



Please note that all players/parents/coaches need to abide by the rules as set out by SBA Basketball...

AS A PLAYER I WILL:

- ❖ Play by the rules and in the spirit of the game.
- ❖ Control my temper - fighting, bad tempers and swearing can spoil the activity for everybody.
- ❖ Respect my opponents.
- ❖ Do my best to be a true team player.
- ❖ Remember that winning isn't everything - that having fun, improving skills, making friends and doing my best are MORE important.
- ❖ Acknowledge all good plays/performances - those of my team and of my opponents.
- ❖ Participate because I want to, not just because my parents or coaches want me to.
- ❖ Remember that coaches and officials are there to help me and I will show them respect.
- ❖ I will not play in shoes that I have worn outside.

AS A PARENT I WILL:

- ❖ Remember that my child plays sport for his or her enjoyment, not for mine.
- ❖ Encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- ❖ Teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game/event.
- ❖ Make my child feel like a winner every time by offering praise for competing fairly and trying hard.
- ❖ Never ridicule or yell at my child for making a mistake or losing a competition.
- ❖ Remember that children learn best by example. I will applaud good player's performances by both my child's team and their opponents.
- ❖ Not force my child to participate in sports.
- ❖ Never question the official's judgment.
- ❖ Support all efforts to remove verbal and physical abuse from children's sporting activities.
- ❖ Respect and show appreciation for the volunteer coaches who give their time to provide sport activities for my child, understanding that I have a responsibility to be a part of my child's development.
- ❖ Supervise all of my children that attend the game that I am watching. I will not let any of my children run in the hallways at any school.
- ❖ I will be on my best behaviour at all times and will not use profane language or harass players, coaches, referees, league administrators or volunteers.
- ❖ I will not wear my street shoes in the gymnasium.
- ❖ I will not eat or drink (besides water) in the gymnasium, and should somebody else do that, I will advise them otherwise. We all love our morning coffee, but we must have it finished before school entry.
- ❖ I will help clean up the gym so that SBA won't lose any of them.

AS A COACH I WILL:

- ❖ Ensure that all athletes get fair playing time, instruction and support.
- ❖ Be reasonable when scheduling games and practices, remembering that young athletes have other interests and obligations.
- ❖ Teach my athletes to play fairly and to respect the rules, officials, teammates, and opponents.
- ❖ Not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.
- ❖ Make sure that equipment and facilities are safe and match the athletes' age and abilities.
- ❖ Remember that children need a coach they can respect. I will be generous with praise and set a good example.
- ❖ Obtain proper training and continue to upgrade my coaching skills.
- ❖ Work in partnership and communicate well with parents and players.
- ❖ I will treat other coaches, players and referees with respect and yelling at participants will not be condoned.
- ❖ I will not wear my street shoes in the gymnasium, nor bring food, coffee or other drinks (except water) into the gym.