

Mission Statement



To foster and encourage the growth and enjoyment of the sport of baseball by teaching the value of sportsmanship, skills and competition.

House League – Blast Ball Division

For younger players (ages 4 and 5), Blast Ball is an excellent introduction to the game of baseball. It allows for many touches and constant action to hold young people's short attention spans. With smaller teams than Rally Cap, more kids get to be involved and develop interest and basic skills in the bat and ball concept.

Blast Ball was developed as a fun way to teach all five fundamentals of baseball...hitting, throwing, catching, fielding and running for the young player ages 4 and 5. Simplicity and continuous action is what makes Blast Ball so much fun. There are no complex rules, no umpire is required, and you don't even need to have a baseball glove.

Blast Ball is played with a "soft" ball and a molded bat for optimum safety. The batter hits the Blast Ball off the Blast Tee and runs to the Blast Base, which "honks" when stepped on.

The rules of Blast Ball are simple: There are two teams, one in the field and one at bat, but fewer players, no formal field positions, and only one base. The Blast Base, a fair distance line marker, and a sideline cone designate fair territory. The base features built-in horns that honk when stepped on. Each batter hits the ball past the fair distance marker and runs to the Blast Base. HONK!

When the ball is stopped by a fielder, she holds the ball up and yells "Blast!" If the fielder yells blast before the batter honks the base, the batter is out. If the batter honks the base before the fielder yells blast, the batter scores a run. Blast Ball uses a batting tee and incorporates some of the rules and fundamentals of baseball, but at a much faster pace to keep children active and interested.

It's fast, it's fun, everyone hits every inning, and the kids really learn the game of baseball properly.

Parents will love the game because of the continuous action. Kids will no longer be coming home with their pockets full of rocks and dandelions! Blast Ball "Game Day" includes a period of instruction followed by an action packed game all completed within 1 hour.

This will be an introductory level to the "Rally Cap – RBI Program"