

ATC Goaltending is excited to offer a learn to play goalie camp for the first time! In this camp we will go over all the basics needed to play goal on a part or full time basis. With their being a lack of instruction for brand new goalies we have decided to put on a camp just for new goalies. We are asking all MHA's to pass this camp info along to all their players/goalies who are in Initiation/Timbits as well as Novice and Atom players/goalies who are looking for more instruction. Below is all the camp info including a registration/info link for the camp.

Who is this camp for?

Goalies who have played goal a bit during the season

Players who are interested in being a goalie and have ZERO experience

New goalies who are looking to improve their basic techniques

On Ice Sessions will cover the following:

Proper Goalie Stance

Positioning and Depth

Angles and net Coverage

Proper save technique

Proper recovery from a save

How to go into and use the butterfly

Off Ice Sessions will include:

Proper Equipment fitting

How to attach leg pads to goalie

How to adjust glove and blocker

Beginner Hand Eye Drills to help with catching and seeing pucks

Camp Notes

This camp is a half day only (AM and PM groups)

Full goalie equipment is required so please contact your local MHA to borrow/rent equipment for the camp

On Ice Ratio is 3:1 to allow for adequate recovery time on ice for each goalie

Video review will be available on ice for certain drills

How to register or get more info?

Click the link for more: <http://conta.cc/2zJZAs2>