

## **Mission Statement**

To foster and encourage the growth and enjoyment of the sport of baseball by teaching the value of sportsmanship, skills and competition.



## **Blast Ball Rules - Blast Ball Division**

### **Blast Ball Field - All Field Equipment will be supplied in a kit**

- teams will consist of 5-6 players
- will consist of 1<sup>st</sup> base only
- 1<sup>st</sup> base will be set at a distance of 50 feet from home plate
- 1<sup>st</sup> base is equipped with a horn for sound effects upon each batter reaching 1<sup>st</sup> base
- batter will hit from a batting tee located at home plate
- defensive players will always line up at least 40 feet away from home plate
- an arc will be placed approximately 10 feet from home plate from foul line to foul line to designate a fair ball where the batter shall advance to 1<sup>st</sup> base
- each batter returns to the dugout after reaching 1<sup>st</sup> base

### **Equipment - All players will be furnished with a Team Baseball Cap and Jersey**

- jersey should be worn at all times with baseball caps
- players should be encouraged to wear a batting helmet when batting even with the foam ball
- gloves are optional and not necessary since the ball is a foam ball but we recommend them to be used
- safe for Blast Ball players to field with or without a glove
- SPMBA will furnish the blast ball equipment (blast balls, foam bat, batting tee, cones for defensive positioning, and an arc for designating a fair ball)

### **Playing Blast Ball & Rules**

- games should run approximately 60 minutes with each team rotating between playing in the field and hitting from the tee
- coaches will monitor the defensive-offensive rotations to provide equal number of at-bats for both teams. During the offensive rotation, each player from the entire roster will bat which consists of hitting a fair ball and running to 1<sup>st</sup> base. Each player returns to the dugout prior to the next batter hitting
- the batter and the on deck batter should be the only two offensive players out of the dugout
- no umpires . . . no scoring . . . no safe or out calls
- no defensive play at 1<sup>st</sup> base is required - there is no catcher in Blast Ball
- at least two (2) coaches should be on the field with each team at all times
- offensive coaches should include someone at the tee helping with the stance, swing and placing the ball on the tee and someone coaching 1<sup>st</sup> base to help instruct the batters to run to 1<sup>st</sup> base
- the defensive coaches should be primarily responsible for making sure all players are approximately 40 feet from home plate when the ball is hit
- one defensive coach should be positioned near 1<sup>st</sup> base to make sure no defensive players are on 1<sup>st</sup> base or in the path to 1<sup>st</sup> base

### **Season Start - First part of May to last part of June**