female 1500, all male 1500, midget and youth girls shot put etc.
 - If you have a conflict track event is priority. When you return to the field event, you will continue in the round that is currently in progress. If the event is finished, you will not be allowed to compete.
 - Advancement from heats to finals in 50, 100, and 200 is by time only. If numbers warrant, there will be 2 finals, as indicated on the schedule.
 - For all pre-registered relay teams, the registrants names may be added to the pre-registered team up until 12:00 noon on the day of the relay.
 - The family relay will follow immediately after the 4x100 on Thursday.